

# WINTER SPRING 2019



**REGISTRATION  
ONLINE  
BEGINS AT 9 AM**

**01.08.2019  
RESIDENT**

**01.22.2019  
NON-RESIDENT**



**2013-2018 DISTINGUISHED  
ACCREDITED AGENCY**



# Board of Commissioners and Staff

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## TINLEY PARK-PARK DISTRICT BOARD OF COMMISSIONERS



**Marie Ryan**  
*President*  
2003-Present



**Bernie O'Boyle**  
*Vice President*  
2015-Present



**Robert Sanfilippo**  
*Treasurer*  
2013-Present



**Patrick Callaghan**  
*Secretary*  
2015-Present



**Dennis Mahoney**  
*Commissioner*  
2017-Present

### MISSION STATEMENT

The Tinley Park-Park District is committed to creative recreational programming opportunities and outstanding customer service while providing and maintaining quality recreational facilities and parks to enhance the quality of life in Tinley Park.

### BOARD MEETINGS

Park District Board meetings are held on the first Wednesday of each month at the Tony Bettenhausen Recreation Center, 8125 W. 171st St. Committee Meeting: 7:00 p.m. | Board Meeting: Immediately following Committee Meeting.

## TINLEY PARK-PARK DISTRICT STAFF

Executive Director.....	<b>Shawn Roby</b>	Tinley Fitness Manager .....	<b>Jennifer Williams</b>
Superintendent of Recreation .....	<b>Sandra Wolff-Chevalier</b>	Recreation Supervisor.....	<b>Meghan Fenlon</b>
Superintendent of Parks .....	<b>Ryan Veldman</b>	Recreation Supervisor.....	<b>Erin Cortilet</b>
Facilities Manager.....	<b>Karol Komar</b>	Recreation Supervisor.....	<b>Mary Wrobel</b>
Business Manager.....	<b>Thomas Leeson</b>	Athletic Supervisor .....	<b>Ron Woodworth</b>
Marketing Manager.....	<b>Carol Bradtke</b>	Preschool Coordinator.....	<b>Mary Walsh</b>

## Special thanks for the generous support of our Park Partners

Advanced Orthopedic and Spine Care	Dunkin' Donuts	Lawn-Tech, LTD	Republic Bank
Ashford House	Ed & Joe's Restaurant	Legends Sports Photography	Resource 55
Aurelio's Pizza	Edward Jones-Dan Lekki	Lou Malnati's Pizza	Rubino's Italian Imports
Bettenhausen Automotive	EggHeadz Cafe	Lucky Hot Dog	Running for Kicks
Bickford of Tinley Park	Evergreen Senior Living	Massage Envy	Speer Financial
Brach's	Fishing Connection	Musco Lighting	Ted's Greenhouse
CIBC	Gatto's Restaurant	Ozinga	Tinley Auto
Classy Flowers	Hanover Place	Parmesans Station	Tinley Park Apothecary
Crossmark Printing	Home Instead	PCS Industries	Tinley Junction Newspaper
Dick Post Realty	Jimmy John's	Pine Care	VCP Home Health Care
Dick's Sporting Goods	Jim Fuentes-State Farm	Plush Horse - Tinley Park	Walgreens
Direct Fitness Solutions	Jondec Painting	Pointe at Kilpatrick	Walts
Dupage Medical Group	Landgrebe Chiropractic	Rainbow Farms	Windsor Estates



# Registration Information

**SPECIAL THANKS TO:** School Districts 140 and 146, High School Districts 228 and 230 for the use of their facilities in helping us provide recreational programs for the community. We also thank local newspapers and businesses for their assistance in publicizing Tinley Park-Park District programs.

**THANK YOU VOLUNTEERS:** You make our community a better place for all of us to live, work and play. Volunteers coach youth athletes, provide tutoring, help in the office, and serve food or drink. In whatever capacity, volunteers bring a smile and a special touch to the Park District. Thank you! You are appreciated beyond measure!

**OUT OF DISTRICT BROCHURE MAILINGS:** The Tinley Park-Park District extends its sincere apology to any of its neighbors for any inconvenience because of the United States Postal Bulk Mailing regulations. Some individuals receive Park District brochures even though they reside outside the Tinley Park-Park District boundaries. Such individuals shall, nevertheless, be assessed out-of-district fees.

**AGE APPROPRIATENESS:** Recreation programs are designed for specific age groups as listed in the program description. Birth certificates may be requested.

**BEHAVIOR POLICY:** The Tinley Park-Park District has a behavior policy relative to inappropriate behavior. Inappropriate behavior is defined as that which disrupts a recreation program or general recreation and requires a supervisor to call for a stop of the behavior due to its effect on other participants or the supervisor's ability to conduct a program. Such behavior may call for immediate and/or permanent dismissal of the participant. Facility rules and usage guidelines also apply.

**PHOTOS AND VIDEOS:** Participants or their parents (if participant is under 18), permit the taking of photos, audio and video tapes during Park District activities for publication and use as the Park District deems necessary.

**PICNIC PERMITS:** Picnic permits may be obtained at the Bettenhausen Recreation Center. Permits are required to secure a park pavilion for your outing or event.

**All Park District facilities are smoke-free!**

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## The Landmark Church & Museum 6727 W 174th St • Tinley Park

Landmark Museum is a reproduction of the Village of Tinley Park's second school house and later served as the first Village Hall. The Tinley Park Historical Society focuses on the research and preservation of the history of Tinley Park and its environs. The Historical Society is always looking for artifacts, photographs, letters, deeds, postcards, calendars, old phone books, newspapers, etc., related to the Tinley Park area.

**Landmark Museum, Reference Library & Historical Society Hours:**  
1st Sunday each month: 1-3 pm  
2nd Thursday each month: 6-8 pm  
Wednesdays: 10 am-2 pm

## Landmark Wedding Chapel & Banquet Hall

The Old Zion Lutheran church was built in 1884, and retains its old world charm and beautiful stained glass windows. The non-denominational chapel is air conditioned and can comfortably accommodate 150 guests. The facilities can be rented for weddings, baptisms, memorial services, etc.



**Wedding Chapel Hours:**  
Wednesdays 10 am-2pm

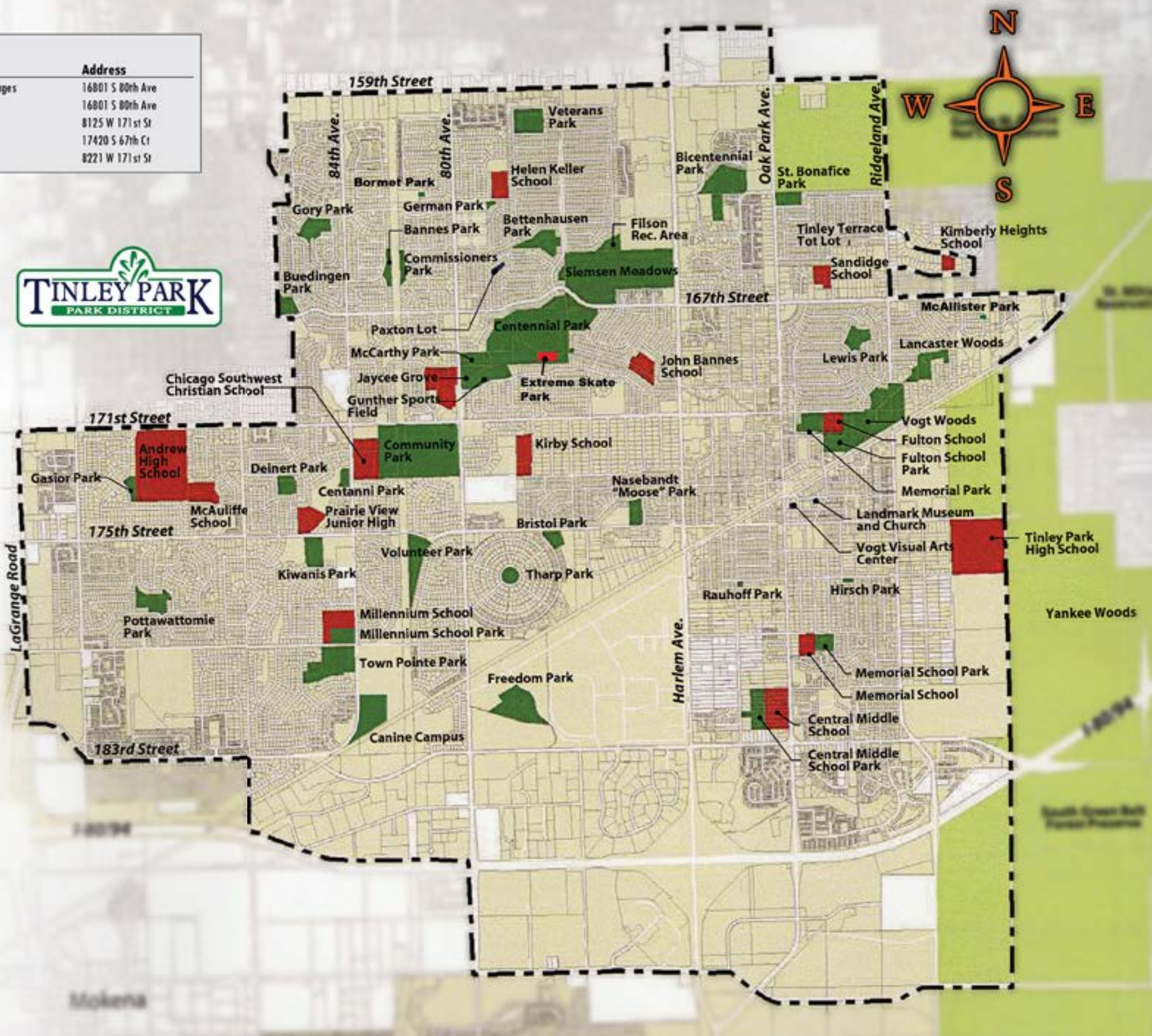
For information, rates and details, or to donate items to the Historical Society, call the Tinley Park Historical Society at (708) 429-4210 or email your inquiry to: bbettenhausen@tinleypark.org.



Tinley Park-Park District Map

FACILITIES			
Name	Address	Name	Address
Canine Campus Dog Park	18200 84th Ave	Tinley Junction Mini Golf and Batting Cages	16801 S 80th Ave
Extreme Skate Park	16801 S 80th Ave	Tinley Park Performing Arts Center	16801 S 80th Ave
Landmark Historical Church and Museum	6727 W 174th St	Tony Bettenhausen Recreation Center	8125 W 171st St
McCarthy Recreation Building	16801 S 80th Ave	Vogt Visual Arts Center	17420 S 67th Ct
Tinley Fitness	8125 W 171st St	White Water Canyon Water Park	8221 W 171st St

PARKS		*Denotes lights at site												
Name	Address	ACRES	DOG FRIENDLY	PICNIC SHELTER	SHELTER PERMIT	PLAYGROUND	NATURAL AREA	CONCESSION STAND	ICE RINK	BALL FIELDS	BASKETBALL AREA	SOCCER FIELD	FOOTBALL FIELD	TENNIS COURTS
Barnes Park	16499 Tanbark Dr	3.1								1				1
Bettenhausen Park	16440 76th Ave	8.42								4*		1		1
Bicentennial Park	7100 Centennial Dr	17.56												
Bornet Park	16224 Bornet Dr.	.21												
Bristol Park	17501 Bristol Park Dr	3.5										1		
Buedingen Park	16612 Cherry Hill Ave	4.25								1				
Centanni Park	17146 S 84th Ave	2.2												1
Centennial Park	7601 167th St	58.88										1		1
Central Middle School	18146 Oak Park Ave	10.4								1		1		
Commissioners Park	8139 Hillcrest Ln	2.25												
Community Park	8125 W 171st St	60.0								2*		4	2*	3*
Creekside Park	16607 76th Ave													
Deinert Park	8557 Carriage Ln	4.6								1				
Extreme Skate Park	16801 S 80th Ave.													
Filson Recreation Area	16441 Olcott Ave	3.4								2				
Freedom Park	7835 Timber Dr	15.0								2*		1*	1*	
Fulton School Park	6601 W 171st St	5.2								1				
Gasior Park	17231 Cambridge Pl	2.67												1
German Park	7859 163rd St	0.7												
Gary Park	16308 Surrey Dr	6.82								2				1
Gunther Sports Field	7229 170th Pl	8.35										3		
Hirsch Park	6550 177th St	0.6												
Jaycee Grove	at McCarthy Park	-												
Kiwanis Park	8501 175th St	7.8								2				
Lancaster Woods	16908 Gaynelle Rd	2.15												
Lewis Park	16801 Normandy Dr	5.55								1			2*	
McAuliffe School Park	8944 W 174th St	3.22										1		
McCarthy Park	16801 S 80th Ave	9.1								1*				1
Memorial Park	6641 W 171st St	5.86								4*				
Memorial School Park	6611 179th St	4.2								1				
Millennium School Park	17830 S 84th Ave	5.0										1		
Nasebandt "Moose" Park	7899 174th Pl	4.4								2				1
Paxton Lot	16550 Parliament Ave	1.08												
Pottawattomie Park	9128 178th St	8.0								1				
Rauhoff Park	17701 Sayre Ave	0.41												
Robert Allen McAllister Park	6014 Brithany Ln.													
Siemens Meadows	7200 167th St	65.24												
St. Boniface Park	16301 Oak Park Ave	4.62								1				
Thorp Park	7800 Park Central Dr	3.4												
Tinley Terrace Tot Lot	6519 Terrace Dr	0.21												
Town Pointe Park	8400 179th St	20.58										1		
Veterans Park	16001 Ozark Ave	9.43								2			2*	
Vogt Woods	6527 W 171st St	37.9								1*		1*		1
Volunteer Park	8180 175th St	10.7								1		1		1





# Facility Information 2019

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## TONY BETTENHAUSEN RECREATION CENTER 8125 W. 171st Street | (708) 342-4200

The Tony Bettenhausen Recreation Center offers Park District residents a great opportunity to run or walk indoors, play basketball or volleyball, or just relax and watch TV. Childcare is available for participants in a Rec Center program, or for those who need supervision for their child while they walk the track or are in their class. The Rec Center is the perfect place to get some exercise, have fun with friends, reduce stress, or just take time out for you! The Rec Center offers free WiFi while in the building!

HOURS	OCTOBER 1 - APRIL 30		MAY 1 - SEPTEMBER 30	
	Monday-Friday	5:30 am - 10 pm	Monday-Friday	5:30 am - 9 pm
	Saturday	7 am - 8 pm	Saturday	7 am - 5 pm
	Sunday	7 am - 5 pm	Sunday	7 am - 4 pm



## TINLEY JUNCTION MINI GOLF & BATTING CAGES 16801 S. 80th Avenue | (708) 614-1854

Tinley Junction's miniature golf course features an 18-hole design with a unique garden railroad running throughout the course. Challenging obstacles make the game exciting and fun for everyone! Five professional batting cages are available in slow-, medium-, and fast-pitch hard ball, and slow- and fast-pitch softball. A concessions stand also serves food and drinks to add the perfect touch to a great mini-golf outing.

HOURS	OCTOBER 1 - APRIL 30		MAY 1 - SEPTEMBER 30	
	Monday-Friday	5:30 am - 10 pm	Monday-Friday	5:30 am - 9 pm
	Saturday	7 am - 8 pm	Saturday	7 am - 5 pm
	Sunday	7 am - 5 pm	Sunday	7 am - 4 pm



## VOGT VISUAL ARTS CENTER 17420 S. 67th Court | (708) 614-6503

The Vogt Visual Arts Center (VVAC) was once home to the first Tinley Park Mayor, Henry Vogt. In 1996 it reopened as the VVAC, which houses all of the Park District's fine arts classes and art gallery. The art gallery features a new exhibit each month with works from various local and well-known artists.

HOURS	OCTOBER 1 - APRIL 30		MAY 1 - SEPTEMBER 30	
	Monday-Friday	5:30 am - 10 pm	Monday-Friday	5:30 am - 9 pm
	Saturday	7 am - 8 pm	Saturday	7 am - 5 pm
	Sunday	7 am - 5 pm	Sunday	7 am - 4 pm

UPCOMING GALLERY EXHIBITS	
Feb 2 - 24	Open Show "What Do You Love"
Mar 1 - 31	Open Photography Show
Apr 3 - 28	Gene Grynewicz Featured Artist
May 2 - 27	School District 146
Jun 1 - 30	Open Show "Man's Best Friend"

(ALL OTHER TIMES BY APPOINTMENT ONLY)

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## WHITE WATER CANYON WATER PARK 8221 W. 171st Street | (708) 342-4200

White Water Canyon Water Park encompasses 5 acres of wet fun for the whole family. Features include a zero-depth entry main pool, children's play area, three slides, a 3-meter drop slide, diving board, lazy river, children's Spray Ground and a giant sand play area. The full-service concessions stand is perfect for quenching your thirst or curbing your hunger after a day of swimming. White Water Canyon Water Park season passes go on sale March 1, 2019. 2019 Season: June 1 - September 2.

HOURS	OCTOBER 1 - APRIL 30		MAY 1 - SEPTEMBER 30	
	Monday-Sunday	12 - 8 pm	Monday-Friday	4 - 7 pm
	July 4 Hours	10 am - 6 pm	Saturday & Sunday	11 am - 7 pm
	LATE SUMMER HOURS			



## TINLEY FITNESS 8125 W. 171st Street | (708) 342-4255

A Tinley Fitness membership gets you more than just a workout! Our affordable rates include state-of-the-art cardiovascular and strength equipment, a 4-lane ADA lap pool, group, aquatic and cycling fitness classes, full access to the basketball courts and indoor walking track and a locker room complete with sauna!

HOURS	OCTOBER 1 - APRIL 30		MAY 1 - SEPTEMBER 30	
	Monday-Friday	5:30 am - 10 pm	Monday-Friday	5:30 am - 9 pm
	Saturday	7 am - 8 pm	Saturday	7 am - 5 pm
	Sunday	7 am - 5 pm	Sunday	7 am - 4 pm



## TINLEY PARK PERFORMING ARTS CENTER 16801 S. 80th Avenue | (708) 342-4200

The Tinley Park Performing Arts Center is the home of our very own Tinley Park Community Theater, Tinley Park - Park District's Children's & Teen's Theaters, and many other performing arts programs. The theater seats 120 people. The theater is available for rentals for parties, corporate meetings, theater performances, entertainment venues, and more. Please call (708) 342-4200 for more information.



## CANINE CAMPUS DOG PARK 18200 84th Avenue | (708) 342-4200

Canine Campus is a 10-acre off-leash dog park. The park features fenced-in areas for small dogs (under 26 lbs) and large dogs to allow for separate play. Canine Campus is an affordable way to allow your dog to socialize and have the opportunity to run free safe from street hazards. Membership is required to use Canine Campus. Information on fees, rules, and regulations can be found at tinleyparkdistrict.org or at the the Tony Bettenhausen Recreation Center.



# Registration Information

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- 1. Residency:** Resident or in-district program rates apply to anyone who lives within Park District boundaries. Non-resident or out-of-district individuals are charged an additional fee for all programs and special events.
- Registration will not be accepted at classes. Only registered participants will be allowed in the class — no substitutions. Spectators/parents are asked to sit in our waiting area.
- Individuals may register themselves and/or individuals listed in their household account.
- Waiting lists will be formed when classes are filled. Every attempt will be made to accommodate these individuals, if possible.
- No discounts will be given on classes, special events or trips unless otherwise specified in this brochure.
- Copies of birth certificates are required at the time of registration for all Preschool and Youth Sports programs.
- Remember to bring your Park District receipt to any program, event, or trip to verify your enrollment.
- Mail-in/drop-off payments for programs are accepted by check.
- 9. Cancellation Policy:** The Park District reserves the right to cancel any program due to insufficient enrollment and issue appropriate refunds. The Park District reserves the right to change, adapt, or reschedule any program variables, including instructors, dates, days, times, locations, etc.
- 10. Refund Policy:** Refunds are given only if requested prior to the second class of the session. Refunds are not granted for one-day seminars, trips or special events, unless requested one week prior to date of event. Refunds will only be issued if the refund dollar amount is \$10 or greater. Dollar amounts less than \$10 will be credited to the household account and can be used for future registration purposes. You may at any time request your full refund.
- For programs in school locations, school activities have priority. Park programs may be cancelled. Attempts will be made to make up any program that is cancelled.

## - - - PROGRAM LOCATIONS - - -

American Dance Company .....	10464 163rd Place, Orland Park
Andrew High School.....	171st & 90th Avenue, Tinley Park
Bannes School.....	16835 S. Odell Avenue, Tinley Park
Bell View Acres .....	13728 S. Bell Road, Homer Glen
Blackbird Academy.....	17054 Oak Park Avenue, Tinley Park
Bristol Park .....	17501 Bristol Park Drive, Tinley Park
Canine Campus Dog Park.....	18200 84th Avenue, Tinley Park
Central Middle School .....	18146 Oak Park Ave., Tinley Park
Forest View Farms.....	16716 S. Lockwood, Tinley Park
Freedom Park.....	7835 Timber Drive, Tinley Park
Fulton School.....	6601 W. 171st Street, Tinley Park
Grissom Middle School.....	17001 S. 80th Avenue, Tinley Park
Jaycee Grove.....	16801 S. 80th Avenue, Tinley Park
Keller School.....	7846 W. 163rd Street, Tinley Park
Kirby School .....	173rd and Ozark, Tinley Park
Landmark Museum .....	6727 W. 174th Street, Tinley Park
Lewis Park.....	16801 Normandy Drive, Tinley Park
McAuliffe School.....	8944 W. 174th Street, Tinley Park
McCarthy Recreation Building.....	16801 S. 80th Avenue, Tinley Park
Memorial School Park.....	6611 179th Street, Tinley Park
Millennium School .....	17830 S. 84th Avenue, Tinley Park
Pottawattomie Park .....	9128 178th Street, Tinley Park
Prairie View Middle School.....	8500 W. 175th Street, Tinley Park
T-Kap Studio.....	6643 Glenview Drive, Tinley Park
Tinley Park High School .....	6111 W. 175th Street, Tinley Park
Tinley Fitness .....	8125 W. 171st Street, Tinley Park
Tinley Junction Mini Golf.....	16801 S. 80th Avenue, Tinley Park
Tony Bettenhausen Recreation Center.....	8125 W. 171st Street, Tinley Park
Tinley Park Performing Arts Center .....	16801 S. 80th Avenue, Tinley Park
United Gymnastics Academy.....	6805 W. 159th Street, Tinley Park
Veterans Park.....	16001 Ozark Avenue, Tinley Park
Vogt Visual Arts Center.....	17420 S. 67th Court, Tinley Park
Vogt Woods Building .....	6527 W. 171st Street, Tinley Park
Volunteer Park.....	8180 175th Street, Tinley Park
White Mountain Golf Course .....	9901 W. 179th Street, Orland Park
White Water Canyon Water Park .....	8221 W. 171st Street, Tinley Park

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# Registration Information

## RESIDENT REGISTRATION






- Online at: [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org) begins **January 8, 2019** at 9:00 a.m.
- For mail in / drop-off registration received by January 7, 2019, processing begins **January 8, 2019** at 9:00 a.m.
- Walk-in over-the-counter registration begins **January 15, 2019** at 9:00 a.m.

## REGISTRATION INFORMATION

- Complete both sides of the registration form located on page 9 and 10.
- Be sure to include program number(s) for each program.
- Make checks/Money Orders payable to: **Tinley Park-Park District**
- Forms submitted without parent/guardian signature will be returned for signature before processing, delaying registration
- Participants registering for strenuous activities are encouraged to seek a physician's approval.
- You may only register individuals who are listed in your household account.
- Tinley Park-Park District reserves the right to cancel or postpone programs due to insufficient enrollment. Please register by the deadline dates listed.
- Tinley Park-Park District is not responsible for lost or late mail.

## PROGRAM ICON GUIDE

Look for these important symbols with the program descriptions!

-  New Program
-  Volunteer Coaches Needed
-  No online registration available for program
-  Free program
-  Indicates amount of walking involved on day trips.

## NON-RESIDENT REGISTRATION

- Online at: [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org) begins **January 22, 2019** at 9:00 a.m.
- Mail in / drop-off registration processing begins **January 22, 2019** at 9:00 a.m.
- Over-the counter walk-in registration begins **January 23, 2019** at 9:00 a.m.



## REQUIREMENTS TO ESTABLISHING A NEW RESIDENT HOUSEHOLD

Proof of residency is required by showing a valid Drivers License or State ID and one item listed below:

- Current Tax Bill (itemized)
- Current Month's Utility Bill
- Voter's Registration Card
- Vehicle Registration

For youth, proof of residency is required by showing each child's birth certificate. Once residency for each child is established, the child can be issued a Resident ID Card. This card will be valid until 12/31 of each year and must be renewed annually.

Resident ID cards are proof of residency for children age 15 and under to the Bettenhausen Rec Center and White Water Canyon Water Park so they can pay the resident fee for entry.



# SSSRA / TPPD Inclusion Statement

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## INCLUSION STATEMENT

Tinley Park-ParkDistrict (TP-PD) welcomes participation in all programs and activities by individuals with disabilities and special needs. TP-PD is committed to inclusion and providing public recreation services in the most integrated setting in which interaction between people with and without disabilities is provided to the maximum extent feasible. TP-PD works cooperatively with South Suburban Special Recreation Association (SSSRA) to facilitate successful participation for participants who register for inclusive programming.

If you have a special need or request for reasonable accommodation in accordance with the Americans With Disabilities Act and in order to assist TP-PD staff in addressing the need or request, we require a minimum of two weeks advance notice before the start of the program or activity for which said accommodation is needed. When registering for a program or activity, please answer the question regarding special accommodation. Please understand that failure to provide timely and appropriate notice of a special need and/or request for reasonable accommodation may result in a delay in registration.



### Mission Statement

*To promote the power of choice and to enhance the quality of life of individuals of all abilities, by providing accessible recreation in an environment that promotes dignity, success, and fun.*

South Suburban Special Recreation Association (SSSRA) is a therapeutic recreation program that is an extension of the Tinley Park-Park District. SSSRA is organized to provide individuals with special needs or disabilities the opportunity to be involved in year round recreation programs. Scholarships are available to SSSRA residents with disabilities who would like to participate in one or more programs, but cannot afford the fees charged.

Through the Inclusion process, SSSRA staff members are available to help participants choose an appropriate program, conduct staff trainings, or supply adaptive equipment if you or a family member is interested in a park district or recreation department program. A complete program brochure is available at the Tinley Park-Park District and the SSSRA office. Please call the SSSRA office if you would like to receive the SSSRA brochure on a seasonal basis.

### Friday Drop In

Calling all parents! It is your turn for a night out on the town. Drop the kids off for a fun filled evening of games, music, arts and crafts, and a movie. Dinner will be provided each week. Feel free to send your kids in comfy clothes. Siblings are welcome, but must be listed on the registration form, sign a waiver, and pay the \$17 fee for each day attending. All individuals must complete the SSSRA registration form and return it to the SSSRA office.

**Location:** Tony Bettenhausen Recreation Center, Tinley Park  
**Fee:** R: \$86, NR: \$344, additional guests: \$17 each day.

Day	Dates	Times	Ages
Fri	Mar 22 - Apr 19	5:00 - 7:30 pm	2 - 5, 6 - 12

### Healthy Eaters

Join us weekly as we work together to create healthy snacks that are good for our bodies. We will discuss the importance of diet and exercise, and how to choose the food that will provide nutrition to us. We will work together to change our eating habits and be healthy! All individuals must complete the SSSRA registration form and return it to the SSSRA office.

**Location:** Tony Bettenhausen Recreation Center, Tinley Park  
**Fee:** R: \$39, NR: \$156

Day	Dates	Times	Ages
Mon	Mar 18 - Apr 15	5:00 - 6:00 pm	13 and older

### SSSRA is Now Hiring Part-Time Staff!

SSSRA is currently hiring Recreation Leaders to assist in a variety of programs and special events. These include general weekly programs, seasonal special events, Special Olympics, and Inclusion.

If you are interested in applying for a position or would like more information, please visit our website at [www.sssra.org](http://www.sssra.org) or call 815-806-0384.

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# Registration Form

**Mail-in, drop-off and on-line registration have priority over in-person registration.**

**Mail-in /Drop-off:**  
Tony Bettenhausen Recreation Center  
8125 W. 171st St.  
Tinley Park, IL 60477

**On-line:**  
[www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org)  
No phone registration!

**Questions:**  
(708) 342-4200  
Complete Both Sides!



Last Name: \_\_\_\_\_ Date: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Friendship Request or Team Name: \_\_\_\_\_

Participant's Name	Program #	Class	Program Name	Day	Dates	Time	Shirt Size	Fee

Cash Charge VISA MC DISCOVER M.O Gift Card Check # \_\_\_\_\_ ENCLOSED TOTAL \$ \_\_\_\_\_  
MAKE CHECKS PAYABLE TO: TINLEY PARK-PARK DISTRICT (DO NOT MAIL CASH)

### Authorized Signature X

Park District Inclusion statement can be found on page 8 of the seasonal brochure and [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org).

**\*Do you or your child(ren) need special accommodations to enjoy this program**

YES ☐

NO ☐

If yes, a two-week notice is required

### Waiver and Release

The Tinley Park-Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Tinley Park-Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**Warning of Risk**  
Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Tinley Park-Park District to guarantee absolute safety.

#### Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided.)

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the (Tinley Park-Park District), including its officials, agents, volunteers and employees (hereinafter collectively referred to as "Tinley Park-Park District").

I do hereby fully release and forever discharge the Tinley Park-Park District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

### SIGN HERE X

Signature of parent, guardian, or adult participant 18 years or older

Participation will be denied if the signature of adult participant/parent/guardian and date are not on this waiver.

DATE: \_\_\_\_\_



# Family Master Form

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Please Print  
 Last Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Work Phone \_\_\_\_\_ Contact Person \_\_\_\_\_  
 Emergency Phone \_\_\_\_\_ Contact Person \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ Contact Person \_\_\_\_\_

\*NOTE: By writing your email address on this form, you authorize the Tinley Park-Park District to send you information, including – but not limited to – program receipts, cancellations, promotions, special events, class information and our monthly newsletter. You can opt-out at any time or you can customize the types of emails you receive on our website by clicking the "Get Email Updates" tab.

Household Members	First Name	Sex M or F	Birthdate Month/Day/Year	Grade	Last name (if different)
Head of Household					
Head of Household					
Head of Household					
Dependent					
Dependent					
Dependent					
Dependent					
Dependent					
Dependent					



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 of the Tinley Park District

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 8420 W. 171st St, Tinley Park, IL

\* Checking offer is not available to existing Republic Bank of Chicago checking customers. To receive the \$150 checking bonus customers must complete the following requirements: open any new Republic Bank of Chicago personal checking account (subject to approval), deposit the minimum balance to open the account type, and setup and complete a direct deposit to the checking account within 60 days of account opening. The direct deposit must be an electronic deposit of your paycheck, pension, and/or government benefits (such as Social Security) from your employer or the government. Thirty business days after completing all of the above requirements, Republic Bank of Chicago will deposit the \$150 bonus into your new checking account. Bonuses are considered interest and will be reported to the IRS. If the checking account is closed within six months after opening, Republic Bank of Chicago will deduct the bonus amount from the account balance before account closing. Bonus offer limited to one (1) offer per customer regardless of the number of accounts opened. Other activity restrictions and fees may apply. Ask a banker to see our Fee Schedule and Terms and Conditions. Offer expires December 31, 2018.



# Tot Time Preschool

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED



The Tot Time Preschool Program includes a variety of developmentally appropriate activities: creative art experiences, singing and rhythm activities, stories, finger plays, role playing and body movement, free play, and activities related to everyday math and science discovery. This program is continuous beginning in September and ending in May. Children must be 3 or 4 years old on or before September 1, 2019. All children must be toilet trained and able to take care of their own bathroom needs. Three-year-old classes have a maximum of 20 children and four-year-old classes have a maximum of 25 children.

**Class Days**

**Three-year-old classes:**

Tuesday/Thursday OR Monday/Wednesday /Friday.  
(Parents of older threes may prefer a 3 days/week).

**Four-year-old classes:** Monday/Wednesday/Friday

**Class Times**

AM classes are 9:30-11:55 am  
PM classes are 12:30-2:55 pm

**REGISTRATION**

NO ONLINE REGISTRATION IS AVAILABLE FOR TOT TIME PRESCHOOL

Tinley Park residents only may mail in or drop off registrations from March 1 through March 8, 2019 including the following:

- Completed Registration Form (page 9) - list three choices of Tot Time Classes
- Family Master (page 10)
- Copy of child's Birth Certificate
- Payment (see fees and payment plan information below)

Mail or drop off envelope addressed to: "Tinley Park-Park District Tot Time Registration"  
Tinley Park-Park District  
8125 W 171st Street  
Tinley Park, IL 60477



All Tot Time registrations received March 1 through March 8 will be processed by random selection beginning March 12. Your child will be placed in your first class choice; if that is filled, your second or third choice. A receipt will be mailed/ emailed to all those registered for Tot Time.

Resident in person registration begins March 19, 2019 at the Bettenhausen Rec Center.

Non-residents can register for Tot Time beginning April 2 at the Rec Center.

**Fee (September, 2019 through May, 2020)**

Tuesday/Thursday Classes: \$708 R / \$920 NR  
Monday/Wednesday/Friday Classes: \$1060 R / \$1379 NR

**Payment Plan**

Please note: No refunds will be granted after August 1

Payments can be made by cash, check or credit card at the Tinley Park District. Credit card payments can also be made via the ONLINE REGISTRATION portal on the Tinley Park-Park District website, at [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org). A \$10.00 Non Refundable service fee has been included for those using the Payment Plan.

TUESDAY/THURSDAY CLASSES		FEE	MONDAY/WEDNESDAY/FRIDAY CLASSES		FEE
Registration Deposit		\$218	Registration Deposit		\$245
Apr 1		\$100	Apr 1		\$165
May 1		\$100	May 1		\$165
Jun 1		\$100	Jun 1		\$165
Jul 1		\$100	Jul 1		\$165
Aug 1		\$100	Aug 1		\$165

**Family Discount**

A family discount is offered for the second (or more) child in one family. If one four year old and one three year old from the same family register, the reduced fee will apply to the three year old participant.

**CLASS DAYS**

Tu/Th Classes  
M/W/F Classes

**FAMILY DISCOUNT FEES**

\$637 R / \$828 NR  
\$954 R / \$1241 NR



REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

# Tot Time Preschool

**Tot Time Three Year Old Classes**

Location: Bettenhausen Recreation Center, CLASSROOM 1

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501150A	Sep 5, 2019 - May 12, 2020	Tu/Th	9:30-11:55 am	\$708/\$920
501150B	Sep 5, 2019 - May 12, 2020	Tu/Th	12:30-2:55 pm	\$708/\$920
501150C	Sep 4, 2019 - May 13, 2020	M/W/F	12:30-2:55 pm	\$1060/\$1379

Location: Bettenhausen Recreation Center, CLASSROOM 2

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501151A	Sep 5, 2019 - May 12, 2020	Tu/Th	9:30-11:55 am	\$708/\$920
501151B	Sep 5, 2019 - May 12, 2020	Tu/Th	12:30-2:55 pm	\$708/\$920

Location: Bettenhausen Recreation Center, CLASSROOM 3

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501152A	Sep 5, 2019 - May 12, 2020	Tu/Th	9:30-11:55 am	\$708/\$920

Location: Vogt Woods, 6527 W. 171st Street

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501153A	Sep 4, 2019 - May 13, 2020	M/W/F	9:30-11:55 am	\$1060/\$1379

**Tot Time Four Year Old Classes**

Location: Bettenhausen Recreation Center, CLASSROOM 1

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501150D	Sep 4, 2019 - May 13, 2020	M/W/F	9:30-11:55 am	\$1060/\$1379

Location: Bettenhausen Recreation Center, CLASSROOM 2

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501151C	Sep 4, 2019 - May 13, 2020	M/W/F	9:30-11:55 am	\$1060/\$1379
501151D	Sep 4, 2019 - May 13, 2020	M/W/F	12:30-2:55 pm	\$1060/\$1379

Location: Bettenhausen Recreation Center, CLASSROOM 3

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501152B	Sep 4, 2019 - May 13, 2020	M/W/F	9:30-11:55 am	\$1060/\$1379
501152C	Sep 4, 2019 - May 13, 2020	M/W/F	12:30-2:55 pm	\$1060/\$1379

Location: Vogt Woods, 6527 W. 171st Street

PROGRAM #	DATE	DAY	TIME	FEE (R/NR)
501153B	Sep 4, 2019 - May 13, 2020	M/W/F	9:30-11:55 am	\$1060/\$1379

TOT TIME TEACHERS

Bette Hansen Maryjo Polk Tracy Sadowski  
Joan Mazzuca Stephanie Merritt Dawn Lacey  
Diane Manijak Carol Landers

Get a Sneak Preview at the excitement that awaits your child at Tot Time Preschool!

Stop by the Scholastic Book Fair on Feb 9 @ the Rec Ctr

Visit our classrooms! Meet the staff! We'll be there to give you a tour, answer your questions and help you with the forms. Two dates available to fit your schedule!

DATE: Saturday, February 9, 2019 TIME: 10 -11:30 am

DATE: Saturday, February 23, 2019 TIME: 10 -11:30 am

Sneak Previews take place at both Tot Time Locations:  
Bettenhausen Recreation Ctr, 8125 W 171st Street AND Vogt Woods Building, 6527 W 171st Street



Preschool

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

S.T.E.A.M. - "Little Engineers" NEW!

This is a 1.5 hour enrichment class for 4-5 year olds. This class includes Sciences, Technology, Engineering, and Math, with preschool Art thrown in to the "STEM" mix; these are all part of daily life so it makes sense that children should explore these subjects in an integrated way through books, discussions, experiments, art projects and more! Students will develop a strong foundation for future learning by exploring STEAM skills and concepts through developmentally and age appropriate activities. New concepts will be taught in each session.

**Instructor:** Maryjo Polk and Joan Mazzuca  
**Location:** Recreation Center  
**Fee:** \$59 R / \$77 NR

PROGRAM #	DATE	DAY/TIME	AGE
101074A	Feb 7 - Mar 14	Th 12:30-2 pm	*4-5
101074B	Apr 4 - May 9	Th 12:30-2 pm	*4-5

\*Please note: child should be entering kindergarten in Fall 2019

Terrific Twos

What's better than spending your morning with your favorite two year old singing songs, making crafts and much more? Absolutely nothing! Sign up today and meet a new friend or two while having tons of fun with your tot. Only children registered for the class are allowed to attend.

**Location:** Recreation Center  
**Fee:** \$32 R / \$42 NR

PROGRAM #	DATE	DAY/TIME	AGE
101037A	*Feb 4 - Mar 18	M 9:45-10:30 am	*2
101037B	Apr 1 - May 6	M 9:45-10:30 am	*2

\*Please note: no class Feb 18; with parent

Two of Us

Stories, finger plays, crafts, and gym activities are offered for mom or dad and your little one. Spend some special time with your child while meeting other parents in the community. Only children registered for the class are allowed to attend.

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$44 R / \$58 NR

PROGRAM #	DATE	DAY/TIME	AGE
101109A	Feb 4 - Mar 11	M 6:30-7:30 pm	*2-4
101109B	Apr 1 - May 6	M 6:30-7:30 pm	*2-4

\*Please note: with parent

Little Sports

Young athletes will be introduced to sports and games such as basketball, soccer, kickball, and hockey. Children will experience interaction with others and learn the importance of good sportsmanship. Children must be toilet trained.

**Location:** Recreation Center  
**Fee:** \$37 R / \$49 NR

PROGRAM #	DATE	DAY/TIME	AGE
101106A	*Feb 4 - Mar 18	M 12-12:45 pm	3-5
101106B	Feb 5 - Mar 12	Tu 12-12:45 pm	3-5
101106C	Feb 5 - Mar 12	Tu 3-3:45 pm	3-5
101106D	Apr 1 - May 6	M 12-12:45 pm	3-5
101106E	Apr 2 - May 7	Tu 12-12:45 pm	3-5
101106F	Apr 2 - May 7	Tu 3-3:45 pm	3-5
101106G	Apr 3 - May 8	W 3-3:45 pm	3-5

\*Please note: no class Feb 18

Run and Fun

This class is designed to develop gross motor skills and coordination through movement and activities. Children will run off some energy in this class while they participate in exercise, relays, scooter races, and many different games! Sound fun? Come and join us! Children must be toilet trained.

**Location:** Recreation Center  
**Fee:** \$37 R / \$49 NR

PROGRAM #	DATE	DAY/TIME	AGE
101154A	*Feb 4 - Mar 18	M 3-3:45 pm	3-5
101154B	Feb 8 - Mar 15	F 12-12:45 pm	3-5
101154C	Apr 1 - May 6	M 3-3:45 pm	3-5
101154D	Apr 5 - May 10	F 12-12:45 pm	3-5

\*Please note: no class Feb 18

Pixie Pompons

Get your pompons out—it's time to shout and move about! Please bring one set of pompons to class. We'll learn cheers, songs, and simple dance routines. There will be a performance for the parents at the last class. Children must be toilet trained.

**Location:** Recreation Center  
**Fee:** \$50 R / \$65 NR

PROGRAM #	DATE	DAY/TIME	AGE
101108A	*Feb 4 - Apr 22	M 4-4:45 pm	3-5

\*Please note: no class Feb 18, Mar 25

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Preschool

Just You and Me

Would you like to spend some quality time with your little one? Join in the fun as we play games, enjoy finger plays, craft activities, and story time in a social setting! Only children registered for the class are allowed to attend.

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$37 R / \$49 NR

PROGRAM #	DATE	DAY/TIME	AGE
101111A	Feb 5 - Mar 12	Tu 9-9:45 am	*2-3
101111B	Apr 2 - May 7	Tu 9-9:45 am	*2-3

\*Please note: with parent

All by Myself

Parents, are you looking for a little break from your tot to run some errands all by yourself? Well, then this class is for your child. Let them join us in a fun, relaxed and supervised atmosphere with a mix of free play, circle time, arts and crafts, and of course lots of fun and games! A snack is provided. Children must be toilet trained.

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$49 R / \$64 NR

PROGRAM #	DATE	DAY/TIME	AGE
101041A	Feb 5 - Mar 12	Tu 10-11:30 am	3-5
101041B	Apr 2 - May 7	Tu 10-11:30 am	3-5



Mini Artists

Your little artist will be delighted to express their creative side in this fun class! Mini artists develop skills important for school success such as fine motor skills, language and the ability to listen and follow directions while creating their own works of art. Each session offers different projects. Children must be toilet trained.

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$37 R / \$49 NR

PROGRAM #	DATE	DAY/TIME	AGE
101121A	Feb 5 - Mar 12	Tu 12-12:45 pm	3-5
101121B	Apr 5 - May 10	F 1-1:45 pm	3-5

On My Way

It's almost time...let's get going...I'm on my way to school! This 14-week program features stories, crafts, and other preschool activities based on a weekly theme. A light snack will be provided. Children must be toilet trained.

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$135 R / \$176 NR

PROGRAM #	DATE	DAY/TIME	AGE
101102A	*Feb 6 - May 15	W 9:30-11 am	3-5

\*Please note: no class Mar 27

Our Special Time Together

Every moment with your little one is precious. Come spend some special time together with your child or grandchild. We will create art projects, participate in fun physical activities, sing songs, and have story time. Only children registered for the class are allowed to attend.

**Location:** Recreation Center  
**Fee:** \$37 R / \$49 NR

PROGRAM #	DATE	DAY/TIME	AGE
101201A	Feb 6 - Mar 13	W 11-11:45 am	*3-5
101201B	Apr 3 - May 8	W 11-11:45 am	*3-5

\*Please note: with parent

Little Chefs

Young chefs will learn basic cooking skills while having fun in the kitchen. We'll prepare a variety of fun snacks and meals. All children must be toilet trained.

**Please list all food allergies on registration form.**

**Location:** Recreation Center  
**Fee:** \$43 R / \$56 NR

PROGRAM #	DATE	DAY/TIME	AGE
101138A	Feb 6 - Mar 13	W 12-1 pm	3-5
101138B	Feb 7 - Mar 14	Th 12-1 pm	3-5
101138C	Apr 3 - May 8	W 12-1 pm	3-5
101138D	Apr 4 - May 9	Th 12-1 pm	3-5



Preschool

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED



Lunch ‘N Learn

This program is offered to children in the morning Tot Time preschool classes and any other new friends! Children must bring a peanut-free sack lunch and stay at school for an extra hour and forty five minutes. Children will experience curriculum including nature, alphabet recognition and handwriting, arts & crafts, math and games. Each session will offer new and different activities.

<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$58 R / \$76 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101043A	Feb 6 - Mar 13	W 12-1:45 pm	*4½-5	
101043B	Apr 3 - May 8	W 12-1:45 pm	*4½-5	

\*Please note: for children entering kindergarten fall 2019.

Super Science Fun

If your child is curious about science, then this is the class for him/her. Join us for some super silly science experiments. Each week we will do awesome, hands-on science experiments. These experiments are cool and you will love how much fun they are to do. Art smock is recommended.

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$45 R / \$59 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101058A	Feb 6 - Mar 13	W 3-3:45 pm	4-8	

Cooking Around the Globe

This class is perfect for all those kids who love to cook! Join us as we make delicious creations from around the world. Recipe books will be sent home the last week of class. Children should wear an apron to class! All children must be toilet trained.

**Please list all food allergies on registration form.**

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$44 R / \$58 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101044A	Feb 6 - Mar 13	W 4:15-5 pm	3-5	
101044B	Apr 3 - May 8	W 3-3:45 pm	3-5	

Ooey, Goopy Fun

Sticky fingers and smiling faces! Discover the fun of shaving cream, playdoh, and slime with your child. It leaves a mess, but you'll be smiling because the mess will be left behind with us! Only children enrolled in the class with their parents are allowed to attend.

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$30 R / \$39 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101118A	Feb 7 - Mar 14	Th 9:45-10:15 am	*2-4	
101118B	Apr 4 - May 9	Th 9:45-10:15 am	*2-4	

\*Please note: with adult

Let's Get Cooking

This is a culinary delight for the little ones and their favorite caregiver! We'll create some delightful snacks in the kitchen so bring your appetite! Children should wear an apron to class. Only children enrolled in the class are allowed to attend. **Please list all food allergies on registration form.**

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$43 R / \$56 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101178A	Feb 7 - Mar 14	Th 10:45-11:30 am	*2-4	
101178B	Apr 4 - May 9	Th 10:45-11:30 am	*2-4	

\*Please note: with parent



REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Time Out for Fun

Join us for a little bit of everything. Children will participate in art projects, free play, circle time, movement, and much more. Don't forget to pack a peanut free lunch with a drink. All children must be toilet trained.

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$49 R / \$64 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101032A	Feb 7 - Mar 14	Th 12-1:30 pm	3-5	
101032B	Apr 4 - May 9	Th 12-1:30 pm	3-5	

Creative Cookies

Each week you will create a different and tasty cookie. While the cookies are baking, we'll enjoy stories and games! Please wear an apron to class. Children must be toilet trained. **Please list all food allergies on registration form.**

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$40 R / \$52 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101165A	Feb 7 - Mar 14	Th 4-4:45 pm	3-5	

Cooking with Mrs. K.

This class is a true culinary delight! Expand your cooking skills by creating a new treat every week. Please wear an apron to class. Children must be toilet trained. **Please list all food allergies on registration form.**

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$43 R / \$56 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101166A	Apr 4 - May 9	Th 4-4:45 pm	3-5	

Lunch Bunch

Each week your child will help cook and try a new recipe. If your child is enrolled in an afternoon Tot Time class, the Lunch Bunch instructors will escort your child to their classroom when the class is finished. Children must be toilet trained. **Please list all food allergies on registration form.**

<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$44 R / \$58 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101036A	Feb 8 - Mar 15	F 11:30 am-12:30 pm	3-5	
101036B	Apr 5 - May 10	F 11:30 am-12:30 pm	3-5	



Fun with Paint

This is a perfect class for your child to explore a variety of paints (finger-paints, watercolors, etc) and what we can do with each. Art smock is recommended. Children must be toilet trained.

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$34 R / \$45 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101163A	Feb 8 - Mar 15	F 1-1:45 pm	3-5	
101163B	Apr 2 - May 7	Tu 12-12:45 pm	3-5	

Friday Fun Day

Games and activities are more than just fun for a preschooler—they help with physical development and early learning. In this class kids will enjoy crafts, games and gym or outdoor activities. Children must be toilet trained.

<b>Instructor:</b>	Barb Koeckritz			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$38 R / \$50 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
101045A	Feb 8 - Mar 15	F 3-4 pm	3-5	
101045B	Apr 5 - May 10	F 3-4 pm	3-5	

Nursery Rhyme Time

The timeless rhymes of Mother Goose are probably the first poems that children ever hear. These classic poems are important to a child's development as well as entertaining to everyone! Come join us as we enjoy games, rhymes and crafts based on Mother Goose stories. Only children enrolled in the class are allowed to attend.

<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$31 R / \$41 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
111726A	Feb 8 - Mar 15	F 10-10:45 am	*3-4	
111726B	Apr 6 - May 11	Sa 10-10:45 am	*3-4	

\*Please note: with adult



Preschool

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Young Rembrandts Preschool Drawing

The long winter months can lead to boredom and restlessness. Alleviate creative dormancy with a fun-filled Young Rembrandts class! We begin the winter season with a lesson that teaches students about simple figure drawing by creating a snowman using basic geometric shapes. Winter-themed lessons like our mittens and penguin drawings will excite the imagination. A wonderfully illustrated flower pot and a cuddly teddy bear will capture the spirit of the spring season. Each session offers all new lessons. All supplies are included in the fees.

Instructor:	Young Rembrandts		
Location:	Recreation Center		
Fee:	\$47 R / \$62 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101149A	Feb 7 - 28	Th 5-5:45 pm	3 ½-5
101149B	Mar 7 - 28	Th 5-5:45 pm	3 ½-5
101149C	Apr 4 - 25	Th 5-5:45 pm	3 ½-5
101149D	May 2 - 23	Th 5-5:45 pm	3 ½-5

I Speak Spanish!

Did you know that young children learn language naturally and much more easily than older children and adults? Introduce your child to the Spanish language in this class developed especially for very young learners. Children will be immersed in the Spanish language through fun, educational activities and music. New material is covered in each session!

Instructor:	Language in Action, Inc		
Location:	Recreation Center		
Fee:	\$61 R / \$80 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101243A	Feb 6 - 27	W 5-5:45 pm	3-6
101243B	*Mar 6 - Apr 3	W 5-5:45 pm	3-6
101243C	Apr 10 - May 1	W 5-5:45 pm	3-6
101243D	May 8 - 29	W 5-5:45 pm	3-6

\*Please note: no class Mar 27

Music Makers

Children love music as much as they enjoy making things. Why not combine these two creative forces? Join us as we use everyday things to create music. You will even get to take some home! Only children enrolled in the class are allowed to attend.

Location:	Recreation Center		
Fee:	\$31 R / \$41 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101161A	*Feb 9 - Mar 23	Sa 10-10:45 am	*3-5
101161B	Apr 5 - May 10	F 10-10:45 am	*3-5

\*Please note: no class Mar 9; with adult

The Tot Time Preschool Plus Program

This enrichment experience is offered to children currently enrolled in the four year old Tot Time program. This one afternoon a week program is designed as a continuation of the Tot Time curriculum. Activities will include: additional practice and review of the letter/number of the week, nature, science, arts & crafts, math and games. The class is designed to ease the transition to an everyday kindergarten program. Your child must be enrolled in the four year old 2018-2019 Tot Time preschool program in order to register for this class.

Instructor:	Tot Time Staff		
Location:	Recreation Center-Room 3		
Fee:	\$160 R/ \$207 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101174A	*Jan 22 - May 14	Tu 12:30-2:50 pm	4-5

\*Please note: no class Mar 26

Parents Night Out

Parents, are you looking for a quiet “kid-free” night at home, a romantic dinner out, or to take some time for yourself feeling confident that your little ones are in a safe environment and having lots of fun? Kids, it may be called Parent’s Night Out, but let’s face it... it’s really for you! Join us for a fun filled night of cooking dinner (real cooking!), arts and crafts, sports, games, board games and more. Come make new friends and have fun with our energetic team. Program is for ages 3 (must be potty trained) through 12. Some activities will be done together and for other activities (sports/gym games) children will be split up into different groups to keep all activities age appropriate. \$5 material fee payable to the instructor day of class required.

Instructor:	Nisha Brown		
Location:	Recreation Center		
Fee:	\$30 R (\$20 addl R sibling) / \$39 NR (\$26 addl NR sibling)		
PROGRAM #	DATE	DAY/TIME	AGE
101078A	Apr 13	Sa 6- 9pm	3-12

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Preschool

Water Babies

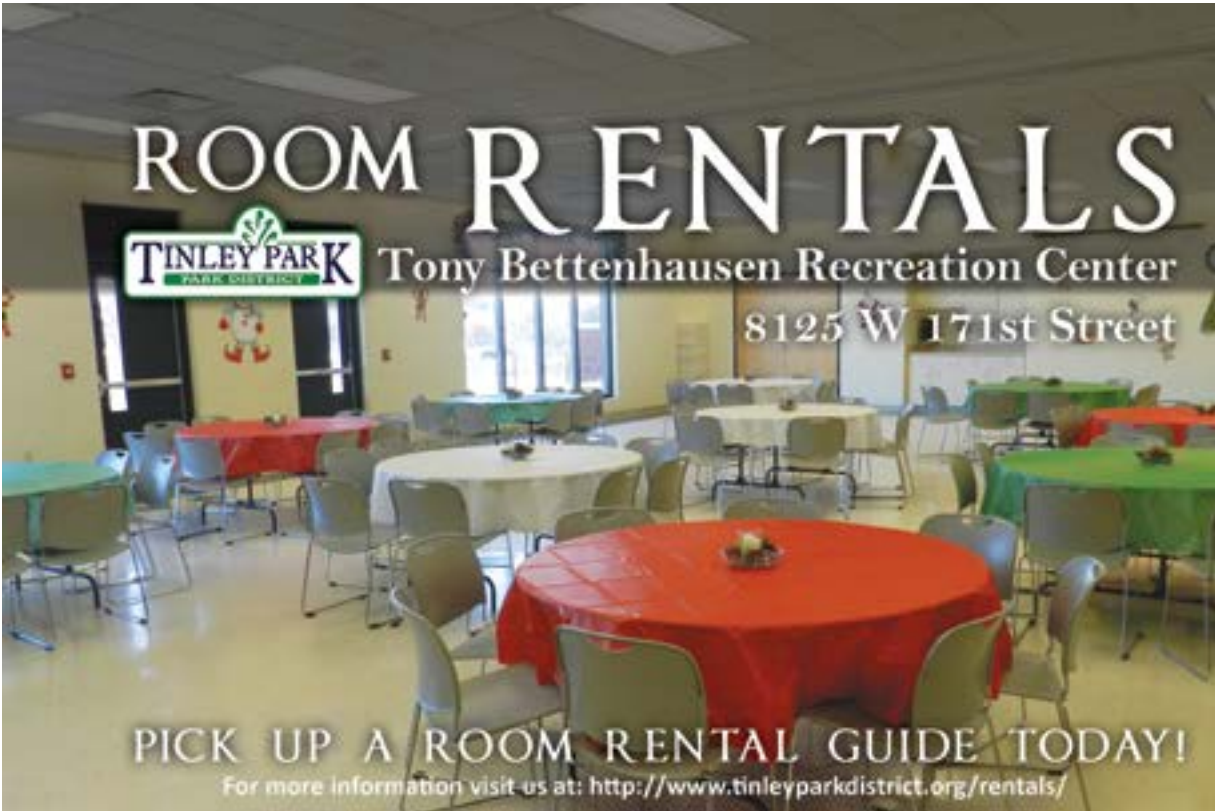
Developed for children 6 months to 3 years. Parent and Child American Red Cross Aquatics helps young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help children learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. The program is designed to foster a high comfort level and build confidence while teaching parents safety information and techniques to help you orient your children in the water. Parent(s) will be in the water. **Swim diapers are required under bathing suit.**

Location:	Tinley Fitness		
Fee:	\$45 R / \$65 NR		
PROGRAM #	DATE	DAY/TIME	AGE
112100A	Feb 11 - Mar 6	M,W 5:45-6:15 pm	6 mos-3
112100B	Mar 18 - Apr 10	M,W 5:45-6:15 pm	6 mos-3
112100C	Apr 22 - May 15	M,W 5:45-6:15 pm	6 mos-3
112100D	Mar 16 - May 4	Sa 9-9:30 am	6 mos-3

Water Tikes

American Red Cross Preschool Program is designed for ages 4 and 5. Children learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Water Tikes has 3 levels preparing your child for the Learn-2-Swim program. Skills are age-appropriate, allowing students to achieve success on a regular basis. The parent’s participation in the water is based on child’s ability and level assigned. Parents should always be prepared to enter the water, especially on the first day of class.

Location:	Tinley Fitness		
Fee:	\$47 R / \$67 NR		
PROGRAM #	DATE	DAY/TIME	AGE
112108A	Feb 11 - Mar 6	M,W 5:45-6:15 pm	4-5
112108B	Mar 18 - Apr 10	M,W 5:45-6:15 pm	4-5
112108C	Apr 22 - May 15	M,W 5:45-6:15 pm	4-5
112108D	Mar 16 - May 4	Sa 9-9:30 am	4-5





Preschool

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Olympic Taekwondo Little Dragons

The Little Dragons class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training. A uniform fee of \$45 is required at the first class. Belt testing is offered through K. H. Kim's Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.

Instructor:	K.H. Kim Taekwondo			
Location:	Recreation Center			
PROGRAM #	DATE	DAY/TIME	AGE	FEE
110140A	Feb 7 - Mar 28	Th 4:15-4:55 pm	4-5/Preschool	\$96 R / \$125 NR
110140B	Apr 4 - Jun 6	Th 4:15-4:55 pm	4-5/Preschool	\$120 R / \$156 NR

Shotokan Karate Club

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, U.S. National Coach and President of the U.S. National Karate Federation. Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuer students will be accepted after the start date, but the full class fee is required. Uniforms and Belt Testing are options available through the ISKC instructor.

Pre-Karate

In our Pre-Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

Instructor:	Illinois Shotokan Karate Club Staff		
Location:	Recreation Center		
Fee:	\$140 R / \$182 NR		
PROGRAM #	DATE	DAY/TIME	AGE/LEVEL
102283A	*Feb 27 - May 29	W 4-4:45 pm	4-7 Beginner (no experience)
102283B	*Feb 27 - May 29	W 4:50-5:35 pm	4-7 Continuer (1+ sessions)
*Please note: no class Mar 27			



Gym Cubs

The Gym Cubs is a parent/tot class centered around age appropriate development movements on different gymnastics equipment. There is a strong emphasis on socialization, learning to take turns, sharing, and building self-confidence all through fundamental gymnastics skills.

Instructor:	UGA Staff			
Location:	United Gymnastics Academy (6805 W. 159th Street, Tinley Park)			
PROGRAM #	DATE	DAY/TIME	AGE	FEE
101104A	Feb 12 - Apr 16	Tu 5-5:50 pm	*2-3	\$155 R / \$202 NR
101104B	Apr 23 - Jun 11	Tu 5-5:50 pm	*2-3	\$127 R / \$166 NR
*Please note: with adult				

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Preschool

Lion Kings

This program is structured to emphasize coordination, encourage imagination, and fun, help in awareness and most importantly develop self-confidence through fundamental gymnastics skills.

Instructor:	UGA Staff			
Location:	United Gymnastics Academy (6805 W. 159th Street, Tinley Park)			
PROGRAM #	DATE	DAY/TIME	AGE	FEE
101107A	Feb 12 - Apr 16	Tu 6-6:50 pm	4-5	\$155 R / \$202 NR
101107B	Apr 23 - Jun 11	Tu 6-6:50 pm	4-5	\$127 R / \$166 NR

Music in the Box—Family Music

This class incorporates ear training, pitch development, and early music concepts through singing and movement. Children are taught by a professional music educator who is trained in the Music Box Curriculum. These classes encompass the Montessori learning style with music, books, bubbles, games and Suzuki violin and piano melodies which gives a child a head start in preparation for later private lessons. This program provides a weekly music experience for parent and child in a loving environment.

Instructor:	The Music Connection		
Location:	Recreation Center		
Fee:	\$69 R / \$90 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101042A	Feb 6 - Mar 13	W 9:15-9:45 am	*0-5
101042B	Apr 3 - May 8	W 9:15-9:45 am	*0-5
*Please note: with adult			

Music in the Box—Music Maestro

This program will incorporate music and movement like the Music in the Box class, however, during each class some time will be spent on visual and auditory musical patterns, recognition of notes on the staff, composition, musical terms, and visual and auditory recognition of rhythmic patterns of quarter, half and whole notes. It is preferred that child has had at least one previous Music in the Box class prior to taking this class.

Instructor:	The Music Connection Staff		
Location:	Recreation Center		
Fee:	\$79 R / \$103 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101046A	Feb 6 - Mar 13	W 10-10:45 am	*3 ½-5
101046B	Apr 3 - May 8	W 10-10:45 am	*3 ½-5
*Please note: with adult			

American Girl Valentine's Day

Come to this unique Valentine's class and bring along your American Girl Doll or any other similar sized doll. Enjoy decorating a special 2-piece holiday outfit, adorable pink, red and white jewelry. Then take a trip to the beauty shop where we will add colorful clips and ribbons to your doll's hair just in time for Valentine's Day. Your favorite doll will look simply adorable!

Instructor:	Ultimate Classes and Parties		
Location:	Recreation Center		
Fee:	\$36 R / \$47 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101060A	Feb 9	Sa 11 am-12 pm	*3-12
*Please note: 3-5 with adult			



# Preschool

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Parent-Tot Spanish

Wind down the day with your toddler singing and dancing to songs in Spanish! Learn Spanish words for colors, numbers, parts of the body, animals, food and Spanish greetings.

**Instructor:** Language in Action, Inc  
**Location:** Recreation Center  
**Fee:** \$44 R / \$58 NR

PROGRAM #	DATE	DAY/TIME	AGE
101241A	Feb 6 - 27	W 5:50-6:30 pm	*9 mos-3
101241B	*Mar 6 - Apr 3	W 5:50-6:30 pm	*9 mos-3
101241C	Apr 10 - May 1	W 5:50-6:30 pm	*9 mos-3
101241D	May 8 - 29	W 5:50-6:30 pm	*9 mos-3

\*Please note: no class Mar 27, with adult

## Come Play with Me, Baby

Mom and/or dad, come play with me! Let's explore, play under a parachute, learn new games and sing songs. You and your tot will have fun while you help your little one to develop coordination and motor skills.

**Instructor:** Priscilla's School of Dance  
**Location:** Recreation Center  
**Fee:** \$33 R / \$43 NR

PROGRAM #	DATE	DAY/TIME	AGE
101135A	Feb 4 - Mar 11	M 2:30-3 pm	*Walking-2

\*Please note: with parent

## Movin' & Groovin'

This class is designed to help little ones develop gross motor skills and eye-hand coordination while promoting the enjoyment of music. The children will also enjoy circle time, free play and engage in activities that reinforce listening skills. Only children enrolled in the class are allowed to attend.

**Location:** Recreation Center  
**Fee:** \$29 R / \$38 NR

PROGRAM #	DATE	DAY/TIME	AGE
101155A	Feb 7 - Mar 14	Th 10:30-11:10 am	*2-3
101155B	*Feb 9 - Mar 23	Sa 9-9:40 am	*2-3
101155C	Apr 4 - May 9	Th 10:30-11:10 am	*2-3
101155D	Apr 6 - May 11	Sa 9-9:40 am	*2-3

\*Please note: no class Mar 9; with parent



## Mother/Daughter - Fun with "Up Do's" & Braids

Mom, bring your daughter to this amazing class and learn the skills in order to create a variety of simple up do's and braids. Forget going to the beauty shop every time she needs her hair done for dance, cheer, gymnastics, or school plays. A variety of styles will be taught to accommodate different age groups. Each girl will choose from a sparkly collection of clips and glitters to polish off her new look. Goodie bags are included.

**Instructor:** Ultimate Classes and Parties  
**Location:** Recreation Center  
**Fee:** \$42 R (\$21 per additional sibling) / \$55 NR (\$28 per additional sibling)

PROGRAM #	DATE	DAY/TIME	AGE
102268A	Mar 23	Sa 11 am-12 pm	*4-12

\*Please note: with adult



## LACROSSE

MARCH - JUNE

AGES 5 & UP

### GIRLS & BOYS TEAMS

- Winter Camp Begins Jan. 3rd, 2019
- Spring Season Begins March 1st, 2019
- All Equipment Provided with Registration
- All coaches **US Lacrosse** Certified

## FOOTBALL

JULY - OCTOBER

AGES 6 & UP



- Registration Begins Online Jan. 7th, 2019
- All coaches are certified through **USA Football**
- **PLAYER SAFETY:** We are committed to player safety and take the "head out" of contact through the **Heads Up** Program.

# TINLEY PARK

ESTABLISHED 1961



501(c)(3) NON-PROFIT

## ATHLETIC CLUB

[TPBULLDOGS.ORG](http://TPBULLDOGS.ORG)

- FREE Open Mats every Sun. & Mon. 6-8pm
- Season Begins Nov. 6th, 2018
- Awarded Top 50 Wrestling Club nationally 5 years in a row
- All coaches **USA Wrestling** Certified
- Recreational Cheer July - Oct, ages K-8th grade
- Competition Season July through Dec.
- RISING STARS PROGRAM: Ages 3 1/2 to 5
- All cheerleaders competing must participate in recreational cheer



AGES 4 & UP

NOV - MARCH

## WRESTLING

AGES 3-1/2 & UP

JULY - DECEMBER

## CHEER





Day Camp

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Emergency Form and Permission Slip

The Day Camp Emergency Form and Swimming/Field Trip Permission Form must be completed and turned in at the time of registration. The forms are available online at [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org) or at the Bettenhausen Recreation Center. Registration for Camp will not be processed unless the forms are completed. If you have any questions please contact Meghan at (708) 342-4200.



Sunrise to Sunset Camp

Supervised playtime is available at the McCarthy Park campsite! This camp is for those who need extended hours before or after regular McCarthy Park camp time. A daily snack will be provided for the after-camp participants. To qualify for this program, your child must be enrolled in regular Day Camp at McCarthy Park. Additional information will be available at the time of registration.



Family Discount and Payment Plans

A discount rate is offered for Day Camp, Tiny Tot Camp, Teen Camp and Sunrise to Sunset Camp if you register for both sessions at the same time, or if you have more than one child in a family attending camp. Payment plan forms must be completed at the time of registration and require a credit or debit card. A \$10 non-refundable service fee is required for payment plans. Half of the entire fee is due at registration; payment in full is due June 1 for Session A or C, and July 1 for Session B.

Camp Orientation

Meet the camp staff and have your questions answered! We will review camp policies and procedures, discuss drop-off/pick-up procedures, pool days and field trip days. Parents are strongly encouraged to attend the camp orientation. Please read your Camp manual prior to coming to the orientation. Orientation for all camps will take place at the Bettenhausen Recreation Center. Campers are welcome to attend!  
Date: **Thursday, June 6** (Tot Camp: 6:30 pm / Vogt Woods: 7:15 pm / McCarthy Park: 8:00 pm / Teen Camp 7:00 pm)

Camp Field Trips

Camp field trip fees are included in your registration fee. Additional money may be sent for souvenirs and concessions. Detailed field trip information will be sent home in the parent newsletters. Be sure to check the calendar for any changes. If you have any questions please contact Meghan at (708) 342-4200.

There is no regular camp on field trip days.

Tiny Tot Camp (age 3 to kindergarten)

PROGRAM #	DATE	DAY	TIME—AM	FEE	SECOND CHILD
501113A	*Jun 10 - Jul 5	M-F	9:15-11:45 am	\$218 R \$272 NR	\$203 R \$253 NR
501113B	Jul 8 - Aug 2	M-F	9:15-11:45 am	\$218 R \$272 NR	\$203 R \$253 NR
501113C	*Jun 10 - Aug 2	M-F	9:15-11:45 am	\$413 R \$516 NR	\$373 R \$464 NR
TIME—PM					
501114A	*Jun 10 - Jul 5	M-F	12:15-2:45 pm	\$218 R \$272 NR	\$203 R \$253 NR
501114B	Jul 8 - Aug 2	M-F	12:15-2:45 pm	\$218 R \$272 NR	\$203 R \$253 NR
501114C	*Jun 10 - Aug 2	M-F	12:15-2:45 pm	\$413 R \$516 NR	\$373 R \$464 NR

\*Please note: no camp July 4

Day Camp

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Day Camp - McCarthy Park (entering grades 1-7)

Sunrise Camp

PROGRAM #	DATE	DAY	TIME	FEE	SECOND CHILD
502257A	*Jun 10 - Jul 5	M-F	7-9 am	\$187 R \$243 NR	\$167 R \$223 NR
502257B	Jul 8 - Aug 2	M-F	7-9 am	\$187 R \$243 NR	\$167 R \$223 NR
502257C	*Jun 10 - Aug 2	M-F	7-9 am	\$326 R \$423 NR	\$301 R \$398 NR

Day Camp

PROGRAM #	DATE	DAY	TIME	FEE	SECOND CHILD
502223A	*Jun 10 - Jul 5	M-F	9 am-3 pm	\$393 R \$491 NR	\$358 R \$445 NR
502223B	Jul 8 - Aug 2	M-F	9 am-3 pm	\$393 R \$491 NR	\$358 R \$445 NR
502223C	*Jun 10 - Aug 2	M-F	9 am-3 pm	\$686 R \$857 NR	\$611 R \$763 NR

Sunset Camp

PROGRAM #	DATE	DAY	TIME	FEE	SECOND CHILD
502258A	*Jun 10 - Jul 5	M-F	3-6 pm	\$268 R \$348 NR	\$243 R \$320 NR
502258B	Jul 8 - Aug 2	M-F	3-6 pm	\$268 R \$348 NR	\$243 R \$320 NR
502258C	*Jun 10 - Aug 2	M-F	3-6 pm	\$480 R \$624 NR	\$430 R \$574 NR

\*Please note: no camp July 4



Day Camp - Vogt Woods (entering grades 1-7)

Day Camp

PROGRAM #	DATE	DAY	TIME	FEE	SECOND CHILD
502222A	*Jun 10 - Jul 5	M-F	9 am-3 pm	\$393 R \$491 NR	\$358 R \$445 NR
502222B	Jul 8 - Aug 2	M-F	9 am-3 pm	\$393 R \$491 NR	\$358 R \$445 NR
502222C	*Jun 10 - Aug 2	M-F	9 am-3 pm	\$686 R \$857 NR	\$611 R \$763 NR

\*Please note: no camp July 4

Session A: June 10-July 5 (4 weeks) / Session B: July 8-August 2 (4 weeks) / Session C: June 10-August 2 (8 weeks)

\*\*Please note: Camp fees INCLUDE field trip costs. Camps are not available for online registration.

\*\*Forms must be completed at the time of registration.



## Youth

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

### Pompons

Get your pompons out—it's time to shout and move about! Please bring one set of pompons to class. We'll learn cheers, songs and dance routines. There will be a performance for the parents at the last class.

**Location:** Recreation Center  
**Fee:** \$50 R / \$65 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102214A \*Feb 4 - Apr 22 M 5-5:45 pm 6-10  
\*Please note: no class: Feb 18, Mar 25

### Passport to Cooking

This class is perfect for all those kids who love to cook! Join us for some cooking fun and get your recipe "Passport" stamped for each country's delicious dish we create! Recipe books will be sent home the last week of class. Make sure you wear an apron to class! **Please list all food allergies on registration form.**

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$45 R / \$59 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102041A Feb 6 - Mar 13 W 5:15-6:15 pm 6-12  
102041B Apr 3 - May 8 W 4-5 pm 6-12

### Creative Cookies II

Come and join creative cookies for a delicious treat! Each week you will create a different and tasty cookie. While the cookies are baking, we'll enjoy stories and games! Please wear an apron to class. **Please list all food allergies on registration form.**

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$42 R / \$55 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102289A Feb 7 - Mar 14 Th 5-5:45 pm 6-14

### Beginner Girls Gymnastics

The beginner girl's gymnastics program provides participants a full fitness workout plus activities that will challenge them physically and mentally. Gymnasts will be taught skills on the vault, bars, beam, and floor exercise. Strength, flexibility and coordination will be concentrated on as these skills will be necessary to safely and effectively learn to perform on all gymnastics equipment. No prior experience is necessary.

**Instructor:** UGA Staff  
**Location:** United Gymnastics Academy  
6805 W. 159th Street, Tinley Park  
**PROGRAM # DATE DAY/TIME AGE FEE**  
102205A Feb 12 - Apr 16 Tu 4-5 pm 6-12 \$168 R / \$219 NR  
102205B Apr 23 - Jun 11 Tu 4-5 pm 6-12 \$137 R / \$179 NR

### Short Sports

Young athletes will be introduced to sports such as basketball, soccer, kickball and hockey. Children will learn to interact with others and practice good sportsmanship.

**Location:** Recreation Center  
**Fee:** \$37 R / \$47 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102222A Feb 5 - Mar 12 Tu 4-4:45 pm 6-9  
102222B Apr 2 - May 7 Tu 4-4:45 pm 6-9

### Mrs. K's Kitchen

Hey kids! Let's have some fun in the kitchen. We'll create a different tasty treat each week throughout the session. Please wear an apron or old shirt to class. **Please list all food allergies on registration form.**

**Instructor:** Barb Koeckritz  
**Location:** Recreation Center  
**Fee:** \$43 R / \$56 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102294A Apr 4 - May 9 Th 5-6 pm 6-14

### Baton Twirling

Did you ever want to try something new? Here is your chance: baton twirling. Learn the proper way to hold a baton, how to do figure eights and how to toss the baton. This is a Co-ed class. All students must have a weighted baton and wear comfortable clothes and gym shoes to each class.

**Instructor:** Yvonne Arthur  
**Location:** Recreation Center  
**Fee:** \$55 R / \$72 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102277A Feb 5 - Mar 26 Tu 5-5:30 pm 5-13  
102277B Apr 9 - May 28 Tu 5-5:30 pm 5-13

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Youth

### Amazing Magic Tricks

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided in the fee and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. The kids can sign up again and again since new tricks are taught in each session.

**Instructor:** The Magic Team of Gary Kantor  
**Location:** Recreation Center  
**Fee:** \$21 R / \$28 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102186A Feb 14 Th 6:30-7:25 pm 5-12  
102186B Apr 30 Tu 6:30-7:25 pm 5-12

### Irish Dance

This program is an introduction to the basics of Irish step dancing and helps to improve balance and coordination. Please wear shorts, t-shirt, and socks to class. Ballet shoes are optional.

**Instructor:** Blackbird Academy Staff  
**Location:** Blackbird Academy  
**Fee:** \$114 R / \$149 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102201A Feb 6 - Mar 27 W 4:30-5:15 pm 5-12  
102201B Feb 9 - Mar 30 Sa 8:30-9:15 am 5-12  
102201C \*Apr 10 - Jun 5 W 4:30-5:15 pm 5-12  
\*Please note: no class Apr 17



### Youth Spanish

Looking for something fun AND educational for your child to do? In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities and games. New material is covered in each session!

**Instructor:** Language in Action, Inc.  
**Location:** Recreation Center  
**Fee:** \$61 R / \$80 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102202A Feb 6 - Feb 27 W 6:40-7:30 pm 6-11  
102202B \*Mar 6 - Apr 3 W 6:40-7:30 pm 6-11  
102202C Apr 10 - May 1 W 6:40-7:30 pm 6-11  
102202D May 8 - 29 W 6:40-7:30 pm 6-11  
\*Please note: no class Mar 27

### Bricks 4 Kidz® Brick Builders: Cranium Contraptions

Build and explore crazy contraptions that really work your brain! Students will use LEGO® Bricks, axles, pulleys, gears and motors to create fun and interactive models. Compete with friends in a rousing game of Battle Tops or Foosball. Experiment with the Mini Fig Mover to see how this model will send your mini fig for a ride. All this and more are waiting to be discovered as students learn and play! Students will work in teams of two and each child will take home a custom mini-figure at the end of the session.

**Instructor:** Bricks 4 Kidz® staff  
**Location:** Recreation Center  
**Fee:** \$107 R / \$140 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102069A Feb 13 - Mar 20 W 4:30-5:30 pm 6-12

### Bricks 4 Kidz® Amusement Park Designer

Delve into the history and mechanics of favorite amusement park rides in this imaginative unit. Using LEGO® bricks, motors and gears, students will construct amusement rides while incorporating principles of physics, described in a way children can understand, as well as math concepts. These engaging lessons will give students an understanding of the physical forces they experience every day.

**Instructor:** Bricks 4 Kidz® staff  
**Location:** Recreation Center  
**Fee:** \$107 R / \$140 NR  
**PROGRAM # DATE DAY/TIME AGE**  
102136A Apr 10 - May 15 W 4:30-5:30 pm 6-12



Youth

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Music Lessons

Private lessons for piano and acoustic guitar are offered at the McCarthy Recreation Building, 16801 S. 80th Avenue.

Piano Lessons

The Tinley Park-Park District offers private, 30-minute piano lessons. Fee includes eight lessons. The Park District will continue to offer piano lessons in each seasonal brochure so that students may continue with their lessons. Each student must have a keyboard or piano at home on which to practice.

**Instructor:** Michelle Podewell  
**Location:** McCarthy Recreation Building  
**Fee:** \$220 R / \$286 NR

PROGRAM #	DATE	DAY/TIME	AGE
102292A	*Feb 7 - Apr 4	Th 3:30-4 pm	6+
102292B	*Feb 7 - Apr 4	Th 4-4:30 pm	6+
102292C	*Feb 7 - Apr 4	Th 4:30-5 pm	6+
102292D	*Feb 7 - Apr 4	Th 5-5:30 pm	6+
102292E	*Feb 7 - Apr 4	Th 5:30-6 pm	6+
102292F	*Feb 7 - Apr 4	Th 6-6:30 pm	6+
102292G	*Feb 7 - Apr 4	Th 6:30-7 pm	6+
102292H	*Feb 7 - Apr 4	Th 7-7:30 pm	6+
102292I	*Feb 7 - Apr 4	Th 7:30-8 pm	6+
102292J	*Feb 7 - Apr 4	Th 8-8:30 pm	6+
102292K	Apr 18 - Jun 6	Th 3:30-4 pm	6+
102292L	Apr 18 - Jun 6	Th 4-4:30 pm	6+
102292M	Apr 18 - Jun 6	Th 4:30-5 pm	6+
102292N	Apr 18 - Jun 6	Th 5-5:30 pm	6+
102292O	Apr 18 - Jun 6	Th 5:30-6 pm	6+
102292P	Apr 18 - Jun 6	Th 6-6:30 pm	6+
102292Q	Apr 18 - Jun 6	Th 6:30-7 pm	6+
102292R	Apr 18 - Jun 6	Th 7-7:30 pm	6+
102292S	Apr 18 - Jun 6	Th 7:30-8 pm	6+
102292T	Apr 18 - Jun 6	Th 8-8:30 pm	6+


\*Please note: no class Mar 28

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Young Rembrandts Elementary & Cartoon Drawing

The long winter months lead to boredom and restlessness. Alleviate creative dormancy with a fun-filled Young Rembrandts class! We begin twith a lesson that teaches students simple figure drawing by creating a snowman using basic geometric shapes. Winter-themed lessons like drawing mittens and penguin will excite the imagination. A wonderfully illustrated flower pot and a cuddly teddy bear will capture the spirit of the spring season. Each session offers all new lessons. All supplies are included in the fees.

**Instructor:** Young Rembrandts  
**Location:** Recreation Center  
**Fee:** \$50 R / \$65 NR

PROGRAM #	DATE	DAY/TIME	AGE
102253A	Feb 7 - 28	Th 6-6:55 pm	6-12
102253B	Mar 7 - 28	Th 6-6:55 pm	6-12
102253C	Apr 4 - 25	Th 6-6:55 pm	6-12
102253D	May 2 - 23	Th 6-6:55 pm	6-12

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Youth

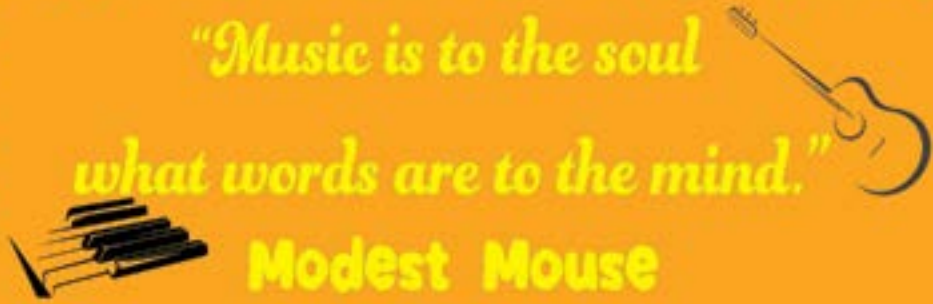
Acoustic Guitar

Private acoustic guitar lessons for all levels are offered through the Tinley Park-Park District. Each session includes eight, 30-minute private lessons. The instructor, Steve Lawler, has played for over 30 years and has performed professionally in area bands. Certified by the Suzuki Association of the Americas, he has taught guitar, using both Suzuki and traditional methods, at local fine arts schools since 2002. Each student must have either a nylon or steel string guitar for class and for practice at home. Students will be asked to purchase a music book (and a CD if using the Suzuki method) from a local or online music store.

**Instructor:** Steve Lawler  
**Location:** McCarthy Recreation Building  
**Fee:** \$203 R / \$264 NR

PROGRAM #	DATE	DAY/TIME	AGE
102287A	Mar 9 - Apr 27	Sa 9-9:30 am	6+
102287B	Mar 9 - Apr 27	Sa 9:30-10 am	6+
102287C	Mar 9 - Apr 27	Sa 10-10:30 am	6+
102287D	Mar 9 - Apr 27	Sa 10:30-11 am	6+
102287E	Mar 9 - Apr 27	Sa 11-11:30 am	6+
102287F	Mar 9 - Apr 27	Sa 11:30 am-12 pm	6+
102287G	Mar 9 - Apr 27	Sa 12-12:30 pm	6+
102287H	Mar 9 - Apr 27	Sa 12:30-1 pm	6+
102287I	Mar 9 - Apr 27	Sa 1-1:30 pm	6+
102287J	May 11 - Jun 29	Sa 9-9:30 am	6+
102287K	May 11 - Jun 29	Sa 9:30-10 am	6+
102287L	May 11 - Jun 29	Sa 10-10:30 am	6+
102287M	May 11 - Jun 29	Sa 10:30-11 am	6+
102287N	May 11 - Jun 29	Sa 11-11:30 am	6+
102287O	May 11 - Jun 29	Sa 11:30 am-12 pm	6+
102287P	May 11 - Jun 29	Sa 12-12:30 pm	6+
102287Q	May 11 - Jun 29	Sa 12:30-1 pm	6+
102287R	May 11 - Jun 29	Sa 1-1:30 pm	6+
102288A	Mar 12 - Apr 30	Tu 3:30-4 pm	6+
102288B	Mar 12 - Apr 30	Tu 4-4:30 pm	6+
102288C	Mar 12 - Apr 30	Tu 4:30-5 pm	6+
102288D	Mar 12 - Apr 30	Tu 5-5:30 pm	6+
102288E	Mar 12 - Apr 30	Tu 5:30-6 pm	6+
102288F	May 14 - Jul 2	Tu 3:30-4 pm	6+
102288G	May 14 - Jul 2	Tu 4-4:30 pm	6+
102288H	May 14 - Jul 2	Tu 4:30-5 pm	6+
102288I	May 14 - Jul 2	Tu 5-5:30 pm	6+
102288J	May 14 - Jul 2	Tu 5:30-6 pm	6+

"Music is to the soul  
what words are to the mind."



Modest Mouse



Youth

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Chess Scholars Chess Club

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has been proven to enhance children's motivation, focus, social skills, and creativity. No previous knowledge of chess is necessary. Each class will consist of a fun interactive teaching period and guided practice time. Beginner and experienced players are welcome. A chess competition with prizes will end the session!

Instructor:	Chess Scholars Coach		
Location:	Recreation Center		
Fee:	\$105 R / \$137 NR		
PROGRAM #	DATE	DAY/TIME	GRADE
102068A	Feb 25 - Apr 1	M 6-7 pm	K-8th
102068B	Apr 15 - May 20	M 6-7 pm	K-8th

Marvelous Math I & II

Award-winning former elementary teacher with Master's Degree in Curriculum and Instruction wants to make math fun! We will use group and partner games, balls, foam dice, puppets, bean bags and more to help reinforce basic concepts. Your child will practice **addition/subtraction facts, time, fractions**, tens and ones, counting by 5s/10s and more. Students leave with fun math ideas for home! *This is great for struggling learners!*

Instructor:	Karen Legreid		
Location:	Recreation Center		
Fee:	\$110 R / \$143 NR		
PROGRAM #	DATE	DAY/TIME	GRADE
102079A	*Feb 4 - Mar 13	M, W 4-5 pm	1st-3rd
102080A	*Feb 4 - Mar 13	M, W 6:30-7:30 pm	4th-5th

\*Please note: no class Feb 18, Mar 4

Let's Build It – Crazy Circuits!

In this exhilarating, cutting-edge class, instructors will guide students through core concepts of electrical engineering, introducing them to circuits and electrical components. Students will design, build, and test various circuits and electronics through hands-on projects and experiments to explore how electricity is part of our daily lives. Projects will include: a disc launcher, electronic games, musical instruments, alarms, and more, along with fun-filled class activities! Each student receive an award on the last day of the session, as well as the opportunity to earn **Energy Belts** to demonstrate their learned skills!

Instructor:	Afterschool Enrichment Solutions.		
Location:	Recreation Center		
Fee:	\$121 R / \$158 NR		
PROGRAM #	DATE	DAY/TIME	GRADE
102078A	Apr 6 - May 11	Sa 11 am-12 pm	1st-6th

Let's Build It - Chain Reactions in Action!

The ball rolls down the ramp, turns the switch, that moves the post, that activates the zip-line, that knocks the ball down the ramp and into the goal! Students will build Rube Goldberg "Mouse Trap" chain-reaction machines featuring levers, pulleys, and other simple machines. Engineering and physics concepts are introduced and reinforced through hands-on lessons and creative play. Problem solving skills and teamwork will be put to the test as the complexity of the projects increase! The final class there will a building competition—how many contraptions can you connect in the chain reaction? Each student will receive an award on the last day of the session and have the opportunity to earn **Energy Belts** to demonstrate their learned skills!

Instructor:	Afterschool Enrichment Solutions.		
Location:	Recreation Center		
Fee:	\$121 R / \$158 NR		
PROGRAM #	DATE	DAY/TIME	GRADE
102118A	*Feb 9 - Mar 23	Sa 11 am-12 pm	1st-6th

\*Please note: no class Mar 9

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Youth

American Girl Valentine's Day

Come to this unique Valentine's class and bring along your American Girl Doll or any other similar sized doll. Enjoy decorating a special 2-piece holiday outfit, adorable pink, red and white jewelry. Then take a trip to the beauty shop where we will add colorful clips and ribbons to your doll's hair just in time for Valentine's Day. Your favorite doll will look simply adorable!

Instructor:	Ultimate Classes and Parties		
Location:	Recreation Center		
Fee:	\$36 R / \$47 NR		
PROGRAM #	DATE	DAY/TIME	AGE
101060A	Feb 9	Sa 11 am-12 pm	*3-12

\*Please note: 3-5 with adult



Manners Matter

In this class you will learn proper classroom, table, and even public manners. We will address proper ways to speak to our parents and teachers. Also, we will be working on table etiquette and receiving our very own place setting to take home to practice. These are much-needed skills in our community today.

Instructor:	Ultimate Classes and Parties		
Location:	Recreation Center		
Fee:	\$35 R / \$46 NR		
PROGRAM #	DATE	DAY/TIME	AGE
102160A	Feb 9	Sa 12:30-1:30 pm	5-10



\*Mother/Daughter - Fun with "Up Do's" & Braids

Mom, bring your daughter to this amazing class and learn the skills in order to create a variety of simple up do's and braids. Forget going to the beauty shop every time she needs her hair done for dance, cheer, gymnastics, or school plays. A variety of styles will be taught to accommodate different age groups. Each girl will choose from a sparkly collection of clips and glitters to polish off their new look. Goodie bags are included.

Instructor:	Ultimate Classes and Parties		
Location:	Recreation Center		
Fee:	\$42 R (\$21 per additional sibling) / \$55 NR (\$28 per additional sibling)		
PROGRAM #	DATE	DAY/TIME	AGE
102268A	Mar 23	Sa 11 am-12 pm	*4-12

\*Please note: with adult

Springtime Sweets & Treats

Boys and girls join us for this yummy class. Each child will use their creative skills to make an entire tray of special cookies and cupcakes. The class will include: aprons, a variety of frosting colors, a wide array of sprinkles and toppings to add to the fun. We will then add a candy border for a special masterpiece. Each child will go home with enough goodies to feed the entire family. This is a perfect class for anyone who loves goodies, so sign up today!

Instructor:	Ultimate Classes and Parties		
Location:	Recreation Center		
Fee:	\$35 R / \$46 NR		
PROGRAM #	DATE	DAY/TIME	AGE
102764A	Mar 23	Sa 12:30-1:30 pm	5-12



Happy Birthday, American Girl Doll

Girls, you do not want to miss this special American Girl Doll birthday party in honor of your favorite doll (other favorite similar sized dolls are also welcome). All participants will enjoy decorating a special birthday outfit, jewels, and crown for their doll along with a birth certificate. A party wouldn't be complete without decorating yummy cupcakes to enjoy with a juice.

**Instructor:** Ultimate Classes and Parties  
**Location:** Recreation Center  
**Fee:** \$39 R / \$51 NR  

PROGRAM #	DATE	DAY/TIME	AGE
101052A	Apr 27	Sa 11 am-12 pm	5-10

STUFFED WITH LOVE...

Kids, have you always wanted to create your own loveable stuffed animal? Now you have four chances! Sign up for one or more of our new Stuffed with Love classes and you'll bring home a your very own friends stuffed with love!



**Land of Make Believe** Wave your magical wand and journey with us to a place where your child's imagination can run wild! Participants will get to stuff their very own unicorn, Pegasus, or dragon! Each participant will receive an unstuffed animal, fluff to stuff, wishing star, loving heart, birth certificate, and carry home bag. Do you believe? You will after some animal stuffing, stories, and a grand finale march!

**Instructor:** Heather Lynn  
**Location:** Recreation Center  
**Fee:** \$25 R / \$33 NR  

PROGRAM #	DATE	DAY/TIME	AGE
101075A	Feb 13	W 4-5 PM	4-10

**Put Me in the Zoo!** Grrr! Roarrrr! Howllll! Join us on an imaginary trip to the zoo! What animals do you think we will see? Participants will get to stuff their very own zoo animal. Each participant will receive an unstuffed animal, fluff to stuff, wishing star, loving heart, birth certificate, and carry home bag. Let your wild animals loose for some animal stuffing, Cat In The Hat & other classics, and grand finale march!

**Instructor:** Heather Lynn  
**Location:** Recreation Center  
**Fee:** \$21 R / \$28 NR  

PROGRAM #	DATE	DAY/TIME	AGE
101076A	Mar 13	W 4-5 PM	4-10

**Easter Babies** Spring has arrived! What better way to celebrate than by making your very own Easter baby! Participants may choose to stuff their very own ducky, chick, or bunny. Each participant will receive an unstuffed animal, fluff to stuff, wishing star, loving heart, birth certificate, and carry home bag. Hop on over for some animal stuffing, stories, and grand finale march!

**Instructor:** Heather Lynn  
**Location:** Recreation Center  
**Fee:** \$25 R / \$33 NR  

PROGRAM #	DATE	DAY/TIME	AGE
101077A	Apr 17	W 4-5 PM	4-10

It's Raining Cats & Dogs!

When it rains, it pours! But we don't mind, because it's raining cats and dogs in this class! Participants may choose to stuff their very own cat or dog. Each participant will receive an unstuffed animal, fluff to stuff, wishing star, loving heart, birth certificate, and carry home bag. Stay dry inside and join us for some animal stuffing, stories, and grand finale march!

**Instructor:** Heather Lynn  
**Location:** Recreation Center  
**Fee:** \$21 R / \$28 NR  

PROGRAM #	DATE	DAY/TIME	AGE
101078A	May 15	W 4-5 PM	4-10

Shotokan Karate Club

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required. Uniforms and Belt Testing are options available through the ISKC instructor.

Youth/Adult Karate

ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength.

**Instructor:** Illinois Shotokan Karate Club Staff  
**Location:** Recreation Center  
**Fee:** \$140 R / \$182 NR  

PROGRAM #	DATE	DAY/TIME	AGE/LEVEL
102228A	*Feb 27 - May 29	W 5:40-6:40 pm	*8+/Beg/Continuer (white-red belts)
102228B	*Feb 27 - May 29	W 6:45-7:45 pm	*8+/Novice (orange-blue belts)
102228C	*Feb 27 - May 29	W 7:50-8:50 pm	*8+/Inter/Advanced (green belt and up)

\*Please note: no class Mar 27; Parent/Child, Youth and Adult classes will train together.

Parent/Child Karate

Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness. Fees are per person.

**Instructor:** Illinois Shotokan Karate Club Staff  
**Location:** Recreation Center  
**Fee:** \$140 R / \$182 NR  

PROGRAM #	DATE	DAY/TIME	AGE/LEVEL
102229A	*Feb 27 - May 29	W 5:40-6:40 pm	*7+ Beg/Continuer (white-red belts)
102229B	*Feb 27 - May 29	W 6:45-7:45 pm	*7+ Novice (orange-blue belts)
102229C	*Feb 27 - May 29	W 7:50-8:50 pm	*7+ Inter/Adv (green belt & up)

\*Please note: no class Mar 27; Parent/Child, Youth and Adult classes will train together.





OLYMPIC TAEKWONDO

Students will have the opportunity to improve concentration and self-esteem, achieve lifelong physical fitness, and learn self-defense skills. A uniform fee is required at the first class. Belt testing is offered through K. H. Kim's Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.

Early Taekwondo

This program helps kids develop conditioning, coordination, listening skills, and self- confidence through creative activities.

Youth Taekwondo

This program provides a balanced cardiovascular workout, including punching, kicking, and blocking skills, using Taekwondo tradition and self-control. Participants will improve coordination, power of concentration, balance, and physical and mental discipline.

Parent/Child Taekwondo

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Taekwondo techniques including punching, kicking, and blocking.

Adult Taekwondo

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking.

Instructor:	K.H. Kim Taekwondo Staff			
Location:	Recreation Center			
PROGRAM #	DATE	DAY/TIME	AGE/LEVEL	FEE
110140C	Feb 7 - Mar 28	Th 5:05-5:50 pm	6-7/Early Taekwondo	\$96 R / \$125 NR
110140D	Feb 7 - Mar 28	Th 6-6:45 pm	8-13/Youth Taekwondo	\$96 R / \$125 NR
110140E	Feb 7 - Mar 28	Th 6:55-7:40 pm	7+/ Parent/Child Taekwondo	\$96 R / \$125 NR
110140F	Feb 7 - Mar 28	Th 7:50-8:35 pm	14+/ Adult Taekwondo	\$96 R / \$125 NR
110140G	Apr 4 - Jun 6	Th 5:05-5:50 pm	6-7/Early Taekwondo	\$120 R / \$156 NR
110140H	Apr 4 - Jun 6	Th 6-6:45 pm	8-13/Youth Taekwondo	\$120 R / \$156 NR
110140I	Apr 4 - Jun 6	Th 6:55-7:40 pm	7+/Parent/Child Taekwondo	\$120 R / \$156 NR
110140J	Apr 4 - Jun 6	Th 7:50-8:35 pm	14+/Adult Taekwondo	\$120 R / \$156 NR

Judo Club

This class will introduce each student the correct way to practice the Art of Judo. Students will be taught respect for the Art and each other while learning traditional values and etiquette. The following techniques will be taught: basic warm up exercises, falling techniques, basic mat work techniques and basic throwing techniques. Learning Beginners should wear sweatpants and long-sleeved sweatshirts.

Instructor:	Dave Preston			
Location:	Recreation Center			
Fee:	\$65 R / \$85 NR			
PROGRAM #	DATE	DAY/TIME	AGE/LEVEL	
102208A	Feb 5 - Mar 26	Tu 7-8 pm	6+/Beg/Inter	
102208B	Apr 9 - May 28	Tu 7-8 pm	6+/Beg/Inter	

Read and Paint

Listen to a popular current book or a great classic, then do an art project to go along with the story and characters! Creative and fun! All supplies are included.

Instructor:	Marlo Steinke		
Location:	VVAC		
Fee:	\$30 R / \$39 NR		
PROGRAM #	DATE	DAY/TIME	AGE
109022A	Feb 21 - Mar 28	Th 6-7:30 pm	6-8

Days Off from School Art Workshop

Spend your day off from school creating a unique work of art! Improve your drawing skills as we use paint, scissors, glue and an array of fun extras that you can incorporate into your pictures. All the supplies you need to create your own unique piece of art! Different themes per session.

Instructor:	Marlo Steinke		
Location:	Recreation Center		
Fee:	\$20 R / \$26 NR		
PROGRAM #	DATE	DAY/TIME	AGE
109018A	Jan 21	M 9 am-12 pm	8-11
109018B	Feb 18	M 9 am-12 pm	8-11
109018C	Mar 4	M 9 am-12 pm	8-11
109018D	Apr 19	F 9 am-12 pm	8-11

Intro to Cribbage

Learn the card game of cribbage. This game involves grouping cards into pairs, straights, flushes and combinations that add up to 15, figuring out which cards to keep and which to throw away, and then playing the cards against your opponent to score points. It is a fascinating game that is easy to learn, but still requires decisions and strategy to be victorious!! This 2-week class provides you with all the information you need to start playing right away.

Instructor:	Dan Selke		
Location:	Recreation Center		
Fee:	\$12 R / \$16 NR		
PROGRAM #	DATE	DAY/TIME	AGE
102083A	Apr 2 - 9	Tu 3:30-5:30 pm	10-13
102083B	Apr 16 - 23	Tu 3:30-5:30 pm	14-17

Dance Fitness for Kids NEW!

This class will incorporate easy-to-follow dance routines to pop, hip hop and lyrical music styles. Participants will build cardiovascular strength and endurance for the first 25 minutes of class and work on their core and total body strength and flexibility for the last 20 minutes of class working the barre with resist-a-balls, small weights and rings. All equipment is provided; please wear gym shows and bring a water bottle!

Instructor:	Jennifer Raleigh		
Location:	Recreation Center		
Fee:	\$40 R / \$52 NR		
PROGRAM #	DATE	DAY/TIME	AGE
104491A	Feb 23 - Mar 30	Sa 10:30-11:15 am	7-12
104491B	Apr 13 - May 18	Sa 10:30-11:15 am	7-12





# Youth

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Group Swim

American Red Cross Learn-to-Swim program is unlike anything offered by other learning to swim programs. Comprised of Six levels designed for children 6 years and over. Students progress through the levels at their own pace, mastering the skills in one level before advancing to the next. Each level of our Learn-to-Swim class includes training in basic water safety and helping others in an emergency, in addition to stroke development. During the first day of class abilities will be assessed and children will be placed in appropriate groups.

<b>Location:</b>	Tinley Fitness		
<b>Fee:</b>	\$67 R / \$97 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
112200A	Feb 11 - Mar 6	M,W 6:25-7:10 pm	6-12
112200B	Mar 18 - Apr 10	M,W 6:25-7:10 pm	6-12
112200C	Apr 22 - May 15	M,W 6:25-7:10 pm	6-12
112200D	Mar 16 - May 4	Sa 9:40-10:25 am	6-12

## Private Swim Lessons

Private swim lessons are 1-on-1 instruction for all ages and abilities. It's never too late to learn how to swim or gain that competitive edge over your fellow swim team members. These lessons are scheduled any day of the year when the pool is open for lap swimming. Only 15 spots will be open for registration. A manager will contact you to schedule your lessons at a mutually agreed upon time, lessons will not begin until on or after February 4. Once open registration is filled a waitlist will be created, if and when an instructor becomes available you may be contacted for scheduling. The package includes 6 lessons ½ hour in length.

<b>Location:</b>	Tinley Fitness		
<b>Fee:</b>	\$92 R / \$127 NR		
<b>PROGRAM #</b>	112218A		

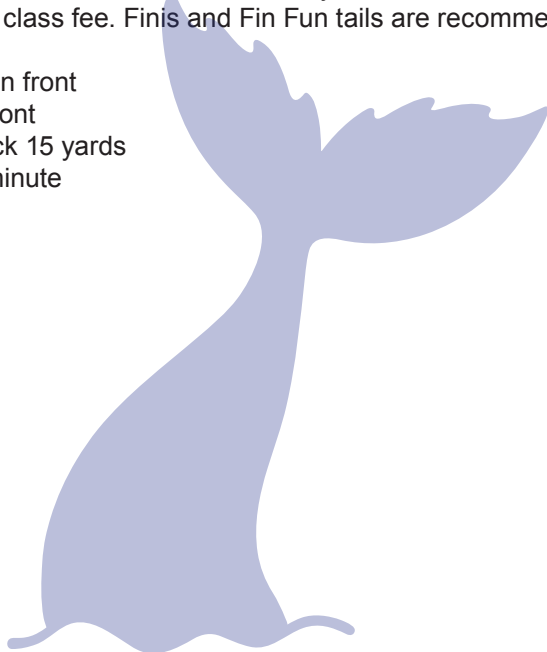
## Mermaid & Merman Swim Clinics

Turn two feet into one tail at Mermaid University! This class will teach you how to care for your tail and swim like a real mermaid! Children will learn to float, twirl, spin, and swim safely. Clinics run once a month, you can sign up for as many sessions as you like! Our goal is to educate parent and child on tail safety. The design of the class is 1 hour of instruction, 1 hour of exploration. An adult will swim with their child for free, we highly encourage parent/guardian participation. Swimmers must be comfortable under water and able to swim without assistance. No refunds on missed sessions, please call at least 48 hours in advance if you must reschedule a session. Mermaid tails are required and not included in the class fee. Finis and Fin Fun tails are recommended.

### Required Skills to take Class:

Float 30 seconds on back	Float 30 seconds on front
Roll from front to back	Roll from back to front
Swim 15 yards	Perform dolphin kick 15 yards
Take a breath while on front	Tread water for 1 minute

<b>Location:</b>	Tinley Fitness		
<b>Fee:</b>	\$35 R / \$45 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
112006A	Feb 8	F 6-8 pm	6-14
112006B	Mar 8	F 6-8 pm	6-14
112006C	Apr 12	F 6-8 pm	6-14
112006D	May 10	F 6-8 pm	6-14



# Teens

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## The Pit Stop–Teen Center

Looking for something to do, a place to hang-out or meet new people? Drop in at the Bettenhausen Recreation Center's "Pit Stop" Teen Center and see everything we have to offer! The Pit Stop is open on Tuesday and Thursday from 4:00-8:00 pm and Friday from 4:00-9:00 pm The drop-in center is open to teens in grades 6 through 12. Play pool, air hockey, foosball, Playstation 4, Xbox, Wii and much more. Check out our exergaming area blending fitness and fun in one! Watch for contests, special activity nights and more throughout the year, all included with your Rec Center membership or daily pass. There's so much to do—come in today! **Recreation Center membership or daily pass is required for entry.**

## Pit Stop Rentals

The Pit Stop is available to rent! Looking for a place to hang out with your friends, throw a birthday party or just relax and have fun? The Pit Stop is the perfect venue! Rentals are held on Saturday and Sunday throughout the year. Rentals are 2 hours in length. An adult 21 years and older must be present throughout the rental. Equipment includes ping pong, billiards, Wii, Play Station 4, Xbox, climbing wall, light wall, foosball and more! Pit Stop supervisors will be on hand to assist with equipment. A maximum of 25 people are allowed in the Pit Stop per rental.

**For information and to book a rental, you must contact the Recreation Supervisor, Meghan Fenlon, at (708) 342-4213. Rentals must be made a minimum of 4 weeks in advance. Availability is first come-first served.**

<b>Location:</b>	Recreation Center		
<b>*Fee:</b>	\$125 R / \$163 NR		

*\*Please note: maximum of 25 people allowed in the room per time during rentals*

## Meet Me At The Movies

Join us one Friday each month for movies at the Pit Stop. No registration is necessary. Recreation Center membership or daily pass is required for entry.

<b>Location:</b>	Recreation Center		
<b>Fee:</b>	Free (with Rec Center membership or daily fee)		

<b>DATE</b>	<b>DAY/TIME</b>	<b>GRADE</b>
Feb 8	F 7 pm	6th-12th
Mar 1	F 7 pm	6th-12th
Apr 5	F 7 pm	6th-12th
May 10	F 7 pm	6th-12th

## Spring Break Hours at the Pit Stop

Look for extended Spring Break open play hours and special themed events in the Pit Stop. Check out the calendar in the Pit Stop or call for hours.

## Tournament Tuesdays

Our Teen Staff will organize a different tournament on select Tuesdays. Will it be pool or foosball, Madden or DDR, stop by and enter in!

<b>Location:</b>	Recreation Center		
<b>Fee:</b>	Free (with Rec Center membership or daily fee)		

<b>DATE</b>	<b>DAY/TIME</b>	<b>GRADE</b>
Feb 12	Tu 7 pm	6th-12th
Mar 12	Tu 7 pm	6th-12th
Apr 9	Tu 7 pm	6th-12th

## Schools Off! Hours at the Pit Stop

Make your school break and holidays happening at the Pit Stop's special extended school day off hours. Join us for pool, bingo, game tournaments, karaoke, and much more. Recreation Center membership or daily pass is required for entry.

<b>DATE</b>	<b>DAY/TIME</b>
Feb 18	M 12-7 pm
Mar 4	M 4-8 pm

## Chocolate Tasting Party!

How well do you know your chocolate? Join us as we sample a variety of chocolates, discover the unique tastes of chocolates from around the world and, perhaps make a chocolate treat or two....

<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$5 R / \$7 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
103339A	Feb 13	W 6-8 pm	11-15





DIY-Spa Night!

NEW!

Let's get crafting! We will make and test out a variety of DIY masks, scrubs and spa items in perfect summer scents. Register today and let those creative juices flow!

**Location:** Recreation Center  
**Fee:** \$15 R / \$20 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103303A May 8 W 6-8 pm 11-15

Pizza Taste Testing

NEW!

Help decide who has the best pizza in town. Sample a piece from a variety of local pizza places, cast your vote and win prizes. Pizza activities and unique games are part of the tasty fun filled night.

**Location:** Recreation Center  
**Fee:** \$4 R / \$6 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103340A Mar 20 W 6-8 pm 11-15

SAT Practice Testing Program

NEW!

Improve your score using College Board approved study materials. Every student benefits from SAT practice and repetition is key when preparing for this exam. Learn the best approach to commonly missed questions and best practices when faced with uncertainty and time constraints. Key benefits of this class include: improved test scores and detailed statistics (you will learn your weaknesses so you can target where you need to study), improved confidence (you will complete full practices SAT tests in this course so you know what to expect) and tutorials (you will be emailed online tutorials in areas where you answered incorrectly. NOTE: complete 4-hour practice tests are scheduled on March 2 and March 30 from 9:30 am - 1:30 pm.

**Instructor:** HiFiKids  
**Location:** Recreation Center  
**Fee:** \$225 R / \$292 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103332A Feb 2 - Mar 30 Sa 9-10:30 am 13-18

SAT Practice 2 Week Boot Camp

Improve your score using College Board approved study material. Every student benefits from SAT practice and repetition is key when preparing for this exam. In this 2-week course student knowledge is tested, exam strategies are covered and 4 complete tests are taken. Each session uncovers learning opportunities for each student. After each session personalized supplementary tutorial content is provided to support efficient learning and score improvement. Key benefits from this class include improved subject matter knowledge, better test-time management, efficient approaches to SAT problem types, improved confidence and higher scores.

**Instructor:** HiFiKids  
**Location:** Recreation Center  
**Fee:** \$99 R / \$128 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103332B Feb 23 - Mar 7 Tu,Th 6-9 pm and Sa 9 am-1 pm 13-18

Skin Care Clinic

NEW!

Learn to nourish and protect your skin ... after all it is the only skin you have! How you treat your skin now will greatly effect its health and appearance later! Mini makeovers, samples and hands-on demonstrations are part of this fun filled class. Clinic is led by certified beauty consultants.

**Instructor:** Bernadette  
**Location:** Recreation Center  
**Fee:** Free R / \$3 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103341A May 1 W 6:30-8:30 pm 11-18



Tailgating & Madden Tournament

Get ready for Superbowl 53. We will make snacks, play games and watch highlights and football movies on the big screen TV. A variety of competitions in the game room (with prizes), Madden on the gaming systems and other fun surprises await. Will you be the king or queen of the gridiron?

**Location:** Recreation Center  
**Fee:** \$12 R / \$16 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103307A Feb 2 Sa 5-9 pm 11-15

Protect Your Peeps

NEW!

Protect your peeps from being destroyed, as you destroy the others. Build fortresses, catapults and shelters; then let the marshmallow battle begin. All peeps will be provided. Who will have the last peep standing?

**Location:** Recreation Center  
**Fee:** \$7 R / \$11 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103342A Apr 10 W 7-9 pm 11-14

Cupcake Wars

NEW!

Bring on your inner baker. We will provide vanilla and chocolate cupcakes, fillings, frostings and a variety of toppings. You decorate and create a mini masterpiece for the judges. Bring extra items if you wish!

**Location:** Recreation Center  
**Fee:** \$10 R / \$13 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103343A Apr 24 W 7-9 pm 11-14



Teen Camp

Are you looking for a fun way to spend your summer vacation? Teen Camp is it! Each day is filled with new and exciting activities from video game tournaments, hands-on cooking/crafts or sports. Each week includes swimming, a field trip, local outings and tons of games, sports and other awesome activities. We have something for you. Grab a friend and register today!

**Location:** Recreation Center  
**Grade:** 7th-10th  
**PROGRAM #** **DATE** **DAY/TIME** **FEE**  
503301A Jun 10 - 21 M-F 9 am-3 pm \$224 R (\$199 second teen) / \$280 NR (\$248 second teen)  
503301B \*Jun 24 - Jul 5 M-F 9 am-3 pm \$224 R (\$199 second teen) / \$280 NR (\$248 second teen)  
503301C Jul 8 - 19 M-F 9 am-3 pm \$224 R (\$199 second teen) / \$280 NR (\$248 second teen)  
503301D Jul 22 - Aug 2 M-F 9 am-3 pm \$224 R (\$199 second teen) / \$280 NR (\$248 second teen)  
503301E \*Jun 10 - Aug 2 M-F 9 am-3 pm \$822 R (\$764 second teen) / \$1027 NR(\$955 second teen)  
**\*Please note: no camp July 4**

Teen Party:

NEW!

The Greatest Murder on Earth

The Greatest Show on Earth is a company of traveling performers and Max A. Million's hosting a debut party for the first funfair in the dismal town of Deadwood Valley, but is having a difficult time bringing this eclectic group of misfits together. Nobody gets along, and scandals are brewing around every corner. Max has made it mandatory for employees to attend this festive gathering under the Big Top. This is where your story begins...but where will it end???? Games, snacks, dinner and prizes are part of this exciting night!

**Location:** Recreation Center  
**Fee:** \$15 R / \$20 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
103113A Mar 22 F 5:30-8:30 pm 11-16





Teens

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

I'm Awesome NEW!

**I'm Awesome!** workshop gives girls a chance to come together to make something extraordinary happen in their lives, as well as in the lives of those around them. We work in age-separated groups as well as all together to grow their infinite possibilities. Through arts, crafts and hands-on cooking, our girls encounter new forms of creativity and self-expression that will transform into a stunning sense of self-esteem. Girls will be making lunch as part of the event. \$20 material fee payable to the instructor day of class required.

<b>Instructor:</b>	Nisha Brown			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$41 R / \$53 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
103345A	Feb 10	Su 2-6 pm	8-16	
103345B	Mar 10	Su 2-6 pm	8-16	
103345C	Apr 14	Su 2-6 pm	8-16	



Let's Party NEW!

Learn Love & Grow Studio Life Skills themed parties are designed for parents who seek community programs that take pride in assisting in raising well rounded children. Our goal and commitment is to inspire your child to be creative and have the confidence to accomplish any goal they set. Your child will wear many hats during our parties, such as party decorator, food prep squad, host, guest, server, presenter, energetic clean-up crew and the party planner. Special guests will join us at each party. Please note: each workshop has a different theme, menu, table settings and crafts. \$10 material fee payable to the instructor day of class required.

<b>Instructor:</b>	Nisha Brown			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$40 R / \$52 NR			
<b>Day/Time:</b>	Su 9 am-1 pm			
<b>Age:</b>	6-16			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	<b>THEME</b>
103346A	Feb 10	Su 9 am-1 pm	6-16	Valentine's Day
103346B	Mar 10	Su 9 am-1 pm	6-16	Super Hero
103346C	Apr 14	Su 9 am-1 pm	6-16	Safari

Safe Sitter Babysitting Course

This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Safe Sitter is a medically accurate babysitting preparation program written by a pediatrician and teaches safe and nurturing care techniques. This course includes topics such as babysitting as a business, babysitting ethics, how to care for children, personal safety, injury prevention, basic first aid, preventing problem behavior, and behavior management. Fee includes the student manual, completion course card, important numbers post-its, flash light and Band-Aid dispenser in a Safe Sitter backpack. Participant must attend both sessions to receive completion card. **Refunds will not be granted unless requested one week prior to the start of the class. Registration deadline is February 2.**

<b>Instructor:</b>	Certified Safe Sitter Instructor			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$89 R / \$116 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
102204A	*Feb 9 & Feb 16	Sa 9 am-12:30 pm	11-13	

\*Please note: Registration deadline is Feb 2

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Adults

Whole Food & Plant Based Cooking NEW!

Through the process of demonstration Janet Marie will show you how simple it is to prepare healthy, delicious and quick everyday dishes. You will learn how to shop, prep and prepare easy and healthy whole food plant based everyday recipes for individuals and/or families. Recipes included!

<b>Instructor:</b>	Janet Marie		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$42 R / \$55 NR		
<b>Age:</b>	18+		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>THEME</b>
110072A	Feb 7 & 21	Th 7-8:30 pm	Italian Greens & Beans, & Marinara Sauce
110072B	Mar 7 & 21	Th 7-8:30 pm	Chili, Tacos & Enchiladas
110072C	Apr 3 & 17	W 7-8:30 pm	Soups, Salads & Dressings
110072D	May 1 & 15	W 7-8:30 pm	Dips, Picnics & Snacks



Weight Loss: Eat More with Plant-Based Foods NEW!

Cooking tips and hacks to eat more of the good stuff and less of the bad stuff. Lose weight in the process with real whole foods which are both delicious and nutritious!

<b>Instructor:</b>	Janet Marie	
<b>Location:</b>	Recreation Center	
<b>Fee:</b>	\$14 R / \$19 NR	
<b>Age:</b>	18+	
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>
110154A	Feb 2	Sa 9-10 am
110154B	Mar 2	Sa 9-10 am
110154C	Apr 6	Sa 9-10 am
110154D	May 4	Sa 9-10 am



PaperCrafting-Handmade Cards & More

Create fabulous cards to use all year long. Participants will be taught different rubber stamping & embossing techniques while creating cards, projects and more! A handmade card is a gift in itself. Please bring a sharp pair of scissors, adhesive and if you have them: bone folder and quick stick or tweezers. All other supplies will be included. Samples of projects will be on display at the Bettenhausen Recreation Center.

<b>Instructor:</b>	Linda Sears			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$16 R / \$21 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	<b>THEME</b>
110707A	Feb 5	Tu 6:30-8 pm	16+	Valentine's Cards
110707B	Mar 12	Tu 6:30-8 pm	16+	St. Patrick and Spring Cards
110707C	Apr 9	Tu 6:30-8 pm	16+	Easter Cards & Project
110707D	May 14	Tu 6:30-8 pm	16+	Special Occasion Cards

Ballroom Dance

Let's dance! It's good for your mind, body and soul! Learn the basics of the fox trot, waltz, rumba, and swing. Become comfortable on the dance floor at weddings and other social functions. If possible, please wear leather sole shoes. In order to register for the advanced class you should have completed beginning or have had ballroom dance instruction in the past. Registration is per couple.

<b>Instructor:</b>	Joan Hutchison			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$44 R (per couple) / \$58 NR (per couple)			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	<b>CLASS</b>
114410A	Feb 13 - Apr 3	W 7-8 pm	16+	Beginning
114410B	Feb 13 - Apr 3	W 8:15-9:15 pm	16+	Advanced

Reiki Teaching Series-Reiki 1

The human body consists of subtle energy systems that reflect our state of well-being and health. When these energy systems become overloaded and impaired we experience decreased vitality, illness and anxiety. Through the art of touch therapy and focused intent, Reiki 1 teaches you how to become a clear and intentional practitioner raising your own vibration frequencies for self-healing and providing healing support for others. Each participant will receive the Reiki 1 Manual and Certificate of Completion. Comfortable clothes are suggested and a light lunch.

**Instructor:** Cindy Magnuson  
**Location:** Recreation Center  
**Fee:** \$163 R / \$211 NR  

PROGRAM #	DATE	DAY/TIME	AGE
110107A	Mar 16	Sa 10 am-4 pm	18+

Reiki Teaching Series-Reiki 2

As vibrational beings we all have the innate ability to sense and feel electromagnetic fields of energy. Reiki teaches us how to fine tune our abilities to scan the human body with our hands sensing areas of sluggish moving and blocked energy, which the Japanese refer to as Ki. Creating a circuit between yourself and another you are able to assist others to raise their energetic frequencies to improve their health and wellness in person or through distance healing. Each participant will receive the Reiki 2 Manual and Certificate of Completion. Comfortable clothes are suggested and a light lunch. **Pre-requisite: Reiki Level 1 Certificate**

**Instructor:** Cindy Magnuson  
**Location:** Recreation Center  
**Fee:** \$163 R / \$211 NR  

PROGRAM #	DATE	DAY/TIME	AGE
110107B	Apr 13	Sa 10 am-4 pm	18+

Illinois Boating Safety Class

Throughout the year, many people operate motor-driven watercraft on the Illinois waters and many operate for the first time. So, we encourage people of all ages - both novice and experienced - to take the course. Each of us has the responsibility to keep this lifetime leisure activity free from tragedy and personal loss to ourselves and our fellow boaters. The Illinois Boating Education Course is offered with these objectives in mind. Call 708-342-4200 to reserve your spot.

**Instructor:** IDNR Staff  
**Location:** Recreation Center  
**Fee:** Free  

DATE	DAY/TIME	AGE
Mar 2-3	Sa 9 am-4 pm, Su 10 am-4 pm	12+

Emotional Freedom Technique Weight Loss Workshop

Whether you are new to or already familiar with EFT (Emotional Freedom Technique), this workshop provides a creative environment for you to resolve and eliminate the emotional patterns that underlie weight loss and the accompanying anxiety and stress. Participants are taught how to perform the EFT tapping sequence and create successful EFT affirmations through a holistic approach to weight loss; including making improved food choices, integrating a suitable exercise program, addressing relapse and cravings, and most important of all achieving self-forgiveness.

**Instructor:** Cindy Magnuson  
**Location:** Recreation Center  
**Fee:** \$130 R / \$163 NR  

PROGRAM #	DATE	DAY/TIME	AGE
110466A	May 7 - 28	Tu 6:30-9 pm	18+

Emotional Freedom Technique Anxiety/Stress/Depression Workshop

Whether you are working on weight loss, pain relief, grief, financial issues, or relationship concerns, anxiety and stress are the first areas that are addressed in the process of healing and bringing balance, calm and peace back into your life. Panic and fear have escalated for all of us and this workshop can and will put you back in control of your emotions and your life. EFT gives you a simple tool to quickly reduce anxiety and determine the real root issues that underlie our fears. EFT directly eliminates and resolves those root issues and the anxiety melts away leaving room for us to create the life that we want to be living.

**Instructor:** Cindy Magnuson  
**Location:** Recreation Center  
**Fee:** \$130 R / \$163 NR  

PROGRAM #	DATE	DAY/TIME	AGE
110465A	Mar 5 - 26	Tu 6:30-9 pm	18+

Adult Judo Club

Classes will introduce students to the Art of Judo in ways that can help benefit one's physical endurance, flexibility, and confidence. Class will introduce new students to the following techniques: basic falling techniques, basic groundwork techniques, basic throwing techniques and basic self-defense techniques as it relates to the Art of Judo.

**Instructor:** Dave Preston  
**Location:** Recreation Center  
**Fee:** \$90 R / \$117 NR  

PROGRAM #	DATE	DAY/TIME	AGE/LEVEL
102208C	Feb 5 - Mar 26	Tu 8-9:30 pm	18+
102208D	Apr 9 - May 28	Tu 8-9:30 pm	18+



Youth/Adult Karate

ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance and muscle tone while improving core strength.

**Instructor:** Illinois Shotokan Karate Club Staff  
**Location:** Recreation Center  
**Fee:** \$140 R / \$182 NR  

PROGRAM #	DATE	DAY/TIME	AGE/LEVEL
102228A	*Feb 27 - May 29	W 5:40-6:40 pm	*8+/Beg/Continuer (white-red belts)
102228B	*Feb 27 - May 29	W 6:45-7:45 pm	*8+/Novice (orange-blue belts)
102228C	*Feb 27 - May 29	W 7:50-8:50 pm	*8+/Inter/Advanced (green belt and up)

\*Please note: no class Mar 27; Parent/Child, Youth and Adult classes will train together.

OLYMPIC TAEKWONDO

Students will have the opportunity to improve concentration and self-esteem, achieve lifelong physical fitness, and learn self-defense skills. A uniform fee is required at the first class. Belt testing is offered through K.H. Kim's Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.

Adult Taekwondo

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking.  
**Instructor:** K.H. Kim Taekwondo Staff  
**Location:** Recreation Center  

PROGRAM #	DATE	DAY/TIME	AGE/LEVEL	FEE
110140F	Feb 7 - Mar 28	Th 7:50-8:35 pm	14+/Adult Taekwondo	\$96 R /\$125 NR
110140J	Apr 4 - Jun 6	Th 7:50-8:35 pm	14+/Adult Taekwondo	\$120 R / \$156 NR



Photo I

This is an introductory class in 35 mm or digital single lens reflex (SLR) photography designed for beginners or present users who want to expand their camera knowledge. Learn and work with all camera modes including manual mode. Note: Participants must bring a 35 mm camera that will work in the manual mode along with film or a digital SLR. No dark room work is included.

<b>Instructor:</b>	Laura Piton			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$62 R / \$81 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110407A	May 2 - 23	Th 7-8:30 pm	16+	

Black & White Photography and the Digital Camera

This course introduces the art of black and white digital photography. Topics covered include emphasizing the use and exposure in black and white, improving composition skills and seeing the world in grayscale, use of textures and lighting. Please make sure your digital camera is a D-SLR that can be used in monochrome mode.

<b>Instructor:</b>	Laura Piton			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$62 R / \$81 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110143A	Apr 4 - 25	Th 7-8:30 pm	16+	

Digital II

Digital Photography II is the extension of Digital Photography I. You will explore in-depth photo editing techniques discussed in Digital I. The following topics will be covered: color correction, brightness and contrast, replacing one part of the image with another, blurring an area of the photo which is in focus already, correcting for improper white balance, sharpening a blurred photo, creating a card in Word using a photo. Participants need to bring a laptop computer for this class.

<b>Instructor:</b>	Laura Piton			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$62 R / \$81 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110415A	Feb 7 - 28	Th 7-8:30 pm	16+	

Digital III: Fix Your Digital Pictures with Layers

Digital Photography III is taking the skills you learned in Digital II to another level utilizing the layers technique. Use all the tools you learned to make outstanding layers leading to better pictures! Layers allow you to remove unwanted items from your pictures and blend new layers into photos. Please bring a laptop to class equipped with Adobe Photoshop elements or Photoshop CC.

<b>Instructor:</b>	Laura Piton			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$62 R / \$81 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110057A	Mar 7 - 28	Th 7-8:30 pm	16+	

Cribbage

It's the perfect time to learn the game of cribbage or brush up on your game knowledge with Dan Selke. Cribbage can be played with 2, 3 or 4. It involves playing and grouping cards in combinations that gain points. This two week class provides you with all the information needed to start or improve your game. It is an inexpensive program offers you a wealth of fun with friends and family. All supplies are provided.

<b>Instructor:</b>	Dan Selke			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$12 R / \$16 NR			
<b>Age:</b>	18+			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>LEVEL</b>	
110065A	Apr 2 - 9	Tu 6-8 pm	Beginner	
110065B	Apr 16 - 23	Tu 1-3 pm	Intermediate	



Mom's Skin Clinic

Pamper yourself in our mini spa day just for you. Learn make-up application tips and tricks, proper skin care routines and much more. Hands-on demonstrations, mini make overs and goodie bags are included! Clinic is led by certified beauty consultants.

<b>Instructor:</b>	Bernadette			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	Free R / \$3 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110156A	Apr 3	W 10 am-12 pm	21+	

Mah Jongg-Beginners

Have you heard the hype about Mah Jongg? Are you interested in learning this fascinating ancient Chinese tile game? Would you like to keep your mind active and keep dementia at a distance; then this game is for you! Game play taught will be based on the American Standard Way. Once learned, this game can be played anywhere, making it a favorite. Classes will be taught by a professional Mah Jongg instructor with over 40 years of playing experience. All supplies are included for game play.

<b>Instructor:</b>	Vivian Zimmerman			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$85 R / \$110 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110071A	Feb 4 - Mar 18	M 10 am-12 pm	16+	
110071B	Apr 1 - May 13	M 10 am-12 pm	16+	

Mature Skin Care Clinic

As we age, our skin naturally begins to show signs of wear and tear. Learn to love the skin you have with new ideas and tips to highlight your beauty and give you a sense of renewal. Mini makeovers, samples and hands-on demonstrations are part of this fun filled morning. Clinic is led by certified beauty consultants.

<b>Instructor:</b>	Bernadette			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	Free R / \$3 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110155A	Mar 13	W 9-10 am	50+	

An Introduction to Voiceovers

Explore the fun, rewarding possibilities of the voiceover industry! Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. In this one-time, 2 hour, introductory class, you'll also learn about the different types of voiceovers and the tools you'll need to find success. Your instructor, a professional, working voice actor from Voices For All, will take notes as you read a real script, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation after you have completed the class.

<b>Instructor:</b>	Voices For All			
<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$49 R / \$65 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110062A	Apr 9	Tu 6-8 pm	18+	



An Introduction to Voiceovers-One-on-One Conference Class

Explore the fun, rewarding possibilities of the voiceover industry! Discover current trends and how they make it easy and affordable for just about anyone to get involved. You'll learn about different types of voiceovers and tools you'll need to find success. Your instructor, a professional voice actor from Voices For All, will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation after you have completed the class. One-time, 90-minute, introductory class. Learn more at <http://www.voicesforall.com/ooo>. Requires student have video chatting capabilities.

<b>Instructor:</b>	Voices For All			
<b>Location:</b>	Online Course			
<b>Fee:</b>	\$49 R / \$65 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110063A	Arranged with Instructor		18+	



Adults

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Bling Bling Bracelet

NEW!

Create this cute bracelet using beads, metal rings and a button. Also learn how to crimp beads. Super easy and super fun to make, add a little BLING to your life! An assortment of colors will be available to choose from. Makes a great mother/daughter night! All tools and supplies are included in the fee.

**Instructor:** Liz Credio  
**Location:** Recreation Center  
**Fee:** \$32 R / \$42 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
110157A Mar 26 Tu 6:30-8 pm 12+

Resin Pendants

NEW!

Create 2 resin pendants. Learn how to use UV resin to create layers of fun findings. Use different papers, foils, water transfer, watch parts and the findings to personalize your creations. You can even bring your own items to add! All tools and supplies are included in the fee.

**Instructor:** Liz Credio  
**Location:** Recreation Center  
**Fee:** \$45 R / \$56 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
110158A Mar 15 F 6-8:30 pm 12+

Organic Wrapped Bracelet

NEW!

Create this organic wire wrapped bracelet using bronze wire, beads and different fibers. Learn to ball up your wire and organically wrap the wire to create a beautiful whimsical bracelet. All tools and supplies are included in the fee.

**Instructor:** Liz Credio  
**Location:** Recreation Center  
**Fee:** \$36 R / \$47 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
110159A May 10 F 6-8 pm 14+

Rain Chain Bracelet

NEW!

Create this super cool rain chain metal bracelet using copper wire. Learn to ball wire and metal stamp as you add a hanging charm. All tools and supplies are included in the fee.

**Instructor:** Liz Credio  
**Location:** Recreation Center  
**Fee:** \$34 R / \$44 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
110160A Feb 9 Sa 10 am-12 pm 14+

Salad in a Jar Party

NEW!

Want to take control of your health this year? Let's start eating healthy! We want to set you up for success. Join our Salad in a Jar party! We will provide the ingredients. You can select your favorite ingredients to build your personal salad in a jar. The result is 5 healthy salads in a jar, all prepped for your week of healthy lunches! Please bring 5 Wide mouth-1 Quart canning jars, with their covers & a box large enough to carry them home.

**Instructor:** Cathy Pruium  
**Location:** Recreation Center  
**Fee:** \$21 R / \$27 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
110161A Feb 5 Tu 7-8 pm 16+  
110161B Mar 5 Tu 7-8 pm 16+

10 Day SHRED Workshop

NEW!

10 days of clean eating—that's what your body needs! Learn to read labels, discover hidden sugars in your foods, get assistance with tasty and healthy recipes and meal planning so you are set for success! Most people changing their diet and lifestyle fail because they do not plan ahead.

**Instructor:** Cathy Pruium  
**Location:** Recreation Center  
**Fee:** \$3 R / \$5 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
110162A Feb 12 Tu 7-8 pm 16+

Bridge

Bridge is a classic American card game that can be difficult to understand! The Level 1 class is great for new players and those needing a better understanding of the Standard American bidding used in the game.

**Instructor:** Nancy Miller  
**Location:** Recreation Center  
**\*Fee:** \$50 R / \$65 NR (\*A \$12 course book is a required purchase on the first day of class through instructor.)

**Level:** Level 1  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
109110A Feb 7 - Mar 28 Th 9:30-11:30 am 18+



BIRTHDAY PARTIES

**Art Parties @ Vogt Visual Arts Center**  
Enjoy a fun, creative party! Choose Arts & Crafts (age 5+) or Guided Canvas Painting (age 8+)  
Price: \$225 R / \$300 NR Call 708-342-4212 to reserve your date!

**Basketball Parties @ Bettenhausen Rec Ctr**  
Enjoy 2 hours of full court play to celebrate your day with up to 25 of our friends!  
\$200 R / \$300 NR Reserve @ Rec Ctr at least 30 days in advance!

**Pool Parties @ Tinley Fitness**  
Our pool is open for splash parties all year!  
Up to 30 Guests: \$225 R/\$325 NR  
31-40 Guests: \$275 R/\$375 NR  
41-50 Guests: \$325 R/\$425 NR  
Reserve your date at 708-342-4255; minimum 3-week notice required.

**Movie Party! @Performing Arts Ctr**  
A private theater for you and your friends includes a movie and popcorn and use of the McCarthy party room for food and gifts!  
Price: \$225 / \$300 Non resident  
Call 708-342-4212 to book your movie party today!

**Pit Stop Party Rentals @ Bettenhausen Rec Ctr**  
Throw a party or just relax and hang out with friends (25 max)!  
\$125 R / \$163 NR  
Book rentals at 708-342-4213; minimum 4-week notice required.

More information can be found at [www.tinleyparkdistrict.org/birthday-parties](http://www.tinleyparkdistrict.org/birthday-parties)



Jan 21	Resident Picnic Permits on Sale
Feb 1	Daddy Daughter Dance
Feb 9	Summer Camp Sneak Preview
Feb 9	Scholastic Book Fair
Feb 9	Tot Time Preschool Sneak Peek
Feb 15	Hot Wheels Races
Feb 22	Family BINGO
Mar 1	Water Park Passes ON SALE!
Mar 1	Dr. Seuss on the Loose
Mar 3	Irish Tea
Mar 3	Running O' the Green 5K Race
Mar 9	Arts & Crafts Fair
Mar 9	Southland's Got Talent Contest
Mar 15	Clover Hunt
Mar 21	Trip: Chicago Flower & Garden Show
Mar 23	Puzzle-Palooza
Mar 24	Trip: Hawks v. Avalanche
Mar 26	Jelly Bean Contest Begins
Mar 27	Grandparents' Tea Party
Apr 2	World's Greatest Mom Essay
Apr 7	Gnome Day
Apr 11	Trip: Univ of Chgo Tour
Apr 12	Pizza with Peter Rabbit
Apr 12	Flashlight Egg Hunt
Apr 13 & 14	Kidz Theater
Apr 17	Easter Hoppenings
Apr 20,26,27,28	One Flew Over The Cuckoo's Nest
Apr 21	Easter - Buildings CLOSED
Apr 27	Earth (Wind & Fire) Day
Apr 30	Trip: Farnsworth House
May 3	Mother/Son Date Night
May 4	Welcome to the BARK Side
May 4	Star Wars Twilight Golf
May 9	Trip:2nd City Classic Food Tour
May 11	GIANT Garage Sale
May 11	Comedy Improv Show
May 12	Mother's Day
May 14-16	Trip: Quad Cities Tour
May 17-19	Youth Theater Groups: "What If There Was This Kid?" and "Yearbook"
May 27	Memorial Day - Buildings CLOSED
Jun 8	Art Show & Sale @ Vogt Visual Arts



Adults

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Daytime Line Dancing — Beginner NEW!

This introductory class is for those who want to learn line dancing steps at a slower pace. Each thirty-minute class will cover steps for three different songs at a beginner level so come out and learn something new!

**Instructor:** Dee Ulrich  
**Location:** Recreation Center  
**Fee:** \$15 R / \$20 NR

PROGRAM #	DATE	DAY/TIME	AGE
108003A	Mar 6 - 27	W 11:15-11:45 am	18+
108003B	Apr 3 - 24	W 11:15-11:45 am	18+
108003C	May 1 - 22	W 11:15-11:45 am	18+



Daytime Line Dancing — Intermediate

This class is designed for those who love to dance, have previous dance experience and are familiar with line dance steps. This healthy low-impact dance and exercise program is always a hit! Come out and join us!

**Location:** Recreation Center  
**Fee:** \$30 R / \$39 NR

PROGRAM #	DATE	DAY/TIME	AGE	INSTRUCTOR
108818A	Feb 6 - 27	W 12-1:15 pm	18+	Bonnie Newcomer
108818B	Mar 6 - 27	W 12-1:15 pm	18+	Bonnie/Dee
108818C	Apr 3 - 24	W 12-1:15 pm	18+	Dee Ulrich
108818D	May 1 - 22	W 12-1:15 pm	18+	Dee Ulrich

Evening Line Dancing — Beginner NEW!

Beginners-don't be shy! No need for a partner for this fun class filled with a variety of dance styles and music. This healthy, low-impact dance and exercise program is sure to be a hit! Come out and join us!

**Instructor:** Ray Ulrich  
**Location:** Recreation Center  
**Fee:** \$15 R / \$20 NR

PROGRAM #	DATE	DAY/TIME	AGE
108004A	Mar 6 - 27	W 4:45-5:15 pm	18+
108004B	Apr 3 - 24	W 4:45-5:15 pm	18+
108004C	May 1 - 22	W 4:45-5:15 pm	18+

Evening Line Dancing — Intermediate

This healthy, low-impact dance and exercise program is sure to be a hit! This class is designed for those who love to dance, have previous dance experience and are familiar with line dance steps. Come out and join us!

**Location:** Recreation Center  
**Fee:** \$30 R / \$39 NR

PROGRAM #	DATE	DAY/TIME	AGE	INSTRUCTOR
108817A	Feb 6 - 27	W 5:30-6:45 pm	18+	Bonnie Newcomer
108817B	Mar 6 - 27	W 5:30-6:45 pm	18+	Bonnie/Ray
108817C	Apr 3 - 24	W 5:30-6:45 pm	18+	Ray Ulrich
108817D	May 1 - 22	W 5:30-6:45 pm	18+	Ray Ulrich

Mature Adults

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Indy Drop-In Center

The Indy Drop-In Center is a multi-purpose drop in room where Adults 55+ can socialize, enjoy refreshments, meet up with friends after a workout, read, or just relax. Benefits offered with the membership include discounts on monthly luncheons and special events, discounted admission to the Spring Fling and Holiday Party banquets, free breakfast items and coffee during open hours, surprise snack days and more. Additionally, on occasion members will be able to enjoy informative seminars, live music, and special events. Membership to the Indy Drop-In Center is on a March 1-February 28 basis. Memberships bought throughout the year will end on the last day of February, regardless of when the membership was purchased.

**Very Important:** Participants at the Indy Drop-In must be self-maintained, as no medical services are available on site.

**Instructor:** Senior Coordinator  
**Location:** Recreation Center  
**Fee:** \$16 R / \$21 NR

PROGRAM #	DATES	DAY/TIME	AGE
508800A	Mar 1, 2019 - Feb 28, 2020	Tu, Th 9 am-2 pm	55+

Monthly Luncheons

The Park District offers luncheons at the Drop-In Center on the third Tuesday of each month for adults 55 and over. Catch up with friends over a nice home cooked meal! Registration is due one week before the luncheon. Meals will be served at approximately 11:30 am.

**Location:** Recreation Center  
**Fee:** \$4 Indy Room member / \$6 Non-member

PROGRAM #	DATE	DAY/TIME	AGE	THEME/MEAL
108801A	Feb 19	Tu 11 am-1 pm	55+	Presidents Day/Meatloaf & Chicken
108801B	Mar 19	Tu 11 am-1 pm	55+	St Patrick's Day/Brunch
108801C	Apr 16	Tu 11 am-1 pm	55+	Easter/Lamb & Ham

Spring Fling

Celebrate the end of winter with a celebration of spring with a buffet style meal catered by Parmesans, live entertainment by Just Friends, a five piece voice all female ensemble, free raffles and more! Meal will be served at approximately 11:30 am.

**Location:** Recreation Center  
**Fee:** \$2 Indy Room member / \$6 Non-member

PROGRAM #	DATE	DAY/TIME	AGE
108801D	May 21	Tu 11 am-2 pm	55+

Thank you to our Monthly Luncheon Sponsors: Evergreen Senior Living, Edward Jones – Dan Lekki, Resource 55 and Windsor Estates

Bingo FREE!

Are you looking to have fun with your friends and win some cool prizes at the same time? Then come out for an afternoon of Bingo with us! Registration is due one week prior to Bingo.

**Location:** Recreation Center  
**Fee:** Free!

PROGRAM #	DATE	DAY/TIME	AGE	SPONSOR
111804A	Feb 7	Th 12:30-2 pm	55+	Pointe At Kilpatrick
111804B	Mar 7	Th 12:30-2 pm	55+	Pointe At Kilpatrick
111804C	Apr 4	Th 12:30-2 pm	55+	Edward Jones-Dan Lekki
111804D	May 2	Th 12:30-2 pm	55+	CIBC
111804E	Jun 6	Th 12:30-2 pm	55+	Edward Jones - Dan Lekki



# Mature Adults

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Pizza Party!

Join us on the first Thursday of each month for a pizza party, offered right here in the Indy Drop-In. Just sign up and pay per slice by 10:30 am on the day of the party and you're in! Bring your friends too! Registration and payment will be done in the Indy Drop-in Room. Pizza is served around 11:15-11:30 am.

<b>Location:</b>	Recreation Center	
<b>Fee:</b>	Varies – Check with Indy Room Coordinator on the day of the event	
<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
Feb 7	Th 10:30 am-12 pm	55+
Mar 7	Th 10:30 am-12 pm	55+
Apr 4	Th 10:30 am-12 pm	55+
May 2	Th 10:30 am-12 pm	55+
Jun 6	Th 10:30 am-12 pm	55+

## Rules of the Road

The Secretary of State offers a refresher class free of charge. Register up to one week before date of class. This program is not connected with 55 Alive through AARP.

<b>Instructor:</b>	Secretary of State Representative		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	Free		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
108812A	Feb 8	F 10 am-12 pm	Adult
108812B	May 10	F 10 am-12 pm	Adult

### MEMORIAL TREE & BENCH PROGRAM

Are you looking for a unique tribute in memory of a loved one? Planting a tree is a living celebration that lasts for generations! A memorial bench is a permanent remembrance of a special person or an outstanding accomplishment.

The Memorial Tree & Bench Program is affordable and allows you to choose the park and area for your tree or bench. For complete information, visit our website or pick up the brochure at the Rec Center.

Tony Bettenhausen Rec Center, 8125 W 171st St, Tinley Park, IL  
www.tinleyparkdistrict.org 708-342-4200





### AARP Smart DriverTEK Workshop

Smart DriverTEK is a brand new 90 minute workshop offering an interactive way to stay up to date with the latest safety technology in your current or future car. Learn all about blind-spot detection systems, front-collision warning systems, and much more. Register at [www.aarp.org](http://www.aarp.org) or call 1-877-805-4115. Fee will be collected by AARP representative the day of the class.

**Instructor:** AARP Representative  
**Location:** Recreation Center  
**Fee:** Free

<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
Mar 20	W 10-11:30 am	50+
May 1	W 10-11:30 am	50+



REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## AARP Smart Driver Class

This course teaches you how to reduce driver distractions, deal with aggressive drivers, techniques for handling left turns, right-of-ways, and roundabouts. It also gives you the proper use of new technology found in today's cars. The course is based on the latest driver safety research and insights. Learn evidence-based safe driving strategies and refresh your knowledge of the latest rules and hazards of the road. Fee will be collected by AARP representative the day of the class. Please call (708)342-4200 to RSVP. Remember to bring your AARP card the day of the class.

<b>Instructor:</b>	AARP Representative	
<b>Location:</b>	Recreation Center	
<b>Fee:</b>	\$15 for AARP members / \$20 for non-members	
<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
Feb 27	W 8:30 am-5 pm	55+
Apr 3	W 8:30 am-5 pm	55+



## AARP Tax Preparation

The Tinley Park-Park District offers this annual FREE service for Adults 55 and over. Volunteers from the American Association of Retired Persons (AARP) trained through the Internal Revenue Service (IRS) will be available to assist ONLY Adults 55 and over with income tax returns. We will begin taking tax appointments on Wednesday, January 16 at 9:00am for Tinley residents. We will start taking appointments for non-residents on Thursday, January 24. Call the Park District at (708)342-4200 to make an appointment. Please bring all necessary tax documentation to your appointment including your ID, social security card and last year's tax returns. We will have a waiting list available. Appointments are based on a first come basis.

<b>Instructor:</b>	AARP Volunteers	
<b>Location:</b>	Recreation Center	
<b>Fee:</b>	Free	
<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
Feb 4 - Apr 10	M,W,F 9 am-2 pm	55+

## Spanish for Seniors

Have you always wanted to learn a foreign language, but never had the opportunity? Are you planning a vacation to a Spanish-speaking country? Learning a foreign language is a great opportunity to keep your mind active while broadening your horizons. In this relaxed small-class environment you will learn Spanish conversation, grammar, and phonetics.

<b>Instructor:</b>	Language in Action, Inc.		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$76 R / \$99 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
110111A	Feb 8 - Mar 8	F 12-1 pm	55+
110111B	*Mar 15 - Apr 19	F 12-1 pm	55+
110111C	Apr 26 - May 24	F 12-1 pm	55+

\*Please note: no class Mar 29

Mature Adults

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Tap Dancing for Seniors

Get those toes tapping for some fun and good, old fashioned exercise. Adult tap class is for the beginner and for those who have danced before. Everyone will learn brushes to time steps. Wear comfortable clothes and tap shoes. Students can purchase the shoes on their own or through the instructor.

Instructor:	Yvonne Arthur		
Location:	Recreation Center		
Fee:	\$62 R / \$81 NR		
PROGRAM #	DATE	DAY/TIME	AGE
108819A	Feb 5 - Mar 26	Tu 6-6:45 pm	55+
108819B	Feb 6 - Mar 27	W 10:15-11 am	55+
108819C	Apr 9 - May 28	Tu 6-6:45 pm	55+
108819D	Apr 10 - May 29	W 10:15-11 am	55+

Jazz Dance for Seniors

Come dance with us to the jazz style of some of the great musical productions: *W Side Story*, *Chicago*, and *a Chorus Line*. Jazz dancing is great exercise and helps with flexibility. Jazz dance is fun, energetic and showcases a dancer's individual style! Wear comfortable clothes. Check with instructor regarding shoes.

Instructor:	Yvonne Arthur		
Location:	Recreation Center		
Fee:	\$62 R / \$81 NR		
PROGRAM #	DATE	DAY/TIME	AGE
109023A	Feb 5 - Mar 26	Tu 7-7:45 pm	55+
109023B	Feb 6 - Mar 27	W 11:15 am-12 pm	55+
109023C	Apr 9 - May 28	Tu 7-7:45 pm	55+
109023D	Apr 10 - May 29	W 11:15 am-12 pm	55+

Acting & Improv For Senior Citizens

Are you ready to have FUN and take the stage; learning all you'll need to perform comedic and dramatic roles? In this ongoing program, seniors will be taught acting and improv techniques to prepare for a wide variety of theatre, film, television, and commercials. Learn from a working producer/actor/director/writer with credits on stage, in film and television. Whether this is your first time acting or you're a seasoned veteran, this is the class for you. A number of acting opportunities await you: It's YOUR TIME!

Instructor:	Daniel Wm. DeWalt, Artistic/Executive Director, Covered Bridge Studios		
Location:	McCarthy Recreation Building		
Fee:	\$95 R / \$124 NR		
PROGRAM #	DATE	DAY/TIME	AGE
109035A	Mar 27 - May 1	W 7:30-9 pm	55+

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REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Health & Fitness

Fitness Yoga

This quicker-paced yoga class will build strength, flexibility, and stamina through challenging postures and stretch work. We will strengthen outer and core muscles by using our own body weight as resistance- great for balancing out the body. Advanced and beginning modifications will be given to accommodate all fitness levels. Please bring a yoga mat and water to class each day.

Instructor:	Jennifer Raleigh		
Location:	Recreation Center		
Fee:	\$47 R / \$61 NR		
PROGRAM #	DATE	DAY/TIME	AGE
104410A	Feb 21 - Mar 28	Th 10:30-11:30 am	16+
104410B	Feb 21 - Mar 28	Th 7-8 pm	16+
104410C	Apr 11 - May 16	Th 10:30-11:30 am	16+
104410D	Apr 11 - May 16	Th 7-8 pm	16+

Hatha Yoga

Relaxation techniques will focus on the yoga method of breathing. It is believed to relieve stress and promote self-directed relaxation. The exercises or body postures are known to maintain flexibility, strength and good balance. An emphasis will be placed on the absolutely non-competitive nature of Hatha Yoga. Every class will end on a meditative note as we cool down with deep breathing and important stretching movements. This is an extended 7 week class!

Instructor:	Marcia Stanek		
Location:	Recreation Center		
Fee:	\$48 R / \$62 NR		
PROGRAM #	DATE	DAY/TIME	AGE
104461A	Feb 13 - Mar 27	W 11 am-12 pm	18+
104461B	Feb 15 - Mar 29	F 10:30-11:30 am	18+
104461C	Apr 10 - May 22	W 11 am-12 pm	18+
104461D	Apr 12 - May 24	F 10:30-11:30 am	18+

Yoga: The Next Step

This class is for students who have been in yoga class for 1 to 2 years. They've done poses many times. But is there more? Yes! We'll spend time exploring the subtleties of the yoga asanas, and how to move more deeply into the poses. For the experienced yoga student; 1 to 2 years of previous classes is required. Please bring a yoga mat and a blanket to class.

Instructor	Marcia Egan		
Location:	Recreation Center		
Fee:	\$44 R / \$58 NR		
PROGRAM #	DATE	DAY/TIME	AGE
104472A	Feb 27 - Apr 3	W 6:15-7:15 pm	18+
104472B	Apr 17 - May 22	W 6:15-7:15 pm	18+

Yoga

The ancient science of yoga allows you to unfold into a harmonious, fulfilling and healthy life. Increase your flexibility through gentle movement and learn how to concentrate on breathing to reduce stress. This class will also touch on topics such as nutrition and hygiene. Wear loose fitting clothing and bring a workout mat and towel.

Instructor:	Peggy Ford		
Location:	Recreation Center		
Fee:	\$48 R / \$63 NR		
PROGRAM #	DATE	DAY/TIME	AGE
104460A	Feb 12 - Mar 19	Tu 6-7 pm	18+
104460B	Apr 2 - May 7	Tu 6-7 pm	18+

Stress Management Yoga

Do you need to reduce stress, or let go of tension in your mind and body? This gentle class will teach you stress management techniques to reduce muscle tension, focus to relax the mind and lower blood pressure. Class includes breathing techniques, poses, deep relaxation, guided visualization, and more. Standing, seated, and floor poses also included. Please bring a yoga mat and a blanket to class.

Instructor:	Marcia Egan		
Location:	Recreation Center		
Fee:	\$44 R / \$58 NR		
PROGRAM #	DATE	DAY/TIME	AGE
104471A	Feb 27 - Apr 3	W 7:30-8:30 pm	18+
104471B	Apr 17 - May 22	W 7:30-8:30 pm	18+

Yoga for Beginners

This class is designed as an introduction to the practice of yoga. Class is slower paced and focused on developing clear and safe alignment in foundational poses. Come to learn and enjoy in a supported environment. You don't need to be able to touch your toes; you just have to be willing to try. Please bring a mat, non fleece blanket or large towel.

Instructor:	Marcia Egan		
Location:	Recreation Center		
Fee:	\$44 R / \$58 NR		
PROGRAM #	DATE	DAY/TIME	AGE
104495A	Feb 25 - Apr 1	M 6:45-7:45 pm	18+
104495B	Apr 15 - May 20	M 6:45-7:45 pm	18+



## Health & Fitness

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

### Fitness Fun Card



Want to try a fitness class, but aren't sure what's right for you? The Fitness Fun Card allows you to try 5 classes of your choice. If you register for a full session of a class you tried, you get \$2 off the session fee! Valid only for classes held at the Tony Bettenhausen Recreation Center. Card is valid for 6 months from date of purchase.

**Location:** Recreation Center  
**Fee:** \$25 R / \$33 NR  
**PROGRAM #** **AGE**  
104413A 21+

### Drop-in Fitness Class



If you don't have the time to commit to a weekly exercise class, or you want to try one of our classes before you register, drop-in! This option allows you to take one fitness class. Please call ahead to confirm class is running, 708-342-4200. Adults only!

**Location:** Recreation Center  
**Fee:** \$9 R / \$13 NR

### Gentle Tai Chi

Explore this ancient form of slow and continuous movement. This easy Tai Chi form has been modified for people with special physical considerations, such as knee/back pain, arthritis, etc.. Class will feature a short warm-up, a simple qigong set, instruction in the 12-movement Tai Chi form and cool down movements.



**Instructor:** Samuel Johnson  
**Location:** Recreation Center  
**Fee:** \$70 R / \$91 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104423A	Feb 15 - Mar 22	F 5-6 pm	18+
104423B	Apr 5 - May 10	F 5-6 pm	18+

### Tai Chi for Health

Explore short Tai Chi routines organized by Tai Chi and medical experts for health purposes. Tai Chi is recognized for improving posture, balance, flexibility and respiration and other health benefits. The easy to learn sets allow you to relax and enjoy the classic movements. Class consists of warm-ups, instruction in a Tai Chi form, and cool down. Forms can be modified so that students of all ability levels can enjoy Tai Chi.

**Instructor:** Diane Ryan  
**Location:** Recreation Center  
**Fee:** \$50 R / \$65 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104008A	Feb 12 - Mar 19	Tu 9:30-10:30 am	18+
104008B	Apr 2 - May 7	Tu 9:30-10:30 am	18+

### Classic Styles of Yang Tai Chi

Enjoy the classic Yang family Tai Chi forms of Lao (Old) Yang and Secret Yang Family Style that are complete body-mind-spirit practices. Explore the ten essential principles of Tai Chi and how to achieve balance and relaxation using the opposing values of Yin and Yang in posture, movement, and intention.

**Instructor:** Diane Ryan  
**Location:** Recreation Center  
**Fee:** \$65 R / \$85 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104019A	Feb 13 - Mar 20	W 6:30-7:30 pm	18+
104019B	Apr 3 - May 8	W 6:30-7:30 pm	18+

IT'S NEVER TOO LATE TO LEARN SOMETHING NEW... CHECK OUT OUR PIANO AND GUITAR LESSONS ON PAGES 28 & 29!

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Health & Fitness

### Pilates

Students get an intensive workout with a focus on core conditioning working at their own pace in class. Pilates trains the muscles in the center of the body to contract inward to support all parts of the body, with emphasis on spine and pelvic alignment to build strength, flexibility, stamina and control through flowing exercises. Please bring a sticky mat and water to class.

**Instructor:** Jennifer Raleigh  
**Location:** Recreation Center  
**Fee:** \$47 R / \$61 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104487A	Feb 23 - Mar 30	Sa 8:15-9:15 am	16+
104487B	Apr 13 - May 18	Sa 8:15-9:15 am	16+

### Low-Impact Zumba

This low-impact class is perfect for the Zumba newbie or for someone easing back into a fitness routine. We'll dance to Latin/world rhythms to work up a healthy "glow." Bring water and a sense of adventure.

**Instructor:** Kim Bennett  
**Location:** Recreation Center  
**Fee:** \$41 R / \$54 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104414A	*Feb 12 - Mar 26	Tu 10:15-11 am	18+
104414B	*Feb 15 - Mar 29	F 10:15-11 am	18+
104414C	Apr 2 - May 7	Tu 10:15-11am	18+
104414D	Apr 5 - May 10	F 10:15-11 am	18+
104414E	May 14 - Jun 18	Tu 10:15-11am	18+
104414F	May 17 - Jun 21	F 10:15-11 am	18+

\*Please note: no class Mar 8 or 12

### Pilates Barre Blend

This class will combine classical Pilates mat work and standing work with Barre strength and stretch work. This fitness focused class will leave participants feeling lean and aligned through core and posture work. No dance or Pilates experience is required! Please bring a mat, bare feet or grippy socks recommended, remember your water bottle!

**Instructor:** Jennifer Raleigh  
**Location:** Recreation Center  
**Fee:** \$47 R / \$61 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104497A	Feb 21 - Mar 28	Th 6-6:55 pm	16+
104497B	Apr 11 - May 16	Th 6-6:55 pm	16+

### Basic Fitness & Toning

This class is designed for beginners or people getting back into a fitness frame of mind. After a light warm-up we will use our own body weight, resistance bands and fitness balls for a nice overall fitness and toning workout. All exercises can be adapted to any fitness levels, so don't be intimidated! Don't forget your water bottle.

**Instructor:** Kim Bennett  
**Location:** Recreation Center  
**Fee:** A-H \$41 R / \$54 NR  
I \$34 R / \$44 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104494A	*Feb 11 - Mar 25	M 9:15-10 am	18+
104494B	*Feb 13 - Mar 27	W 9:15-10 am	18+
104494C	*Feb 15 - Mar 29	F 9:15-10 am	18+
104494D	Apr 1 - May 6	M 9:15-10 am	18+
104494E	Apr 3 - May 8	W 9:15-10 am	18+
104494F	Apr 5 - May 10	F 9:15-10 am	18+
104494I	*May 13 - Jun 17	M 9:15-10 am	18+
104494G	May 15 - Jun 19	W 9:15-10 am	18+
104494H	May 17 - Jun 21	F 9:15-10 am	18+

\*Please note: no class Mar 6, 8 or 11 and May 27

### Butts & Guts Boot Camp

An intense workout focused on the lower body, designed to sculpt and firm your core, butt and thighs, includes but is not limited to: squat & lunge variations, fitness balls, resistance bands, and plenty of mat-work. *All fitness levels welcome* - you'll work at your own pace to achieve **your** personal best. Bring a water bottle and a towel.

**Instructor:** Kim Bennett  
**Location:** Recreation Center  
**Fee:** \$48 R / \$63 NR  

PROGRAM #	DATE	DAY/TIME	AGE
104476A	*Feb 12 - Mar 26	Tu 9:15-10 am	16+
104476B	*Feb 12 - Mar 26	Tu 6:30-7:15 pm	16+
104476C	Apr 2 - May 7	Tu 9:15-10 am	16+
104476D	Apr 2 - May 7	Tu 6:30-7:15 pm	16+
104476E	May 14 - Jun 18	Tu 9:15-10 am	16+
104476F	May 14 - Jun 18	Tu 6:30-7:15 pm	16+

\*Please note: no class Mar 12



## Health & Fitness

REGISTRATION DEADLINE IS ONE  
WEEK PRIOR TO START OF EACH  
CLASS UNLESS OTHERWISE NOTED

### Spin Into Strength

Combine the intense spin cardio workout with a strength portion for a total body workout. Spinning provides a great cardio workout building stamina and endurance as well as target training for toned legs. Adding the strength training portion provides a great workout for your whole body! This class will be split between spinning and strength.

**Instructor:** Eileen Conneely  
**Location:** Recreation Center  
**Fee:** A \$66 R / \$85 NR  
B \$75 R / \$97 NR

PROGRAM #	DATE	DAY/TIME	AGE
104443A	Feb 7 - Mar 21	Th 7:30-8:25 pm	16+
104443B	Apr 4 - May 23	Th 7:30-8:25 pm	16+

### Barre-Balance Strength & Power

Participants will build strength and flexibility while working at the barre and in the center of the room. Hand weights, body bars and other small props will be used in class with emphasis on alignment, core engagement and foot strengthening. Class brings dance conditioning techniques to the non-dancer. Bare feet or grippy socks recommended,

**Instructor:** Jennifer Raleigh  
**Location:** Recreation Center  
**Fee:** \$47 R / \$61 NR

PROGRAM #	DATE	DAY/TIME	AGE
104492A	Feb 23 - Mar 30	Sa 9:30-10:30 am	16+
104492B	Apr 13 - May 18	Sa 9:30-10:30 am	16+

### Beginning Strength for Women

If you've wanted to add strength training to your exercise regimen, this class will teach you how to use weights, bands and your body weight to tone and strengthen your body. Reasons why you should strength train: it protects bone health and muscle mass, makes you stronger and fitter, plays a role in disease prevention, boosts energy levels, improves your mood, and it burns calories!

**Instructor:** Eileen Conneely  
**Location:** Recreation Center  
**Fee:** A \$54 R / \$70 NR  
B \$60 R / \$78 NR

PROGRAM #	DATE	DAY/TIME	AGE
104018A	*Feb 4 - Mar 18	M 10-10:45 am	18+
104018B	*Apr 1 - May 20	M 10-10:45 am	18+

### Yoga-Chair

Intimidated by the yoga poses? Chair Yoga uses modified poses while seated in a chair. In addition to a good stretch, participants can enjoy the other yoga benefits including improved muscle tone, better breathing habits, reduced stress, better sleep and a sense of well-being.

**Instructor:** Eileen Conneely  
**Location:** Recreation Center  
**Fee:** A \$54 R / \$70 NR  
B \$60 R / \$78 NR

PROGRAM #	DATE	DAY/TIME	AGE
104015A	*Feb 4 - Mar 18	M 11-11:45 am	18+
104015B	*Apr 1 - May 20	M 11-11:45 am	18+

\*Please note: no class Feb 18 and Apr 22

### Belly Babes Craft & Dance

Relieve that cabin fever and get ready for spring! This class would make an amazing Ladies Night Out or Parent/Child activity. Step 1: make a simple ankle bracelet from colorful beads, baubles and bling. Step 2: wear your fun, flirty ankle bracelet and a jingle skirt (included in fee) while you learn some easy fitness choreography including several belly dance moves that will bump up your cardio and work your core. Wear comfy clothes and shoes you can dance in. Please bring a water bottle.

**Instructor:** Kim Bennett  
**Location:** Recreation Center  
**Fee:** \$25 R (\$20 Additional R) / \$33 NR (\$26 Additional NR)

PROGRAM #	DATE	DAY/TIME	AGE
104021A	Feb 9	Sa 2:30-4:30 pm	16+
104021B	Feb 23	Sa 6:30-8:30 pm	16+
104021C	Mar 23	Sa 2:30-4:30 pm	16+
104021D	Mar 30	Sa 6:30-8:30 pm	16+
104021E	Apr 13	Sa 2:30-4:30 pm	16+
104021F	Apr 27	Sa 6:30-8:30 pm	16+
104021G	May 11	Sa 2:30-4:30 pm	16+



REGISTRATION DEADLINE IS ONE  
WEEK PRIOR TO START OF EACH  
CLASS UNLESS OTHERWISE NOTED

## Health & Fitness

### Intermediate Fitness & Tone

Fine tune your fitness routine by balancing strength, cardio and flexibility. Learn to safely incorporate fitness equipment (weights, bands, balls etc.), mat work and body weight exercises into an effective workout tailored to your abilities. Wear comfy clothes and bring a towel and plenty of water!

**Instructor:** Kim Bennett  
**Location:** Recreation Center  
**Fee:** A-E \$49 R / \$54 NR  
F \$42 R / \$53 NR

PROGRAM #	DATE	DAY/TIME	AGE
104022A	*Feb 11 - Mar 25	M 8:15-9 am	18+
104022B	*Feb 15 - Mar 29	F 8:15-9 am	18+
104022C	Apr 1 - May 6	M 8:15-9 am	18+
104022D	Apr 5 - May 10	F 8:15-9 am	18+
104022F	*May 13 - Jun 17	M 8:15-9 am	18+
104022E	May 17 - Jun 21	F 8:15-9 am	18+

\*Please note: no class Mar 8, 11 and May 27



### Cardio Drumming

Release your inner rock star while you get an all-over body workout and some excellent cardio. We'll use standard drumsticks to drum on exercise balls. Bring a water bottle and dress to move comfortably.

**Instructor:** Kim Bennett  
**Location:** Recreation Center  
**Fee:** A-D & F \$48 R / \$63 NR  
E \$40 R / \$52 NR

PROGRAM #	DATE	DAY/TIME	AGE
104001A	*Feb 11 - Mar 25	M 10:15-11 am	16+
104001B	*Feb 12 - Mar 26	Tu 6:30-7:15 pm	16+
104001C	Apr 1 - May 6	M 10:15-11 am	16+
104001D	Apr 2 - May 7	Tu 6:30-7:15 pm	16+
104001E	*May 13 - Jun 17	M 10:15-11 am	16+
104001F	May 14 - Jun 18	Tu 6:30-7:15 pm	16+

\*Please note: no class Mar 11, 12 and May 27



# SPRING BREAK CAMPS

## Spring Break Floor Hockey Camp

Our floor hockey camp is designed to teach the rules and mechanics of passing, shooting, puck control, defense and offense in a fun and safe environment. Participants must use our hockey sticks and come to each class with a hockey helmet or bike helmet.

**Instructor:** All Star Sports Instructions, Inc.

**Location:** Recreation Center

**Fee:** \$46 R / \$60 NR

PROGRAM #	DATE	DAY/TIME	AGE
106205A	Mar 25 -29	M-F 12:30-1:30 pm	6-9

## Spring Break Basketball Camp

Whether you are a beginner or advanced player, participants will learn new or fine tune their current basketball skills, while working on their coordination and motor skills through a series of fun activities. Players will be separated into appropriate skill levels so the best possible instruction can be provided.

**Instructor:** All Star Sports Instructions, Inc.

**Location:** Recreation Center

**Fee:** \$46 R / \$60 NR

PROGRAM #	DATE	DAY/TIME	AGE
106631A	Mar 25 - 29	M-F 9-10 am	5-6
106631B	Mar 25 - 29	M-F 10-11 am	7-8
106631C	Mar 25 - 29	M-F 11am-12 pm	9-10

## Spring Break Future Pros Soccer Camp

Whether you are excited to learn soccer or you know the game well, this camp is for you! The Future Pros staff consists of professionals from around the world and they have developed a unique training program for all ages and abilities. Participants will receive a free t-shirt and soccer ball.

**Instructor:** Future Pros Staff

**Location:** Freedom Park

**Fee:** \$55 R / \$72 NR (A)  
\$95 R / \$124 NR (B)

PROGRAM #:	DATE	DAY/TIME	GRADE
106624A	Mar 25 - 29	M-F 1-2:30 pm	1st-4th
106624B	Mar 25 - 29	M-F 1-4 pm	5th-8th

## Chess Scholars Spring Break Chess Camp

This camp is great for both beginners and experienced young players. Each class will consist of a fun interactive teaching period and guided practice time. Both new and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars Coach. There will also be a chess competition with prizes!

**Instructor:** Chess Scholars Coach

**Location:** Recreation Center

**Fee:** \$206 R / \$268 NR

PROGRAM #	DATE	DAY/TIME	GRADE
102099A	Mar 25 - 29	M-F 9 am-12pm	K-8th

## Spring Break Art Camp

Come explore art with us during your Spring Break! We will experiment with new techniques and products to use in art. We will draw, work with paint and mixing colors, paint pictures to hang in your room, and play art games just for fun. We will also create a team picture to hang on our last day in the Park District building (location TBD). All supplies are included in the registration fee.

**Instructor:** Marlo Steinke

**Location:** Recreation Center

**Fee:** \$55 R / \$72 NR

PROGRAM #	DATE	DAY/TIME	AGE
109019A	Mar 25 - 29	M-F 9:30am-12:30pm	8-11

## Spring Break Hours at the Pit Stop

Look for extended Spring Break open play hours and special themed events in the Pit Stop. Check out the calendar in the Pit Stop or call for hours.

REGISTRATION DEADLINE IS ONE  
WEEK PRIOR TO START OF EACH  
CLASS UNLESS OTHERWISE NOTED

## Athletics

**Athletic Program and League Weather Hotline Number: (708) 342-4346**

### League Information Online

Both youth and adult league information is available online at [tinleyparkdistrict.org](http://tinleyparkdistrict.org). You can access the information by clicking on the "Sports League" tab, and then "All Youth and Adult Sports Leagues". The site will provide general league information, schedules and league weather updates.

**Field Rentals and Conditions:** Several athletic fields throughout the Tinley Park-Park District are available for rentals. All field requests and paperwork must be submitted to the Athletic Supervisor, Ron Woodworth. If you have questions, please contact Ron at (708) 342-4200. Field conditions can also be found on our website at [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org).

### Recreation Center Batting Cage Rental

Looking to give your team more practice or just want to have some fun? Our batting cage will offer opportunities for all ages. Slow pitch to fast pitch baseball and a pitching mound. Rentals include enough space to have team meetings, go over fielding assignments or run small drills while others are working on their swinging or pitching in the cage. **Rental reservation requests require a minimum of 4 days advance notice. To request a rental, contact the Athletic Supervisor, Ron Woodworth, at (708) 342-4200. Rental requests are handled on a first come-first served basis.**

**Location:** Recreation Center

**Group or Individual Fee:** \$13 R / \$20 NR(per 30 minutes)

**Please note:** Maximum of 12 people allowed in the room per time during rentals.

### Youth Athletic League Registration and Information

Refunds may be pro-rated if uniforms and awards have been ordered or if the league has begun. Participants will be contacted within one week prior to program's start date by the coach. Coaches will provide the time and location of the first meeting.

### Volunteer Coaches

Many of our youth athletic programs depend on volunteer coaches. Coaching your child's team offers many benefits such as teaching the value of good sportsmanship, learning about a sport together and creating lifelong bonds and memories. Not only will your child will make new friends, but you will too! We understand families are busy with school, work, and other activities. Sharing coaching responsibilities is always possible.



When you see this symbol, please volunteer! Stop by the Rec Center front desk and fill out a Volunteer Coaching application. We offer voluntary certification courses making a head coach eligible for registration discounts. Contact the Athletic Supervisor, Ron Woodworth, for details. Thank you.

### Friendship Request Procedures

Participants are only allowed to make one request per league. We try to fulfill a reasonable number of friendship requests but none are guaranteed. Those that are granted will be limited in order to keep all teams evenly balanced. Siblings with the same last name and address will be placed on the same team unless otherwise noted. Requests for specific coaches will not be honored. Requests made after the registration deadline will not be honored. Coaches are not allowed to make requests; coaches children will automatically be placed on their teams.



# Youth Athletics

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Youth Developmental Basketball Leagues



Teams will meet one or two times per week for an hour each time. Each participant will receive a basketball jersey to keep and compete in an eight game schedule! Participation awards will be given out and scores will be kept at games! **Registration will end February 4 or when program is filled. Volunteer coaches are needed.**

<b>Instructor:</b>	Volunteer Coaches		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$70 R (\$60 Add'l R) / \$91 NR		
PROGRAM #	DATE	DAY/TIME	GRADE
106634A	*Feb 19-Apr	Tu, Th 5:30 pm	1st-2nd CO-ED
106634B	*Feb 19-Apr	Tu 6:30, 7:20 or 8:10 pm Sa 10:30, 11:20 am or 12:10 pm	3rd-4th BOYS
106634C	*Feb 19-Apr	Tu 6:30, 7:20 or 8:10 pm Sa 10:30, 11:20 am or 12:10 pm	3rd-5th GIRLS
106634D	*Feb 21-Apr	Th 6:30, 7:20 or 8:10 pm Sa 10, 10:50, 11:40 am	5th-6th BOYS
106634E	*Feb 21-Apr	Th 6:30, 7:20 or 8:10 pm Sa 10, 10:50, 11:40 am	6th-8th GIRLS
106634F	*Feb 21-Apr	Th 6:30, 7:20 or 8:10 pm Sa 10, 10:50, 11:40 am	7th-8th BOYS

\*Please note: no games or practices on Mar 30

## Co-ed Pre-K/Kindergarten Basketball League



Teams will practice for about 30 minutes, followed by a 30-minute scrimmage game with another team. Each participant will receive a basketball jersey to keep and compete in an eight game schedule. Participation awards will be given out! **Registration ends February 4 or when program is filled. Volunteer coaches are needed.**

<b>Instructor:</b>	Volunteer Coaches		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$65 R (\$55 Add'l R) / \$85 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106010A	*Feb 16 - Apr 13	Sa 9 or 10 am	4-6

\*Please note: no games on Mar 30

## High School Basketball League



Teams will meet one time on Sunday as they will play two 20 min halves. The park district will supply their own matching jerseys with numbers. Standings will be kept and an end-of-the-year tournament will be held with prizes. IHSA basketball players are not allowed to participate. **Registration ends February 4 or when program is filled. Volunteer coaches are needed.**

<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$70 R / \$91 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106632A	Feb 10 - Apr	Su 1, 1:50 or 2:40 pm	14-19

## Kickball

Kickball is enjoyed by school age children and is similar to baseball. Basic rules will be gone over before each game. Teams will be organized by Park District staff and we also will act as the home plate umpire so fun can be enjoyed by all. This is a co-ed program!

<b>Instructor:</b>	Athletic Staff		
<b>Location:</b>	McCarthy Park		
<b>Fee:</b>	\$38 R / \$50 NR		
PROGRAM #	DATE	DAY/TIME	GRADE
106671A	Mar 26 - Apr 23	Tu 5-6 pm	2nd-4th

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Little Dunkers

This is the perfect program to learn the fundamentals of basketball and have lots of fun! Adults will be encouraged to get involved. Each participant will receive a Little Dunkers shirt.

<b>Instructor:</b>	Ian Wexell		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$42 R / \$55 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106108A	Mar 9 - Apr 6	Sa 11:30 am-12:30 pm	4-5

## Junior Jammers

This is the next program to continue to practice those beginner basketball skills. The first half we will practice basic skills and then lead into some 5-on-5 games. You do not have to attend Little Dunkers to join this program. Adults will be encouraged to get involved in the fun. Each participant will receive a Junior Jammers shirt.

<b>Instructor:</b>	Ian Wexell		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$42 R / \$55 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106109A	Feb 2 - Mar 2	Sa 11:30 am-12:30 pm	6-8

## Stretch and Grow with Sports

This fun filled class teaches youngsters teamwork and sportsmanship, while attempting to spark an interest in sports. Kids will get exercise while playing in a variety of sports and group activities. Adults are encouraged to participate.

<b>Instructor:</b>	Ian Wexell		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$34 R / \$45 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106105A	Feb 2 - Mar 2	Sa 9:45-10:30 am	3-5
106105B	Mar 9 - Apr 6	Sa 9:45-10:30 am	3-5

## Pee Wee Floor Hockey



Your little one will have fun learning the fundamentals of floor hockey. We will be learning how to hold a hockey stick, shoot, pass and focus on teamwork while engaging in mini games. Every participant will receive a shirt and award. **Volunteer coaches are needed.**

<b>Instructor:</b>	Volunteer Coaches		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$24 R / \$30 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106636A	Mar 11 - Apr 15	M 5-5:45 pm	3-4
106636B	Mar 14 - Apr 18	Th 5-5:45 pm	5-6

# Youth Athletics

## Pee Wee Hoopsters N' Headers



Boys and girls work on body coordination, agility, balance and self-confidence as they experience both the sports of soccer and basketball. Children will learn basic ball handling, passing, shooting and defense skills necessary for success in these two popular sports.

<b>Instructor:</b>	SportsKids Inc.		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$34 R / \$45NR		
PROGRAM #	DATE	DAY/TIME	AGE
106120A	Jan 30 - Feb 20	W 6:15-7 pm	4-6
106120B	Feb 27 - Mar 20	W 6:15-7 pm	4-6
106120C	Apr 17 - May 8	W 6:15-7 pm	4-6

## Pee Wee Olympics



Calling all young Olympians! Boys and girls will develop self-confidence, learn about teamwork and sportsmanship, and gain a variety of skills as they participate in soccer, gymnastics, basketball, floor hockey, track and field, and other individual and team sports. Participants will get to apply the skills they learn to exciting activities and game situations and, finally, showcase their abilities in a Mini Olympic Games Tournament on the last day.

<b>Instructor:</b>	SportsKids Inc.		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$34 R / \$45NR		
PROGRAM #	DATE	DAY/TIME	AGE
106117A	Jan 30 - Feb 20	W 4:45-5:30 pm	3-5
106117B	Feb 27 - Mar 20	W 4:45-5:30 pm	3-5
106117C	Apr 17 - May 8	W 4:45-5:30 pm	3-5

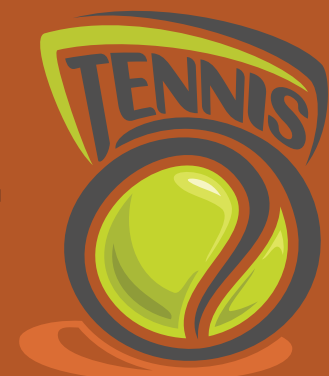
## Little Sluggers N' Kiddie Kickers



Enjoy America's favorite pastime in sports and games on the playground as we combine baseball and kickball into one exciting class. Boys and girls will learn the basic fundamentals used in both kickball and baseball such as running the bases, throwing, catching and fielding as well as the skills which are unique to each sport like hitting off of the tee and kicking the ball.

<b>Instructor:</b>	SportsKids Inc.		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$34 R / \$45 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106119A	Jan 30 - Feb 20	W 5:30-6:15 pm	3-5
106119B	Feb 27 - Mar 20	W 5:30-6:15 pm	3-5
106119C	Apr 17 - May 8	W 5:30-6:15 pm	3-5



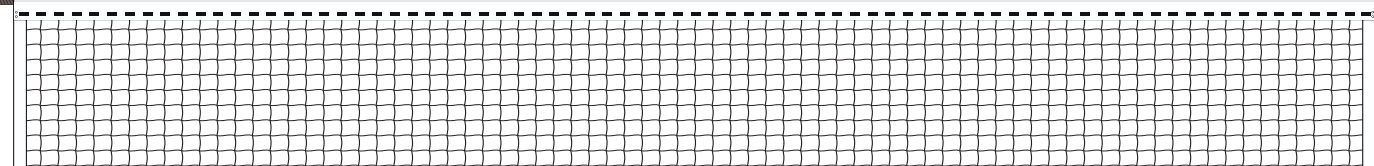


**INSTRUCTOR:**  
**VICKIE STRAND**  
**VARSITY COACH**  
**BREMEN HIGH SCHOOL**

**TINLEY PARK-PARK DISTRICT**  
**708-342-4200**



**LOCATION:**  
**COMMUNITY PARK**  
**8125 W. 171st STREET**  
**TINLEY PARK, IL**



QuickStart Tennis is designed for children who are new to the game or who need additional instruction to rally using groundstrokes, volleys, and serve. QuickStart Tennis takes a new approach to introducing kids to the game by using fun sized courts, nets, racquets, and balls. The lighter low compression balls bounce lower which helps develop proper techniques. All students are advised to purchase a 21-25 inch tennis racquet (typically 4-6 = 21", 7-8=23", 9-10=25").

SESSION 1 • 5 WEEKS

PROGRAM #	DAY/TIME	LEVEL	AGE	DATES	FEE
106008A	W 4-4:45 pm	QuickStart	4-6	Apr 10 - May 8	\$44 R / \$57 NR
106008B	Sa 9-9:45 am	QuickStart	4-6	Apr 13 - May 11	\$44 R / \$57 NR
106008C	W 5-6 pm	QuickStart	7-12	Apr 10 - May 8	\$60 R / \$78 NR
106008D	Sa 10-11 am	QuickStart	7-12	Apr 13 - May 11	\$60 R / \$78 NR

Junior Tennis is designed for players 13 and older who want to learn and improve their tennis game. These classes will focus on improving all basic strokes including forehand, backhand, volleys, serve, lobs, and overheads. Match play will also be introduced including positioning and strategy.

SESSION 1 • 5 WEEKS

PROGRAM #	DAY/TIME	LEVEL	AGE	DATES	FEE
106040A	W 6-7 pm	Jr. Tennis	13-17	Apr 10 - May 8	\$60 R / \$78 NR
106040B	Sa 11am-12 pm	Jr. Tennis	13-17	Apr 13 - May 11	\$60 R / \$78 NR

Adult Tennis is designed for adults looking to start playing tennis and those looking to improve on their skills.

SESSION 1 • 5 WEEKS

PROGRAM #	DAY/TIME	LEVEL	AGE	DATES	FEE
106063A	W 7-8 pm	Adult	18+	Apr 10 - May 8	\$60 R / \$78 NR
106063B	Sa 12-1 pm	Adult	18+	Apr 13 - May 11	\$60 R / \$78 NR

Rainout Line

Classes will be cancelled due to inclement weather (rain or excessive heat). If an individual class is cancelled more than twice the instructor will not arrange a make-up class. No other make ups will be granted.

REGISTRATION DEADLINE IS ONE  
WEEK PRIOR TO START OF EACH  
CLASS UNLESS OTHERWISE NOTED

Spring Co-ed 1st-2nd Grade Youth  
Developmental Volleyball Camp/League

Is your youngster showing interest in volleyball? Jane DeHaan knows the necessary skills needed to spark the interest of volleyball in beginners. Basic volleyball skills will be covered in the first 2 weeks as Jane and volunteer coaches will be hosting a volleyball camp. Following the camp, teams will compete in a six game schedule and meet one or two times per week for an hour each time. Each participant will also receive a team shirt and participation award. **Registration ends March 1 or when program fills. Volunteer coaches are needed.**

<b>Instructor:</b>	Jane DeHaan and Volunteer Coaches		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$60 R (\$50 Add'l R) / \$78 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>GRADE</b>
106111A	Mar 11 - May	M, F 5 pm	1st-2nd

Girls Spring 3rd-5th Grade Volleyball  
Camp/League

Jane DeHaan and volunteer coaches will be hosting a volleyball camp for the first two weeks of this league where players will meet twice per week for an hour each time. Following the camp, teams will compete in a nine game schedule and meet one or two times per week for an hour each time. Each participant will also receive a team shirt and participation award. **Registration ends March 1 or when the program fills. Volunteer coaches are needed.**

<b>Instructor:</b>	Jane DeHaan and Volunteer Coaches		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$60 R (\$50 Add'l R) / \$78 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>GRADE</b>
106638A	Mar 11 - May	M, F 6 or 7 pm	3rd-5th

Dodgeball

We're looking for "Average Joe's" with a smile for this program. Participants will be broken up into teams and play several different styles of dodgeball games throughout the evening. Safe and Soft, "Gator-Skin" balls will be used. The program will also include the ever popular "kids vs. adults" game.

<b>Location:</b>	Recreation Center		
<b>Instructor:</b>	Athletic Staff		
<b>Fee:</b>	\$38 R / \$50 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>GRAD</b>
106662A	Feb 12 - Mar 12	Tu 5:30-6:30 pm	2nd-4th

Youth and Teen Golf Lesson (Indoors)

Golf lessons will be taught by Dennis Piotrowski, PGA Golf Professional and his staff. This winter all students will be using the sensor simulator. Participants will actually hit a golf ball into a net and it will show you ball flight, swing, speed and opening of the clubface. If the weather is nice, lessons will be taught outside. There is limited space available so sign up today!

<b>Instructor:</b>	Dennis Piotrowski		
<b>Location:</b>	White Mountain Golf Course		
<b>Fee:</b>	\$65 R / \$85 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
106117A	Feb 3 - Mar 3	Su 10-11 am	6-10
106117B	Feb 3 - Mar 3	Su 11am-12 pm	11-17
106117C	Mar 10 - Apr 7	Su 10-11 am	6-10
106117D	Mar 10 - Apr 7	Su 11am-12 pm	11-17

Youth and Teen Golf Lessons

Golf classes are for the beginner through advanced player. All students will receive instruction in a group format covering proper grip, stance, full swing, pitching, putting, safety, rules and etiquette. Lessons will also include an on-course management class and a free pass for 9 holes of golf at White Mountain Golf Course. **Students should bring a 7 iron to first class. Range balls cost \$5 per class.**

<b>Instructor:</b>	Dennis Piotrowski, PGA Professional		
<b>Location:</b>	White Mountain Golf Course (9901 W. 179th St., Orland Park, IL)		
<b>Fee:</b>	\$65 R / \$85 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
106622A	Apr 6 - May 4	Sa 10-11 am	6-10
106622B	Apr 6 - May 4	Sa 11 am-12 pm	11-17
106622C	May 11 - Jun 8	Sa 10-11 am	6-10
106622D	May 11 - Jun 8	Sa 11 am-12 pm	11-17

NerfWars/Capture the Flag

Everyone loves a good game of capture the flag! Well, we have put a twist on this popular game by adding NerfWars into the mix. McCarthy Park is the perfect arena for this extreme game of capture the flag due to its ample tree cover, large playground and open area. You must supply your own label Nerf gun and darts. Game rules will be disclosed at the event.

<b>Instructor:</b>	Athletic Staff		
<b>Location:</b>	McCarthy Park		
<b>Fee:</b>	\$15 R / \$19 NR		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
106300A	*May 4	Sa 10 am-12 pm	10-14
*Please note: May 11 (rain date)			

# Youth Athletics

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Father/Child Floor Hockey Game

You asked for it. You got it! A Father/Child Floor Hockey Game! Dads and kids will join in on the action together in a pick-up style game with others. Players will be given time to warm-up and practice. Officials and scorekeepers will help form teams and referee the game. We will provide all the equipment—all you need to do is show up! After the game we'll have drinks and pizza available. Gym shoes are mandatory.

**Instructor:** Rec Staff  
**Location:** Recreation Center  
**Fee:** \$10 R (per person) / \$13 NR (per person)  
**PROGRAM #** **DATE** **DAY/TIME** **GRADE**  
106112A Apr 5 F 7-8 pm 3rd-5th and Dads

## Youth Co-ed T-Ball Leagues

Teams will meet one or two times per week for an hour each time and will learn base running, throwing, hitting and fielding. Each participant will receive an award, shirt and baseball hat and jersey to keep! Players need to have a baseball mitt. **Registration ends April 1 or when program fills. Volunteer coaches are needed.**

**Instructor:** Volunteer Coaches  
**Location:** Bannes, Community and/or Pottawattomie Park  
**Fee:** \$59 R (\$49 Add'l R) / \$77 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
106615A \*Apr 22 - Jun M-Sa 5:30-6:30 pm (M-F)/9 am-1 pm (Sa) 3-4  
106615B \*Apr 22 - Jun M-Sa 5:30-6:30 pm (M-F)/9 am-1 pm (Sa) 5-7

\*Please note: no games or practices May 25 or 27

## Little Swingers T-Ball

Youngsters will learn the basics of t-ball and adults will be encouraged to relive those days of sandlot baseball. A variety of throwing, hitting and running activities designed around the game of t-ball will be incorporated into the class each week. If participants have a baseball mitt they are welcome to bring it, but it is not mandatory as we will be using soft nerf balls for catching purposes.

**Instructor:** Ian Wexell  
**Location:** Recreation Center  
**Fee:** \$34 R / \$45 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
106103A Feb 2 - Mar 2 Sa 10:30-11:15 am 3-5  
106103B Mar 9 - Apr 6 Sa 10:30-11:15 am 3-5

## Super Sluggers Baseball Camp

Our baseball camps are designed to teach the rules and mechanics of baseball in a fun and safe environment through a series of fun games that kids can relate to. Instruction will vary according to age levels, but in all classes; fitness, wellness and overall fun will be emphasized! **Participants must bring a baseball mitt to each session.**

**Instructor:** All Star Sports Instructions, Inc.  
**Location:** McCarthy Park  
**Fee:** \$55 R / \$72 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
106628A Apr 6 - May 11 Sa 11:15 am-12 pm 3-4  
106628B Apr 6 - May 11 Sa 12-1 pm 5-7  
106628C Apr 6 - May 11 Sa 1-2 pm 8-10



REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Spring Co-ed Soccer League

Teams will meet one or two times per week for an hour each time and the majority of the games will be held on Saturday. Every player will receive a team uniform and an award from the Park District. **Registration ends March 2 or when program fills. Volunteer coaches are needed.**

**Instructor:** Volunteer Coaches  
**Location:** Various Fields  
**Fee:** \$65 R (\$55 Add'l Resident)/ \$85 NR  
**Time:** 5:30-6:30 pm (Weekdays)  
10 am-2 pm (Saturday)  
**PROGRAM #** **DATE** **DAY/TIME** **GRADE**  
106605A \*Apr 22 - Jun M,W,F or Sa 1st  
106605B \*Apr 22 - Jun M,W,F or Sa 2nd  
106605C \*Apr 22 - Jun M,W,F or Sa 3rd  
106605D \*Apr 22 - Jun M,W,F or Sa 4th  
106605E \*Apr 22 - Jun M,W,F or Sa 5th  
\*Please note: no games May 25 or 27.

## Adult & Tot Sports N' Stories

Each week adults will assist their youngsters learning processes as the children enjoy a mind-awakening story and play a body-challenging sport including t-ball, floor hockey, soccer, basketball and more. Children will enhance listening skills, the ability to follow directions and overall physical development.

**Instructor:** SportsKids Inc.  
**Location:** Recreation Center  
**Fee:** \$34 R / \$45 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
106116A Jan 30 - Feb 20 W 4-4:45 pm \*2-3  
106116B Feb 27 - Mar 20 W 4-4:45 pm \*2-3  
106116C Apr 17 - May 8 W 4-4:45 pm \*2-3  
\*Please note: with adult



# Youth Athletics

## Just for Kicks Soccer

Adults and children will work together in this class learning the basics of soccer. Fun, teamwork and sportsmanship will be emphasized. A variety of activities designed around the game of soccer will be played each week.

**Instructor:** Ian Wexell  
**Location:** Recreation Center  
**Fee:** \$34 R / \$45 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
106626A Feb 2 - Mar 2 Sa 9-9:45am 3-5  
106626B Mar 9 - Apr 6 Sa 9-9:45am 3-5

## Pre-K/Kindergarten Co-ed Soccer League

Teams will practice for about 30 minutes, followed by a 32-minute scrimmage game with another team. Every player will receive a team uniform and award from the Park District. **Registration will end April 1 or when the program fills. Volunteer coaches are needed.**

**Instructor:** Volunteer Coaches  
**Location:** Centennial Park  
\$59 R (\$49 Add'l Resident) / \$77 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
106604A \*Apr 27 - Jun Sa 9 or 10:15 am 3-6  
\*Please note: no games May 25.

## Super Strikers Soccer

Participants will learn basic soccer skills, coordination and motor skills through a series of fun games that kids can relate to. In each session; fitness, wellness and fun will be emphasized!

**Instructor:** All Star Sports Instructions, Inc.  
**Location:** Bristol Park  
**Fee:** \$55 R / \$72 NR  
**PROGRAM #** **DATE** **DAY/TIME** **AGE**  
106664A Apr 9 - May 14 Tu 4:45-5:30 pm 3-4  
106664B Apr 9 - May 14 Tu 5:30-6:30 pm 5-6  
106664C Apr 9 - May 14 Tu 6:30-7:30 pm 7-9  
106664D Apr 11 - May 16 Th 4:45-5:30 pm 3-4  
106664E Apr 11 - May 16 Th 5:30-6:30 pm 5-6  
106664F Apr 11 - May 16 Th 6:30-7:30 pm 7-9



# Adult Athletics

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Adult Athletic League Registration and Information

Entire fee is due at registration. Fees are based on a team registration. Full refunds will be processed within one month for teams that secured a sponsorship. Full refunds will be granted before the registration deadline only. After the registration deadline, \$50 fee is non-refundable. Refunds will not be granted once the league meeting has been held. All league schedules are subject to change throughout the season. Teams could play on different days than registered for and double headers.

## Adult Individual League Sign-up List

Want to play on one of our adult sport leagues, but you don't have a team? Register yourself on our individual players list. If a team is looking for players or we have enough players to organize a team we will do the work for you! **Please specify which league you are interested in during registration.**

**Program #** 506645A  
**Location:** Recreation Center  
**Fee:** Free

## Adult Co-ed Volleyball Leagues

Bump, set and spike in our indoor volleyball leagues! Teams will play one match per week, consisting of three games. Eight to nine matches will be played throughout the season depending on league registration, plus playoffs. A total of 12 players may be on a team roster and a minimum of four players and a maximum of six players can be on the court. Teams always need to consist of an equal or greater number of females on the court than males at all times. Fee includes equipment, referees and cash prizes. **Registration ends March 2 or when program fills.**

**Location:** Recreation Center  
**Fee:** \$310 per team

PROGRAM #	DATE	DAY/TIME	AGE
106651A	Mar 13 - May	W 6:15, 7:05, 7:55 or 8:45 pm	18+(Recreational Teams)
106651B	Mar 13 - May	W 6:15, 7:05, 7:55 or 8:45 pm	18+(Int. B/C Teams)

## Indoor Wiffleball Tournament

Looking to play some ball during the off season? Join us for a one day double elimination tournament in our gym. Team Rosters can be between 7-10 players. Fee includes championship trophy, equipment and athletic staff to monitor the league rules. **Registration ends February 11 or when tournament fills.**

**Location:** Recreation Center  
**Fee:** \$100 per team

PROGRAM #	DATE	DAY/TIME	AGE
106610A	Feb 17	Su 2-8 pm	18+



**7531 167TH STREET  
AT SIEMSEN MEADOWS  
WWW.TINLEYPARKDISTRICT.ORG  
708-342-4200**

**18-hole – Par 3 course  
Open every day – dawn to dusk**

- Bring your own equipment
- Play with one or more players
- Great family activity

**In 2017, Tinley Park-Park District opened The Meadows Disc Golf at Siemson Meadows. Each hole features tee boxes groomed fairways, and greens. Nestled in this prairie setting, the rough can be challenging.**

**Come out to enjoy a fun activity with friends an family while you experience the beauty of the area's native plant and wildlife!**

# Adult Athletics

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Adult Softball League Information

Fee includes umpires, softballs and prize money! Leagues play under ASA and house rules. All 12" and 11" teams will be required to certify all bats at the league meeting. Only 12 players are allowed to bat per game and 18 total players on a team roster. Leagues will tentatively begin the last week in April, weather permitting and end in July. Games will be held on various fields throughout Tinley Park. Season length will be approximately 8-9 games for most leagues and 12-14 games for double header leagues. A full schedule will be given to each team captain at the league meeting. All teams will be entered into a season-ending tournament. **Full refunds will be processed for teams that paid in full and secured a sponsorship, but paid themselves to secure a spot. Registration ends April 15 or when leagues fill.**

## Men's 12" Leagues

PROGRAM #	LEAGUE STYLE	DAY/TIME	FEE	AGE
*106640A	Double Games	Su 10-12 pm	\$680 per team	18+
106641A	Double Headers	Su 12-2 pm	\$680 per team	18+
106642A	Double Headers	Su 2-4 pm	\$680 per team	18+
106674A	Single Games	M 6:30, 7:35, 8:40 or 9:45 pm	\$595 per team	18+
*106074A	Double Headers	W 6:30-8:30 or 8:30-10:30 pm	\$780 per team	18+
113629A	Double Headers	Tu or Th 6:30-8:30 or 8:30-10:30 pm	\$780 per team	18+

**\*\*Please note:** no games May 12, May 25-27 & June 16

## Men's 16" Leagues

PROGRAM #	LEAGUE STYLE	DAY/TIME	FEE	AGE
*106701A	Single Games	M 6:30-8:30 or 8:30-10:30 pm	\$680 per team	18+
*106702A	Over 50	Tu 6:30, 7:35, 8:40 or 9:45 pm	\$680 per team	18+
106611A	Single Games	F 6:30, 7:35, 8:40 or 9:45 pm	\$680 per team	18+
*106073A	Single Games	Su 6:30, 7:35, 8:40 pm	\$680 per team	18+

**\*\*Please note:** no games May 27

## Co-ed 14" Leagues

PROGRAM #	LEAGUE STYLE	DAY/TIME	FEE	AGE
106613A	Single Games	Th 6:30, 7:35, 8:40 or 9:45 pm	\$680 per team	18+
106002A	Single Games	F 6:30, 7:35, 8:40 or 9:45 pm	\$680 per team	18+

**\*Please note:** teams consist of at least five women on the playing field and in the batting lineup

## Women's 11" League

PROGRAM #	LEAGUE STYLE	DAY/TIME	FEE	AGE
106652A	Single Games	W 7, 8:05 or 9:10 pm	\$595 per team	18+

## Co-ed 16" League

PROGRAM #	LEAGUE STYLE	DAY/TIME	FEE	AGE
*106647A	Single Games	Tu 7, 8:05 or 9:10 pm	\$680 per team	18+

**\*Please note:** New Leagues

## Snowball Softball Double Elimination Tournament

Don't miss the 7th Annual Snowball Softball Tournament. Registration fee includes cash prizes, snow hats, umpires and softballs. **Registration ends January 25 or when tournament fills.** Maximum of 12 players are allowed to bat in the lineup.

**Location:** Community Park  
**Fee:** \$195 per team

PROGRAM #	DATE	DAY/TIME	AGE
106620A	Feb 2	Sa 9 am-6 pm	18+
	Feb 16 (weather date)		



# Adult Athletics

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Men's Baseball Leagues

Fee includes home plate umpire, prize money and baseballs. Teams may carry up to 28 players on their roster. All games will be played at Freedom Park. A full schedule will be given to each team captain at the league meeting. All teams will be entered into a season-ending tournament. Full refunds will be processed for teams that paid in full and secured a sponsorship, but paid themselves to secure a spot. **Registration ends April 8 or when leagues fill.**

**Men's 30 and Over League:** 12-14 games and wood or metal BB-COR bats

PROGRAM #	DATE	DAY	TIME	FEE
106653A	*Apr 22 - Jul	M-Th	7:45 pm	\$1,400 per team

\*Please note: no games May 27

**Men's 18 and Over League:** 14-16 games and wood bats only!

PROGRAM #	DATE	DAY	TIME	FEE
106687A	*Apr 28 - Jul	Su	1, 3:15, 5:30 or 7:45 pm	\$1,900 per team

\*Please note: no games May 12, May 26, Jun 16 or Sep 1

## Men's Thursday Night Basketball League

Teams will play eight to nine regular season games throughout the season depending on league registration. The top eight teams will compete in the playoffs. A total of 12 players may be on a team roster and a minimum of four players on the court. Fee includes equipment, referees and cash prizes. Teams will be required to provide their own jerseys/shirts with a 6" to 8" number visible on the back. **Registration ends February 4 or when program fills.**

<b>Location:</b>	Recreation Center			
<b>Fee:</b>	\$710 per team			
PROGRAM #	DATE	DAY/TIME	AGE	
106657A	Feb 21 - May	Th *6:30, 7:30, 8:30	18+	

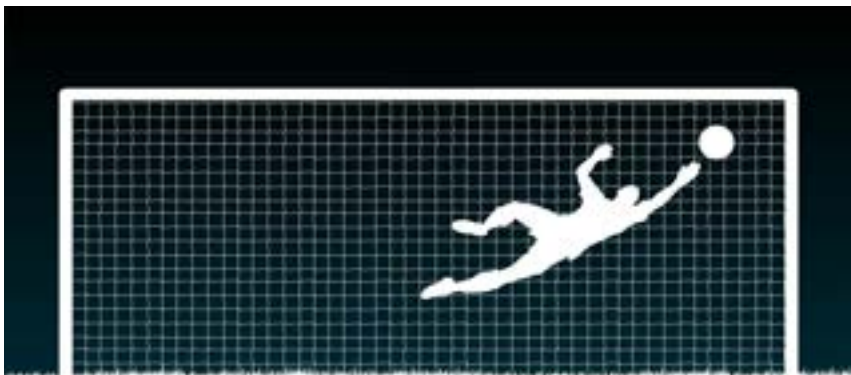
\*Please note: if required will run until 9:30 pm

## Adult Co-ed Soccer League

Join us for some action-packed soccer on our turf field. All teams will compete in an hour long game and play 8-9 games throughout the season with only the top four teams making the tournament. Teams are allowed 11 fielders (which includes the goalie) and only nine players on the field are allowed to be male. A total of 25 players may be on a team roster. Fee includes equipment, referees and prize money. **Registration ends March 25 or when program fills.**

<b>Location:</b>	Freedom Park			
<b>Fee:</b>	\$690 per team			
PROGRAM #	DATE	DAY/TIME	AGE	
106648A	*Apr 7 - Jul	Su 4, 5:10, 6:20, 7:30 or 8:40 pm	18+	

\*Please note: no games Apr 21, May 12, May 26 or Jun 16



# Adult Athletics

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Adult Floor Hockey Games

The Tinley Park-Park District will be offering adult floor hockey pick-up games this winter at the Recreation Center. Players will be given time to warm-up and practice followed by a pick-up style game. Officials and scorekeepers will help form teams and referee the game. House rules and official hockey rules will be available each week. Participants who have goalie gear are welcome to bring it, but it is not mandatory. After the game we will have drinks and pizza available. Gym shoes are mandatory.

<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$10 R / \$13 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106101A	Feb 22	F 7-8 pm	18+
106101B	Mar 15	F 7-8 pm	18+

## Adult Golf Lessons

Golf lessons are for the beginner through advanced player. All students will receive instruction in a group format covering proper grip, stance, full swing, pitching, putting, safety, rules and etiquette. Lessons will also include an on-course management class and a free pass for 9 holes of golf at White Mountain Golf Course. **Students should bring a 7 iron to the first class. Range balls cost \$5 per class.**

<b>Instructor:</b>	Dennis Piotrowski, PGA Professional		
<b>Location:</b>	White Mountain Golf Course (9901 W. 179th St., Orland Park, IL)		
<b>Fee:</b>	\$78 R / \$102 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106629A	Apr 2 - 30	Tu 6-7 pm	18+
106629B	May 7 - Jun 4	Tu 6-7 pm	18+

## Pickleball "Open Play"

Pickleball is a sport which combines the elements of badminton, tennis and table tennis using a paddle and a "waffle" like ball. Open Play will focus on basic skills such as paddle grip and swing, footwork, basic shots, body balance and rules in order to prepare you for Pickleball Games. Instruction will vary according to ability levels. Participants are encouraged to bring a paddle, but it is not required.

<b>Instructor:</b>	Athletic Staff		
<b>Location:</b>	Recreation Center (A) Community Tennis Courts (B)		
<b>Fee:</b>	\$25 R / \$33 NR		
PROGRAM #	DATE	DAY/TIME	AGE
106209A	Apr 24 - May 22	W 7-9 pm	18+
106209B	May 29 - Jun 26	W 7-9 pm	18+



## Pickleball "Doubles" League

Interested in trying something new?? Our Doubles Pickleball League is brand new this season! Pickleball is a sport which combines the elements of badminton, tennis and table tennis using a paddle and a "waffle" like ball. The first 2 weeks (Feb 10 and 17) will be "scheduled practice" then the league schedule will start February 24. Games will consist of (3) matches up to 11 points or a time limit of 15 minutes per match.

<b>Instructor:</b>	Athletic Staff		
<b>Location:</b>	Recreation Center		
<b>Fee:</b>	\$60 per team		
PROGRAM #	DATE	DAY/TIME	AGE
106209C	Feb 10 - Apr 14	Su 9 am-12 pm	18+



# Performing Arts

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED



## TINLEY PARK PERFORMING ARTS CENTER

The Tinley Park Performing Arts Center is the home of our very own Tinley Park Community Theater, Children & Teen Theaters, and many other performing arts programs. The theater seats 120 people. The theater is available for rentals for corporate meetings, theater performances, entertainment venues, and more. You can also host Movie Parties and have the theater to yourself to watch a movie on the Big Screen! Please call (708) 342-4200 for more information on rental pricing, availability and reservations.

### Community Theater presents:

by Ken Kesey and Dale Wasserman

Become a member of our cast and theater company! If you're new to the stage, let us help you develop your talents into the skills you'll need for the best of classic and contemporary theater. This story surrounds a charming rogue who contrives to serve a short sentence in an army mental institution rather than in prison. This, he learns, was a mistake. He clashes with the head nurse, a fierce martinet. A battle of wills quickly develops as he leads others out of introversion, stages a revolt to watch the World Series and arranges a late night party. For these offenses, he must pay an ultimate and shocking penalty. Our version is updated to include male and female inmates.

**Director:** Daniel Wm. DeWalt, Artistic/Executive Director, Covered Bridge Theaters

**Location:** Tinley Park Performing Arts Center

PROGRAM #	AUDITION	DAY/TIME	AGE
109944A	Jan 26	Sa 3-5:30 pm	18+

	DATE	DAY/TIME
Rehearsals:	Feb 7 - Apr 11, 25	Th 7:30-9:30 pm
Rehearsals:	Feb 9 - Apr 13	Sa 5-7:30 pm
Tech Rehearsal:	Apr 18	Th 6:30-9:30 pm (approximately)
Dress Rehearsal:	Apr 19	F 6-9:30 pm (approximately)

Starting April 9, \$12 general admission tickets for **One Flew Over the Cuckoo's Nest** can be purchased at the Recreation Center or [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org). If tickets remain, they may be purchased at the Performing Arts Center box office 30 minutes prior to show.

### Performance Schedule

Saturday	Apr 20	7 pm
Friday	Apr 26	7 pm
Saturday	Apr 27	7 pm
Sunday	Apr 28	3 pm



### Kidz Theater, Emerging Actors and Veteran Actors Theater Programs

In collaboration with the Covered Bridge Playhouse, join us for our very successful theater productions! All children age 6-18 are encouraged to audition. Registration is required to audition for the shows through the Tinley Park-Park District. Those put on a waitlist can still audition, in case someone declines their role. A parent must accompany children to the audition with clothing sizes and a list of schedule conflicts. All cast members must attend tech and dress rehearsals and all performances—no exceptions. Cast members and family members will also help with all aspects of the production. Cast members can purchase a maximum of four (4) tickets for their show only during the pre-sale week. Additional tickets can be purchased during public sale at the Recreation Center or [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org). If tickets remain, they may be purchased at the Tinley Park Performing Arts Center box office 30 minutes prior to show.

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

# Performing Arts

### Kidz Theater presents

by Alexi Alfieri

What really happened after

"once upon a time"? In this fun, fractured fairy tale, a substitute narrator is called in

to present fairy tales but as each tale begins, the main characters show up to correct the newbie narrator. Turns out, some characters have hysterical peculiarities: Rapunzel is a diva, Cinderella is a clean freak, the Three Little Pigs are hypochondriacs, Little Red Riding Hood is a lawyer defending the Wolf, and more! The chaos continues until the frustrated narrator finally breaks down. It's up to the characters to comfort the narrator and explain what really happened after "once upon a time." No previous acting experience necessary.

**Managing Director:** Leslie Peternell, Executive & Artistic Director at Covered Bridge Playhouse

**Executive Director:** Christina Halleran, Covered Bridge Playhouse

**Location:** McCarthy Rec Bldg/Tinley Park

**Fee:**

\$48 R / \$62 NR

**AUDITION**

PROGRAM #	DATE	DAY/TIME	AGE
102902A	Jan 26	Sa 9-10:30 am	*6-9

\*or with Director's consent

	DATE	DAY/TIME
Rehearsals:	Feb 7 - Apr 4	Th 5-7 pm
Rehearsals:	Feb 9 - Apr 6	Sa 2:45-4:45 pm
Tickets (cast):	Mar 25 - 31	M-SU
Public Ticket Sales:	Apr 1	M
Cast Party &:	Apr 14	Su 11:30 am-1 pm

**Awards Ceremony**

### PERFORMANCE SCHEDULE

Apr 13 Sa 6 pm

Apr 14 Su 2 pm

Starting April 1, \$8 general admission tickets for **WHAT HAPPENED AFTER ONCE UPON A TIME** can be purchased at the Recreation Center or [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org). If tickets remain, they may be purchased at the Tinley Park Performing Arts Center box office 30 minutes prior to show.

### GRAFFITI ON THE FOURTH WALL Comedy Improv Shows

Covered Bridge Productions presents Graffiti on the Fourth Wall Comedy Improv Troupe to the adults and teens in our community. G4W, now in its 22<sup>nd</sup> year, is a professional improv company with over 800 performances under its belly-laughable belt. You'll enjoy these comedic actors' satirical improvisations and sketches as well as humorous parodies and hilarious material. Every show will feature an all new comedy revue and, of course, improvisations from your suggestions.

**Directors:** Josh Blair, Daniel Wm. DeWalt, Covered Bridge Studios & Theaters

**Location:** Tinley Park Performing Arts Center

**Fee:** \$9 admission

DATE	DAY/TIME	AGE	REVUE
Jan 19	Sa 7:30-9:30 pm	13+ (recommended)	Old Lang Signs
May 11	Sa 7:30-9:30 pm	13+ (recommended)	Attracting Opposites: An Oxymoronic Love/Hate Story

### "Southland's Got Talent" Contest

Be prepared to have fun, laugh until you drop and especially share your OWN TALENTS at our annual Comedy Improv, Open Mic Variety Show and Contest! Judges will determine the winners and award prizes to the top five contestants. Kidz on the Bridge and Graffiti on the Fourth Wall Comedy Improv Troupes will be assisting with the contest while performing their own brand of wit and wackiness. Interested in performing? \*Call 708-342-4212 by March 6 to be included on the performer list. If you wish to sing, tell jokes, dance, do a monologue, perform magic, play an instrument, etc., then the stage is yours so bring plenty of family and friends to cheer you on!

**Directors:** Josh Blair & Daniel Wm. DeWalt, Covered Bridge Studios & Theaters

**Location:** Tinley Park Performing Arts Center

**Fee:** \$9 admission (\*free for contestants registered by 3/6)

DATE	DAY/TIME	AGE
Mar 9	Sa 7-9:30 pm	All

# Performing Arts

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Emerging Actors present

by Steven Fendrich

## YEARBOOK

This production will be cast with children ages 9 to 18 (or with director's consent) who have NEVER had a large or leading role in a play, anywhere; no previous acting experience necessary. *Yearbook* is a positive play about the humor, determination and caring that exists in most schools. Susan and Beth enlist the help of Jack and Eric to move the boxes of hot-off-the-press yearbooks that just arrived. They stop to flip through the yearbook pages, reminiscing through flashback scenes about the year's highlights.

**Managing Director:** Leslie Peternell, Exec. & Artistic Director at Covered Bridge Playhouse

**Executive Director:** Christina Halleran, Covered Bridge Playhouse

**Location:** McCarthy Rec Bldg/Tinley Park Performing Arts Center

**Fee:** \$48 R / \$62 NR

AUDITION			
PROGRAM #	DATE	DAY/TIME	AGE
109902A	Jan 26	Sa 10:30 am-12 pm	9-18

**Rehearsals:** Feb 9 - May 11 Sa 8:55-11:30 am

**Addtl Rehearsal:** May 5 Su 8:55-11:30 am

## Veteran Actors present: *WHAT IF THERE WAS THIS...KID?* by D.Wm. DeWalt

This production will be cast with children ages 9 to 18 (or with director's consent) who have played larger or leading roles in past plays, as well as those with or without acting experience. This play is one you'll want to be a part of – a satirical/absurdist comedy-drama about some of the issues children face in Jr. High and High School as well as in their lives outside of school. What do a blond girl, a new boy in the neighborhood and a child with a challenge all have in common? This highly acclaimed story may give us insights into what our children deal with and answers that will have us roaring with laughter and cheering for the underdog.

**Managing Director:** Leslie Peternell, Executive & Artistic Director at Covered Bridge Playhouse

**Executive Director:** Christina Halleran, Covered Bridge Playhouse

**Location:** McCarthy Rec Bldg/Tinley Park Performing Arts Center

**Fee:** \$48 R / \$62 NR

AUDITION			
PROGRAM #	DATE	DAY/TIME	AGE
109906A	Jan 26	Sa 12:30-2:30 pm	9-18

**Rehearsals:** Feb 9 - May 11 Sa 11:55 am-2:30 pm

**Addtl Rehearsal:** May 5 Su 11:55 am-2:30 pm

## Acting Classes

In conjunction with Covered Bridge Studios, the Park District offers various acting classes for all ages. Most Covered Bridge classes conclude with a free performance from the materials learned during the program. The Winter performance will be held on the evening of Wednesday, March 20 and the Spring performance will be held on the evening of Wednesday, May 8 at the Tinley Park Performing Arts Center.

PERFORMANCE SCHEDULE		
	Yearbook	What If There Was This Kid?
May 17	F 6 pm	F 8:30 pm
May 18	Sa 4:30 pm	Sa 7 pm
May 19	Su 2 pm	Su 4:30 pm

Starting May 6, \$8 general admission tickets can be purchased at the Recreation Center or [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org). If tickets remain, they may be purchased at the Tinley Park Performing Arts Center box office 30 minutes prior to show.

## BOTH EMERGING AND VETERAN ACTORS' PLAYS:

	DATE	DAY/TIME
<b>Cast Ticket Sales:</b>	Apr 29-May 5	M-Sun/Varies
<b>Tech Rehearsal:</b>	May 15	W 4:30-9 pm (approximately)
<b>Dress Rehearsal:</b>	May 16	Th 4:30-9:30 pm (approximately)
<b>Cast Party &amp; Awards Ceremony:</b>	May 18	Sa 1-3:30 pm

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

# Performing Arts

## Breaking into Professional Acting

If you've ever wondered how children or adults get acting work in film, theatre, commercials or television, this class is for you! Materials and professional contact information will be passed out and questions answered. The fee is for one adult or one adult with one child. Children 14 and under must have an adult with them. No acting experience required.

**Instructor:** Daniel Wm. DeWalt, Artistic/Executive Director, Covered Bridge Studios

**Location:** McCarthy Recreation Building

**Fee:** \$25 R / \$33 NR

PROGRAM #	DATE	DAY/TIME	AGE
109990A	Feb 5	Tu 7-8:30 pm	*All

## Comedy & Drama Improv

Have fun while developing ensemble acting, communication and creative skills through theater games and exercises. Learn the improvisational methods created at Second City This Conservatory Program consists of 5 levels: Beginner through Graduate. (Graduates join Kidz On The Bridge Comedy Improv Troupe; Adults audition for Graffiti On The Fourth Wall, and all star in our TV series, Yes And...Improv On The Covered Bridge.)

**Instructor:** Daniel Wm. DeWalt, Artistic/Executive Director, Covered Bridge Studios

**Location:** McCarthy Recreation Building

**Fee:** \$95 R / \$124 NR

PROGRAM #	DATE	DAY/TIME	AGE	LEVEL
109903A	Feb 6 - Mar 13	W 6-7:30 pm	*10+	Beginner (no experience required)
109903B	Feb 6 - Mar 13	W 7:30-9 pm	*10+	Graduate (must complete Senior)
109903C	Mar 27 - May 1	W 6-7:30 pm	*10+	Intermediate (must complete Beginner)

\*Please note: or with Directors consent

## Long Form Improvisation NEW!

Take your improv skills to the next level through Long Form Improvisation. Create stronger, more character- driven scenes that feed off creativity and emotion. Learn the style that allows you to develop and perform in anything from one scene to a whole show based on one single suggestion.

**Instructor:** Josh Blair, Assoc. Instructor with Covered Bridge Studios

**Location:** McCarthy Recreation Building

**Fee:** \$95 R / \$124 NR

PROGRAM #	DATE	DAY/TIME	AGE
109034A	Feb 12 - Mar 19	Tu 7:30-9 pm	*10+

\*Please note: must have completed Comedy Improv Advanced or Graduate Level

## Acting, Improv & Fun For Younger Children

Children will learn all types of acting related to theatre, film, television, and commercials; along with drama, comedy and improv. All material is at a suitable level for this age group and changes each semester. This class qualifies students, who are ready, for eligibility in the Intermediate Level Improv class. No previous acting experience is required.

**Instructor:** Daniel Wm. DeWalt, Artistic/Executive Director, Covered Bridge Studios

**Location:** Recreation Center

**Fee:** \$95 R / \$124 NR

PROGRAM #	DATE	DAY/TIME	AGE
109914A	Feb 7 - Mar 14	Th 5:30-7 pm	6-9 (or with Director's consent)

## Theater Directing 101

Here's your opportunity to begin training as a Theatrical Director! Build on your acting experiences, talents and skills during this concentrated program. In addition to weekly class, students are assigned as Assistant Director a future Covered Bridge Playhouse Theater production working with the Director from auditions through to performances. A certificate of completion is awarded to each student. Participants must have performed in at least two plays and have completed at least one acting course.

**Instructor:** Daniel Wm. DeWalt, Artistic/Executive Director, Covered Bridge Studios

**Location:** Recreation Center

**Fee:** \$95 R / \$124 NR

PROGRAM #	DATE	DAY/TIME	AGE
109916A	Feb 7 - Mar 14	Th 7-8:30 pm	13+





ANNUAL PASS RATES	PASS TYPE	Park District Residents	**Village/Corporate Rate	HOURS OF OPERATION (Oct 1 - Apr 30)	
	Individual	\$40	\$70	Mon-Fri	5:30am-10:00pm
2 people living in the same household, each with valid proof of residency	Household of 2	\$65	\$120	Saturday	7:00am-8:00pm
Any 3 people living in the same household, each with valid proof of residency	Household of 3	\$90	\$160	Sunday	7:00am-5:00pm
Any 4 people living in the same household, each with valid proof of residency	Household of 4	\$115	\$190	SUMMER HOURS (MAY 1 - SEPT 30)	
Maximum of 8 per household, each with valid proof of residency	Each Additional Member	\$30	\$50	Mon-Fri	5:30am-9:00pm
Age 60 or Older	Senior	\$35	\$60	Saturday	7:00am-5:00pm
Both Age 60 or Older	Senior Couple	\$50	\$90	Sunday	7:00am-4:00pm
** Village/Corporate Rate applies to those who live in the Village of Tinley Park but outside the Park District boundaries and those who work within the village. Proof of Residency and Employment Status (current pay stub) apply.					

**The Tony Bettenhausen Rec Center offers Park District residents a great opportunity to run or walk indoors, play basketball or volleyball. Childcare is available at an additional cost for those who need supervision for their child while they walk the track or are attending a program or class in the building. The Rec Center is the perfect place to get some exercise, have fun with friends, reduce stress, or just take time out for you! The Rec Center also offers free WiFi while in the building!**

DAILY DROP-IN RATE	
Resident (with ID) _____	\$5
Non-Resident (with Member Only) _____	\$14
Village/Corporate _____	\$14
Resident Children Age 2 and younger _____	FREE

Effective March 1, 2018

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Vogt Visual Arts Center



### VOGT VISUAL ARTS CENTER

17420 S. 67th Court | (708) 614-6503

The Vogt Visual Arts Center (VVAC) is a facility of the Tinley Park-Park District. The VVAC was once home to the first Tinley Park Mayor, Henry Vogt. In 1996 it reopened as the VVAC, which all of the park district's fine arts classes and art gallery. The art gallery features a new exhibit each month with works from various local and well-known artists.

HOURS	Tuesday	7-9 pm	GALLERY EXHIBITS	Gallery Exhibits	Exhibit	Reception
	Wednesday	4-7 pm		Open Show "What Do You Love"	Feb 2-24	Sa Feb 9 from 1-3 pm
	Thursday	11 am-2 pm & 7-9 pm		Open Photography Show	Mar 1-31	F Mar 8 from 7-9 pm
	Friday	11 am-3 pm		Featured Artist: Gene Grynewicz	Apr 3-28	F Apr 5 from 7-9 pm
	Saturday	11 am-4 pm		School District 146	May 2-27	W May 8 from 5:30-6:30pm
				Open Show "Man's Best Friend"	Jun 1-30	Sa Jun 8 from 1-3 pm

#### Irish Tea

Enjoy a spot o' tea before heading to the Irish Parade at the VVAC! Located a block off of the parade route, the Vogt Visual Arts Center will be decked out for St. Patrick's Day with decorations, music, and traditional Irish goodies like scones, soda bread and an assortment of teas. In addition, enjoy the Annual Photography Exhibit that will be on display at the event.

Location:	Vogt Visual Arts Center	
Fee:	Free	
DATE	DAY/TIME	AGE
Mar 3	Su 12:30-2 pm	All



#### Garden Terrarium Workshop

Design and plant your own fanciful landscape in a bubble bowl with a selection of three (3) diminutive plants, river rocks, soil, sheet moss, activated charcoal and decorative rocks. Perfect for your home or office! All materials, plants, take-home carrier and step-by-step instructions are included.

Instructor:	Art A La Carte	
Location:	Vogt Visual Arts Center	
Fee:	\$60 R / \$78 NR	
PROGRAM #	DATE	DAY/TIME
111041A	Mar 13	W 6-8 pm

#### Beer Mug Painting Workshop

Design and paint your own 26.5oz high quality glass mug! This workshop includes two (2) beer mugs, painting demonstration, step-by-step instruction on glass painting techniques, painting supplies, smocks and take-home carriers.

Instructor:	Art A La Carte	
Location:	Vogt Visual Arts Center	
Fee:	\$45 R / \$58 NR	
PROGRAM #	DATE	DAY/TIME
111042A	Jun 6	Th 7-9 pm

#### Mask Making Workshop

Students will be able to learn how to create their very own wearable mask! Students will learn tips, tricks and techniques when it comes to sculpting. After the mask is finished, students will learn how to mold and cast their mask. A materials cost of \$125 covering clay, sculpting board, tools and some extra goodies, is due on the first day of class to instructor.

Instructor:	Dennis Preston	
Location:	Vogt Visual Arts Center	
Fee:	\$195 R / \$240 NR	
PROGRAM #	DATE	DAY/TIME
111039A	Apr 29 - May 4	M-Sa 7-9 pm



# Vogt Visual Arts Center

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Art Show and Sale

Come celebrate this event by commemorating the last decade with a day-long celebration of art! This annual event features many original works of art by local artists so join us from 10am-4pm to browse and shop for one-of-a-kind-gifts. We will also have live entertainment, kid's crafts, live demos and more! This day is sure to draw a crowd so artists please reserve your Art Show and Sale space early!

<b>Location:</b>	Vogt Visual Arts Center			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>FEE</b>	
111004A	Jun 8	Sa 10 am-4 pm	\$30 per space and 6-foot table	
111004B	Jun 8	Sa 10 am-4 pm	\$20 per space (bring your own table)	

## Hand Painted Wine Glass Workshop NEW!

Looking for a creative Valentine's Day or Mother's Day gift? Then surprise your loved one with a wine glass paint night! Creating hand painted wine glasses is so much fun and surprisingly easy to do. A set of two (2) wine glasses, paints, paint smocks, take-home carrier and step-by-step instructions are included.

<b>Instructor:</b>	Art A La Carte			
<b>Location:</b>	Vogt Visual Arts Center			
<b>Fee</b>	\$30 R / \$39 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	<b>THEME</b>
111040A	Feb 15	F 6-8 pm	21+	Valentine's Day
111040B	May 11	Sa 6-8 pm	21+	Mother's Day

## Beginner Oil Painting Mini-Session

We know that signing up for a fine art class can be intimidating, so we've created a series of mini sessions for you to dabble in this art form without having to make a huge commitment. Supplies are included in the fee and you will go home with a completed 8" X 10" painting! Each class will focus on different techniques needed to create different types of paintings. All classes start at square one, with how to apply paint, how to mix colors and other basic techniques. Supplies are included in the fee.

<b>Instructor:</b>	Carol Chirafisi			
<b>Location:</b>	Vogt Visual Art Center			
<b>Fee:</b>	\$25 R / \$33 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	<b>THEME</b>
109009A	Feb 16	Sa 9:30-11:30 am	18+	Cottage Glow
109009B	Mar 16	Sa 9:30-11:30 am	18+	Mountain Vista
109009C	Apr 20	Sa 9:30-11:30 am	18+	Tulips In Springtime

## Intro to Chinese Brush Painting Workshop

Experience for yourself the art of traditional Chinese brush-and-ink painting with Rong Liang, former instructor of the Asia Institute—Crane House in Louisville, KY and the Guangzhou Academy of Fine Arts in China. Begin by learning how to hold the brush and once you feel comfortable, experiment by applying varying degrees of pressure and speed to create basic figures. Finally, create your own brush painting masterpiece to bring home and leave feeling relaxed from this therapeutic art form! Bring a snack for a short break. All supplies are included in the fee.

<b>Instructor:</b>	Rong Liang			
<b>Location:</b>	Vogt Visual Arts Center			
<b>Fee:</b>	\$26 R / \$34 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
109929A	Feb 9	Sa 11 am-1 pm	10+	

## Chinese Calligraphy Workshop

Art writing describes Chinese calligraphy and represents a distinguished position in the field of traditional art. It is not only a means of communication, but also expresses a person's inner world while meditating and building character. In this workshop, you will receive step-by-step instructions learning how to handle the brush, grid the ink, practice strokes, use graph paper and write Chinese words. Bring a snack for a short break. All supplies are included in the fee.

<b>Instructor:</b>	Rong Liang			
<b>Location:</b>	Vogt Visual Arts Center			
<b>Fee:</b>	\$26 R / \$34 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
109913B	Mar 9	Sa 11 am-1 pm	10+	

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Read and Paint

Listen to a popular current book or a great classic, then do an art project to go along with the story and characters! Creative and fun! All supplies are included.

<b>Instructor:</b>	Marlo Steinke			
<b>Location:</b>	VVAC			
<b>Fee:</b>	\$30 R / \$39 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
109022A	Feb 21 - Mar 28	Th 6-7:30 pm	6-8	

## Oil Painting

Learn the basics of oil painting or brush up on the skills you already have. This class is designed to guide you in traditional oil painting techniques, color mixing, and composition with individual attention and demonstrations as needed. Students provide their own supplies and canvas. A supply list will be printed on your receipt.

<b>Instructor:</b>	Carol Chirafisi			
<b>Location:</b>	Vogt Visual Art Center			
<b>Fee:</b>	\$40 R / \$52 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
109957A	Feb 11 - Mar 4	M 11 am-1 pm	18+	
109957B	Mar 18 - Apr 15	M 11 am-1 pm	18+	
109957C	Apr 29 - May 20	M 11 am-1 pm	18+	

## Intro to Oil Painting

Are you interested to learn how to paint beautifully with oils? This introductory level class is designed to guide you in traditional and fundamental oil painting techniques, color mixing, and composition in a relaxed setting. The instructor will work with each student based on their current skill level and individual needs. Students provide their own supplies and canvas. A supply list will be printed on your receipt.

<b>Instructor:</b>	Carol Chirafisi			
<b>Location:</b>	Vogt Visual Art Center			
<b>Fee:</b>	\$40 R / \$52 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
110900A	Feb 12 - Mar 5	Tu 6-8 pm	18+	
110900B	Mar 19 - Apr 9	Tu 6-8 pm	18+	
110900C	Apr 30 - May 21	Tu 6-8 pm	18+	



# Vogt Visual Arts Center

## Drawing with Carol

Develop your drawing skills through guided practice in creating basic forms by using lines, values and textures to be used in drawing from life. Pencil, charcoal, and pen and ink on good quality drawing paper will be used. As Stevan Dohanos said, "The artist's hand is the extension of his (her) eye." A supply list will be attached to your receipt.

<b>Instructor:</b>	Carol Chirafisi			
<b>Location:</b>	Vogt Visual Arts Center			
<b>Fee:</b>	\$40 R / \$52 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
109940A	Feb 12 - Mar 5	Tu 11 am-1 pm	18+	
109940B	Mar 19 - Apr 9	Tu 11 am-1 pm	18+	
109940C	Apr 30 - May 21	Tu 11 am-1 pm	18+	

## Water Color Painting with Carmelo

Looking for a fun way to lose your fear of painting? Join me, no previous experience necessary, as you paint along exploring simple water color techniques. It is amazing to see everyone start with common themes, but end up with individually different results. Patterns for paintings will be provided. Consider this class to be a "springboard" to a new and exciting life as an Artist.

<b>Instructor:</b>	Carmelo Schifano			
<b>Location:</b>	Vogt Visual Arts Center			
<b>Fee:</b>	\$40 R / \$52 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
109950A	Feb 1 - 22	F 10 am-12 pm	18+	
109950B	Mar 8 - 29	F 10 am-12 pm	18+	
109950C	Apr 12 - May 3	F 10 am-12 pm	18+	
109950D	May 17 - Jun 7	F 10 am-12 pm	18+	

## Colored Pencil

Colored Pencil is a great class for beginners looking to explore art and more advanced students looking to delve deeper into this art form. Learn the various techniques of colored pencil including cross hatching, blending and burnishing. Using Prismacolor pencils, students will explore the diversity of this medium and bring to a successful conclusion a wonderful work of art. A supply list will be printed on your receipt.

<b>Instructor:</b>	Tony Crnkovich			
<b>Location:</b>	Vogt Visual Arts Center			
<b>Fee:</b>	\$45 R / \$57 NR			
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>	
109995A	Feb 6 - Feb 27	W 4-6 pm	18+	
109995B	Mar 6 - Mar 27	W 4-6 pm	18+	
109995C	Apr 3 - Apr 24	W 4-6 pm	18+	
109995D	May 1 - May 22	W 4-6 pm	18+	



# Vogt Visual Arts Center

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

### VVAC Art Parties

Are you looking for a new exciting location to host your birthday party this year? Well, the VVAC offers the following birthday party packages:

### Arts & Crafts Birthday Party at the VVAC!

Are you looking for a new, fun and creative idea for your child's next birthday party? The VVAC is the perfect place where the birthday child can select up to three (3) crafts from over 12 different arts and crafts options! Included in the rental fee is 2.5 hour party for up to 15 party guests, crafts, goodie bags, tables and chairs for crafts, cake, gifts, etc., in the party room located on the 2nd Floor of the VVAC and two TP-PD party attendants.

**Location:** Vogt Visual Arts Center (17420 S. 67th Ct)

**Fee:** \$225 R /\$300 NR

### Guided Canvas Painting Party

Whatever your theme is, a picture can be created to go along with it! Everyone will have their own easel and canvas for their creativity to flow right out onto! The party package is for up to 15 party guests and includes a blank canvas/paints and with the help of step-by-step instruction (no experience necessary), each will create a masterpiece and take it home at the end of the party! Each party guest will also receive a goodie bag! Recommended for ages 8+.

**Location:** Vogt Visual Arts Center (17420 S. 67th Ct)

**Fee:** \$225 R / \$300 NR



## MEMBERSHIP TYPE MONTHLY MEMBERSHIP INITIATION

	RESIDENT	VILLAGE/CORPORATE**	NON-RESIDENT	
Individual (age 13-59)	\$35	\$41	\$45	\$50
Household of 2 Same address	\$56	\$63	\$74	\$75
Household of 3 Same address	\$76	\$90	\$111	\$75
Household of 4 Same address	\$96	\$117	\$148	\$75
Each Additional Member	\$20	\$27	\$37	\$25
Senior (age 60+)	\$28	\$36	\$42	\$25
Senior Couple (both age 60+)	\$46	\$54	\$68	\$25

**Initiation Fee Includes:** Member orientation to Center and equipment and two free guest passes. Proof of residency is required.

**\*\*Village/Corporate Rate applies to those who live in the Village of Tinley Park but outside the Park District boundaries and those who work within the village. Proof of Residency and Employment Status (current pay stub) required.**



Visit our website  
for a complete list of our services  
and hours.

WWW.TINLEYPARKDISTRICT.ORG  
(708)342-4255 8125 W. 171ST STREET, TINLEY PARK

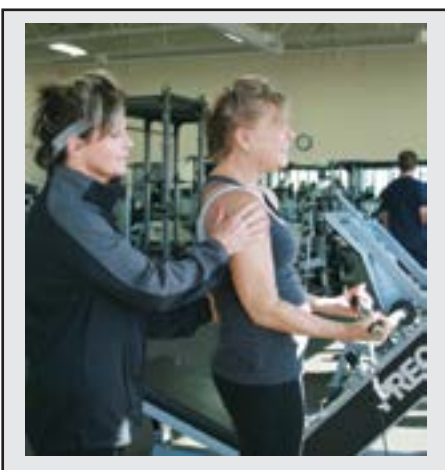


SHOW	DATE	DAY/TIME	AGE	GENRE	PRICE
Old Lang Signs	Jan 19	Sa 7:30 pm	13+	Comedy Improv	\$9
Southland's Got Talent	Mar 9	Sa 7:00 pm	All	Talent Contest/Show	\$9
One Flew Over the Cuckoo's Nest	Apr 20,26 & 27	F, Sa 7 pm	18+	Community Theater	\$12
What Happened After Once Upon A Time	Apr 28	Su 3 pm	All	Kidz Theater	\$8
What If There Was This Kid?	Apr 13 - 14	Varies	All	Kidz Theater	\$8
Yearbook	May 17-19	Varies	All	Emerging Actors	\$8
Attracting Opposites:	May 17-19	Varies	All	Veteran Actors	\$8
An Oxyronomic Love/Hate Story	May 11	Sa 7:30 pm	13+	Comedy Improv	\$9

Complete details on events can be found in the Performing Arts section of this brochure, pg 70-72. Tickets can be purchased at the Recreation Center, online at [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org), or at the box office 30 minutes prior to show (if tickets remain).



# PERSONAL TRAINING



**We've got  
the right fit  
for you!**

Whether you are just starting out, coming back from an injury, or the extreme athlete, working with one of our training professionals will help you achieve your fitness goals. Our trainers assist you with goal setting, nutrition, accountability and most importantly, motivation!



VISIT THE FITNESS FRONT DESK TODAY!

- Experienced Professionals
- Customized Workout Plans
- Motivation and Support

## ASSESSMENT PACKAGES

Equipment Orientation	Free
Fitness Assessment	\$15
Follow-up Assessment	\$10
Consultation	\$25
Movement Analysis	\$35

## PRIVATE TRAINING

15 - 1/2 hour sessions	\$300
5 - one hour sessions	\$220
10 - one hour sessions	\$370
12 - one hour sessions	\$432
20 - one hour sessions	\$700

## SEMI-PRIVATE TRAINING

5 - one hour sessions	\$300 (\$150/member)
10 - one hoursessions	\$520 (\$260/member)
20 - one hour sessions	\$960 (\$480/member)

## SMALL GROUP (3-5 MEMBERS)

10 - one hour sessions	\$210/member
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## NON-MEMBER PRICING

15 - 1/2 hour sessions	\$375
5 - one hour sessions	\$275
10 - one hour sessions	\$463
12 - one hour sessions	\$540
20 - one hour sessions	\$875

REGISTRATION DEADLINE IS ONE  
WEEK PRIOR TO START OF EACH  
CLASS UNLESS OTHERWISE NOTED

**Tinley Fitness**

## Body Blast Boot Camp

This is an intense, fast paced, cardio/strength workout that produces maximum benefits while burning maximum calories all before 7:00am. You're in, you're out and done for the day! This class is designed to improve cardiovascular fitness, increase muscular endurance and strengthen your entire body. During our time together, you will perform a combination of exercises which include plyometrics, athletic sports drills, resistance and cardio training to create muscle confusion so you'll never plateau! Natalie's ready, are you? Drop-In rates: \$8 Member / \$10 Non-Member

<b>Instructor:</b>	Natalie		
<b>Location:</b>	Tinley Fitness		
<b>Fee:</b>	\$64 Member / \$78 Non-Member		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
112450A	Apr 15 - May 31	M, F 5:35-6:35 am	13+

## Walking Tall

Put your walking shoes on, grab a friend, and join Walking Tall with Personal Trainer Gina! With one foot in front of the other, you will walk into spring with better posture and improved gait. Enjoy fun walking drills and finish each session with balance and stretching exercises to aid with fall prevention. Gina's positive and peppy personality will motivate anyone to stride farther! Free trial class Wed., Feb 6! Drop-In rates: \$8 Member / \$10 Non-Member

<b>Instructor:</b>	Gina		
<b>Location:</b>	Tinley Fitness		
<b>Fee:</b>	\$28 Member / \$42 Non-Member		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
112005A	Feb 11 - Mar 4	M, W 11:45 am-12:30 pm	13+

## Senior Fit – Group Training

This program focuses on small group training with individualized attention for the older adult. Training will cover flexibility, balance, posture, fall prevention, neuro-motor skills, strength and cardio exercises in a 5 week format. The maximum number of participants in each session is 4 people, so register early. Join Personal Trainer Tracy to stay active, gain mobility, and continue to function at your best in daily life! Age smarter by creating healthy habits, moving more, or improving upon your current fitness routine. Drop-ins are not available for this program.

<b>Instructor:</b>	Tracy		
<b>Location:</b>	Tinley Fitness		
<b>Fee:</b>	\$150 Member / \$175 Non-Member		
<b>Age:</b>	55+		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
112135A	Mar 11 - Apr 10	M, W 10-11 am	60+
112135B	Mar 12 - Apr 11	Tu, Th 7:45-8:45 am	60+

## Private Yoga Party



Now offering yoga parties! What a great way to unwind, relax and reconnect! Our new Yoga Party includes 1 hour of yoga/relaxation with our instructor, a time to ask questions, and then 2 hours of time to socialize with friends and family in one of our rental rooms (BYO refreshments!). Whether you want a couples night out, social get-togethers, bachelorette or pampering party, we've got it covered!. We will customize the class if you are looking for something unique for your group!

<b>Location:</b>	Tinley Fitness Studio/Rec Center Rental Room
<b>Day/Time:</b>	Friday evenings from 6-9 pm: Yoga will promptly begin at 6:30pm
<b>Fee:</b>	\$195 R / \$270 NR

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WINTER/SPRING 2019

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# Tinley Fitness

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

## Pounds of Potential Pounds of Potential: 60 Day Weight Loss Challenge

Take off unwanted pounds with this 60 day weight loss challenge and reach your body's potential! Program includes: Personal Training with the trainer of your choice once per week for 8 weeks, 4 group sessions with our Member Nutritionist, and a fitness journal. You will be accountable for weighing in 4 times for this program (kick-off, day 15, day 45 and the finale) keeping a food log, plus doing independent workouts. Winner receives a prize package, 1 year membership, and a discount on future nutritional consults! This program includes an 8 week membership to our fitness facility for non-members.

- Mar 2: Meet trainers, measurements, program guidelines, set goals and schedule training sessions
- Apr 27: Final measurements
- Apr 30: Winner announced

**Instructor:** Tinley Fitness Trainers/Member Nutritionist  
**Location:** Tinley Fitness  
**Fee:** \$280 Member / \$430 Non-Member  

PROGRAM #	DATE	DAY/TIME	AGE
112112A	Mar 2 - Apr 30	Varies by participant	16+

CAMP TINLEY CHILD CARE

2019  
SUMMER PREVIEW  
8 AM - 12 PM AND  
1 - 5 PM  
RE/MINDER  
8 AM - 12 PM

DAILY DROP-IN:  
\$5/VISIT EACH CHILD

RATES

MONTHLY RATE:  
1ST CHILD - \$11  
EACH ADD'L CHILD - \$8

ALL FEES ARE IN ADDITION TO REGULAR DUES, MEMBERSHIPS OR PROGRAM FEES.  
CHILDREN ARE OPEN TO AGES 1 - 12

Tinley Park-Park District  
Child Care Center  
Available for Tinley Fitness  
or Rec Center Members  
and Program Participants

Park Pavilion Permits

Our park pavilions are perfect for picnics, family reunions, graduations, birthday parties and corporate gatherings.

For complete permit information, please visit our website at [www.tinleyparkdistrict.org/picnic-permits/](http://www.tinleyparkdistrict.org/picnic-permits/)

Resident permits go on sale at Tony Bettenhausen Recreation Center Monday, Jan. 21, 2019 at 9:00 am by lottery draw. Please bring proof of residency. \*

Non-resident permit sales begin on April 1, 2019.

\*Proof of residency documents are listed on page 7.

# Special Events

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED



## Daddy/Daughter Dance

Dad, take your little sweetheart to our Valentine's Dance. Enjoy cookies, punch and dance by candlelight. Games and gifts for all! A photographer will be taking pictures of each couple and they will receive one complementary 4X6 picture with additional packages available to purchase. Each attendee must have a ticket. No walk-in registrations will be accepted on the night of the event.

**Location:** Recreation Center  
**Fee:** \*\$16 R per person / \$21 NR per person  
**Age:** Fathers and Daughters  

PROGRAM #	DATE	DAY/TIME
111785A	Feb 1	F 7-9 pm

\*Please note: Tickets will NOT be mailed. Each attendee must register. Your receipt will serve as your ticket. Each attendee must register.

## Summer Camp Sneak Preview & Scholastic Book Fair FREE!

Come check out all the fun we have lined for summer! Meet staff from our summer camps: Tot Camp (ages 3-entering Kindergarten), Summer Day Camp Sites (grades 1st-7th) McCarthy Park and Vogt Woods, as well as Teen Camp (7th-10th grades). See the schedules, ask questions and get ready for summer fun. Tot Time Sneak Peek and an amazing book fair are part of the fun. The book fair is open to anyone, stop by and grab a book.

**Location:** Recreation Center  

DATE	DAY/TIME	AGE
Feb 9	Sa 10 am-12 pm	All

## Hot Wheels Classic

Bring your fastest Hot Wheels or Matchbox car and compete for the "big prize". Refreshments will be served.

**Location:** Recreation Center  
**Fee:** \$12 R / \$16 NR  

PROGRAM #	DATE	DAY/TIME	AGE
111700A	Feb 15	F 5:15-6:15 pm	*2-6

\*Please note: with adult

## Hot Wheels All Stars

We are looking for the best of the best for this Hot Wheel or Matchbox car race as we compete for the grand prize. Refreshments will be served.

**Location:** Recreation Center  
**Fee:** \$12 R / \$16 NR  

PROGRAM #	DATE	DAY/TIME	AGE
111701A	Feb 15	F 6:30-7:30 pm	7-12

## Family B-I-N-G-O Night

Does cabin fever have you itching for something to do? Join us for a fun-filled bingo night. We will play a variety of fun bingo games for prizes and enjoy yummy snacks. All children must be accompanied by an adult and fee is for all participants attending.

**Location:** Recreation Center  
**Fee:** \$12 R / \$16 NR  

PROGRAM #	DATE	DAY/TIME	AGE
111038A	Feb 22	F 6-8 pm	6+

## Dr. Seuss Is On the Loose

Come by twos...come by threes...fours are good...and fives will please. Join us for a Seuss-filled kind of a day! Activities will include Dr. Seuss stories, games and crafts. Come one, come all, come green, come tall! Refreshments will be served.

**Location:** Recreation Center  
**Fee:** \$15 R / \$20 NR  

PROGRAM #	DATE	DAY/TIME	AGE
111116A	Mar 1	F 3-4:15 pm	3-6

## Spring Arts And Craft Fair

This fair highlights many of the talented crafters in the community. Exhibits are open to the public at no charge. If you would like to be an exhibitor, please stop by the Park District office to register. NOTE: commercial items are not eligible for this show.

**Location:** Recreation Center  
**Age:** Adult  

PROGRAM #	DATE	DAY/TIME	FEE
111735A	Mar 9	Sa 10 am-3 pm	\$25/space w/6' table
111735B	Mar 9	Sa 10 am-3 pm	\$15/space



Special Events

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Clover Hunt FREE

Prizes will be given to children who find the special clovers. Treat bags will be distributed to the first 100 children in each session. This event will be held rain or shine! Registration is not required, just show up for the fun.

**Location:** Tinley Junction Mini-Golf  
**Date:** Mar 15  
**Day:** Friday  
**Fee:** Free  
**Age**  
3-5 4 pm  
6-10 4:30 pm



Irish Tea

Stop in for a spot o' tea at the VVAC before heading to the Irish Parade! Located just one block off of the parade route, the Vogt Visual Arts Center will be decorated for St. Patrick's Day and offering music and traditional Irish goodies like scones, soda bread and an assortment of teas. In addition, enjoy the Annual Photography Exhibit that will be on display in the gallery.

**Location:** Vogt Visual Arts Center  
**Fee:** Free  
**DATE DAY/TIME AGE**  
Mar 3 Su 12:30-2pm All

Puzzle-Palooza NEW!

Race against the other teams as you compete in putting together a 500 piece puzzle. Teams of 2-4 will work together. Bring snacks for the day. Complete rules are available at the Recreation Center. Prizes will be awarded!



**Location:** Recreation Center  
**Fee:** \$25 R team / \$33 NR team  
**PROGRAM # DATE DAY/TIME AGE**  
111788A Mar 23 Sa 10 am-1:30 pm All

Jelly Bean Contest

From March 26 through April 16, there will be a jar full of jelly beans in the Bettenhausen Recreation Center. Come in and guess how many jelly beans are in the jar. Prizes will be awarded to the two children who come closest to the exact count. Children ages 3-12 only.

Grandparents Day Tea Party

This spring break, come enjoy a special treat with grandma and grandpa! We will be serving traditional tea foods as well as some kid favorites. In addition, we will have crafts, take pictures, learn about family history and have fun!

**Registration deadline: March 15**  
**Location:** Recreation Center  
**Fee:** \$12 R (per person) / \$13 NR (per person)  
**PROGRAM # DATE DAY/TIME AGE**  
111080A Mar 27 W 11:30 am-1 pm All

"My Mom is the Best" Contest

Do you think your mom is the best ever? If so, tell us why in 50 words or less. Winner will receive a prize for their mom from a local sponsor. Entry forms will be available at the park district office beginning on April 2. Entries must be submitted by May 2. One winner will be selected from each division: Pre-K and kindergarten; Grades 1 and 2; Grades 3, 4 and 5. Winners will be notified by May 8.

Gnome Day NEW!

Wee folks will start at the Tinley Park Performing Arts Center to watch 'Sherlock Gnomes' followed by a "gnomemade" craft and gnome hunt in and around McCarthy Park. Register by Monday, March 25. All registrants will receive a box of popcorn during the movie! *(no outside food is allowed in the theater)*

**Location:** McCarthy Recreation Bldg/Tinley Park Performing Arts Center  
**Fee:** \$5 per person  
**PROGRAM # DATE DAY/TIME AGE**  
111791A Apr 7 Su 9-11:30 am All

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED

Easter Hoppenings

Hop on down to decorate Easter baskets, color eggs, play Bunny Bingo for valuable prizes, and enjoy an "eggstra" special Easter snack!

**Location:** Recreation Center  
**Date:** Apr 17  
**PROGRAM # DAY/TIME FEE AGE**  
111718A W 3-4:15 pm \$14 R / \$19 NR 3-5  
111718B W 4:30-5:45 pm \$14 R / \$19 NR 6-10

Flashlight Easter Egg Hunt FREE

The Easter Bunny invites you to join him in our Flashlight Easter Egg Hunt. Be ready to visit with our special guest - the Easter Bunny! Bring your flashlights. No need to register, just show up for the fun! This event will be held rain or shine.

**Location:** Community Park baseball fields (West of the Recreation Center)

**Date:** Apr 12  
**Day:** Friday  
**Fee:** Free  
**Age**  
3-4 7:30 pm (south field)  
5-8 7:40 pm (north field)



\*Pizza With Peter Rabbit

Celebrate Easter with the Park District and friends at our pizza party with Peter Rabbit. There will be games and pictures with the Easter Bunny. The Easter Bunny will have a special treat for each child registered. Afterwards, the Easter Bunny will lead us outside (weather permitting) for the Easter Flashlight Egg Hunt. Don't forget your camera!

**Program #** 111737A  
**Location:** Recreation Center  
**Date:** Apr 12  
**Day:** Friday  
**Time:** 5:45-7:15 pm  
**Age:** Children and Parents  
**Fee:** Under 12 months: Free (does not include pizza and prizes)  
Age 1-Adult: \$10 R (per person)  
\$13 NR per person

Special Events

Earth, Wind and Fire NEW! FREE!

Celebrate **Earth** Day with hands-on games and activities. The **Wind** will be blowing at the kite fly on McCarthy Field, bring a kite to fly and fill the sky with spring colors! Stop by the warming bon**Fire** to roast some tasty marshmallows.

**Location:** McCarthy Park  
**Fee:** FREE  
**DATE DAY/TIME AGE**  
Apr 27 Sa 10 am-12 pm Families

Mother/Son Superhero Date Night

Calling all super sons and super moms...this is the night you've been waiting for. Here's your chance to dress up as your favorite super hero and show off your super dance moves. The fun will include light refreshments, music, and super hero games. You never know what superhero may show up, so make sure you bring your camera to capture all the awesome moments! It's guaranteed to be a super fun night for both moms and sons. Games and gifts for all! A photographer will be taking pictures of each couple and they will receive one complimentary 4x6 picture with additional packages available to purchase.

**No tickets will be sold at the door.**  
**Location:** Recreation Center  
**Fee:** \$17 R per person / \$23 NR per person  
**PROGRAM # DATE DAY/TIME AGE**  
111786A May 3 F 7-9 pm Mothers and Sons





## Special Events

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO START OF EACH CLASS UNLESS OTHERWISE NOTED



18200 S 84th Ave  
708-342-4200  
www.tinleyparkdistrict.org

### WELCOME TO THE BARK SIDE!

**The CANINE Force Awakens!**  
**MAY the 4th**  
**Saturday, 10 AM - 12 PM**  
**Costume Contest! Photo Area!**  
**Out of this World Activities!**  
**Open to members and the public!**

**FREE!**

Canine Campus is a Member-only off-leash dog park. Membership fees, forms and rules/regulations are available Bettenhausen Recreation Center, 8125 W 171st. and online at [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org)

Dogs who threaten/show aggression toward other dogs/owners will be asked to leave.

### Star Wars Twilight Golf

Join us in a galaxy not so far away for a Star Wars themed season opening of the Tinley Junction Mini Golf course. Bring your family and friends out for intergalactic fun which will include a round a golf with a glow in the dark golf ball and a free popcorn! Everyone is encouraged to dress in Start Wars costume or character shirts. So be sure to channel your inner Princess Leia, Luke Skywalker or Han Solo and join us for this fun-filled evening. No need to register—just show up for the fun!

**Location:** Tinley Junction Miniature Golf  
**Date:** May 4  
**Day:** Sa  
**Time:** 7-9 pm  
**Age:** All  
**Fee:** Regular golf prices apply



### Second Hand Treasures GIANT Garage Sale

One man's junk is another man's treasure! Get the family together to do a little spring cleaning! Get rid of those white elephants taking up room and gathering dust! Sell those difficult-to-part-with "treasures" at the Annual Second Hand Treasures GIANT Garage Sale. It will take place in the White Water Canyon Parking lot. Exhibits are open to the public at no charge. **EXHIBITORS/SELLERS:** register early. The Park District provides advertising and a selling space.

**Location:** White Water Canyon Parking Lot  
**Date:** May 11  
**Day:** Sa  
**Time:** 8:30 am - 1:30 pm

PROGRAM #	TYPE	FEE
111704A	Space & 8' table	\$30 R / \$39 NR
111704B	Space only	\$20 R / \$26 NR



### ANNUAL ART SHOW AND SALE



Enjoy a day long celebration of art! The Vogt Visual Arts Center annual event features original works by local and regional artists!



**SATURDAY**  
**JUNE 8**  
**10 AM - 4 PM**



Live entertainment in the gazebo!  
Kid's crafts!  
Live demos and more!



Vogt Visual Arts Center  
17420 S. 67th Court  
708-614-6503 / [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org)

## Trips and Excursions

All trips depart from McCarthy Park at 16801 S. 80th Ave in Tinley Park unless otherwise noted!


We know your feet are made for walking, but it's nice to have an idea how much is involved on our trips! The more you see by a program, the more steps you'll take!

### Chicago Flower and Garden Show

Break out of the winter blues with a trip to the fabulous indoor gardens at Navy Pier. Chicago Flower & Garden Show returns in 2019 with "FLOWER TALES: The Story Grows On!" Creators of the Show's 23 gardens will interpret the unique role flowers, plants and gardens play in the stories of our lives and literature. In addition to the themed gardens there are workshops, shopping and other floral themed offerings. Lunch is on your own at Navy Pier. Trip includes transportation and admission.

**Location:** Chicago, IL  
**Fee:** \$60 per person

PROGRAM #	DATE	DAY/TIME	AGE
105006A	Mar 21	Th 8:15 am-4:30 pm	All




### University of Chicago Tour

Join Seecago Tours on another fun adventure! The historical U of C, along with a tour of Jackson Park, Washington Park and parts of Hyde Park; see how the area was shaped by Marshall Field, John D. Rockefeller, Amos Alonzo Stagg, Enrico Fermi, Daniel Burnham, the 1893 World's Fair and more. Visits to F L Wright's Robie House, Rockefeller Chapel and Oriental Museum. Lunch at Pocollo Mondo, tours and motor coach transportation are included.

**Location:** Chicago, IL  
**Fee:** \$123 per person

PROGRAM #	DATE	DAY/TIME	AGE
111792A	Apr 11	Th 8 am-4:30 pm	All




### Farnsworth House and Lunch

Enjoy a brunch stop at Emerson Tea Room and Pottery Shop in Oswego. After a quick stop through the fabulous shop at Emerson Creek, we will head to Farnsworth House. Built in the mid-20th century along a gorgeous stretch of the Fox River sits a home designed by Ludwig Mies van der Rohe. The home set the bar for modern domestic living of clarity and simplicity. This tour will include a bit of walking along the grounds from the visitor's center to the house. Please dress for the weather. Trip includes lunch and tour. Travel is by motor coach.

**Location:** Lake County, IL  
**Fee:** \$95 per person

PROGRAM #	DATE	DAY/TIME	AGE
111793A	Apr 30	Tu 9:30 am-3:45 pm	All



### Quad Cities Tour

Join Seecago Tours on another fun adventure! Our 3-day/2-Night tour includes amazing stops as we explore Illinois and Iowa. We will travel along the historic Lincoln Highway as we make our way to the Quad Cities. Our stay in the Quad cities will be at Isle Casino Resort. Stops and tours include the Historic John Deere Homestead, Blackhawk Historic site, Rock Island Arsenal, Mississippi River Dinner Cruise, Starved Rock, Ottawa and so much more! Price is for double occupancy and all meals are included. Full itinerary and meal listing is available at the Recreation Center. **Please register by April 12.**

**Location:** Quad Cities, IL  
**Fee:** \$500 Double Occupancy / \$570 Single Occupancy

PROGRAM #	DATE	DAYS	AGE
111794A	May 14-16	Tu-Th	21+

86 WINTER/SPRING 2019

708-342-4200 | [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org)

[www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org) | 708-342-4200

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SPECIAL EVENTS • TINLEY FITNESS • VVAC • PERFORMING ARTS • ATHLETICS • HEALTH & FITNESS • MATURE ADULTS • ADULTS • YOUTH • PRESCHOOL • INFORMATION

TRIPS



# Trips and Excursions

REGISTRATION DEADLINE IS ONE  
WEEK PRIOR TO START OF EACH  
CLASS UNLESS OTHERWISE NOTED

## Chicago Blackhawks vs Colorado Avalanche – Game & Chance to View a Morning Practice Skate!

Don't miss this trip to see your very own 2015 Stanley Cup Champion Chicago Blackhawks play against the Colorado Avalanche at the United Center! This trip will sell out fast so sign up now! Fee includes bus transportation and 300 level tickets (rows 13-15). Game start is 7pm; we will be depart at 5:30 pm from the parking lot south of Panera Bread at 7204 W. 191st Street, Tinley Park; returning at approximately 11 pm.

If you register by March 1, you will be entered into a free drawing with the Tinley Park-Park District for a chance for you and one guest to view a morning skate of the Blackhawks practice during the 18-19 season (date/times TBA and transportation not included). Winner will be notified on Monday, March 4.

<b>Trip Coordinator:</b>	Erin Cortilet		
<b>Departing From:</b>	Parking lot south of Panera Bread, 7204 W 191st, Tinley Park		
<b>Location:</b>	United Center, Chicago IL		
<b>Fee:</b>	\$114 per person		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
105039A	Mar 24	Su 5:30-11 pm	All

## Second City Classic Food Tour, Chicago IL



The Chicago Food Planet will provide a guided tour of Chicago's Gold Coast and Old Town visiting six food-tasting locations within the epicurean hot-spot Near North area. Mouth-watering food samplings, enough for a hearty lunch, are served from "mom and pop" specialty food stores and one-of-a-kind ethnic eateries. Stops include Lou Malnati's, The Fudge Pot, The Spice House, Old Town Oil, Tea Gschwendner and Old Jerusalem. Between tastings, you'll experience the life of a Chicagoan as you stroll the bustling tree-lined streets of these celebrated Near North neighborhoods. The enthusiastic, local guides share their knowledge and recommendations of architectural gems, beautiful gardens, historic mansions, backdoor venues, hidden parks and exciting local attractions. Wonder why Chicago is called "The Second City"? They'll tell the story! The Second City Classic is perfect for those exploring their inner foodie with various samples of famous Chicago foods. Wear comfortable shoes for some walking to the different stops. All food tastings, round trip motor coach transportation, lunch tax/gratuity are included in the registration fee.

**REGISTRATION DEADLINE: MONDAY, APRIL 22!**

<b>Trip Coordinator:</b>	Erin Cortilet		
<b>Fee:</b>	\$100 per person		
<b>PROGRAM #</b>	<b>DATE</b>	<b>DAY/TIME</b>	<b>AGE</b>
105046A	May 9	Th 10 am-3 pm	All







### Running O' The Green 8K Run/Walk

Awards will be given for first, second and third place runners in all age categories, male and female, based on chip timing. An award will also be given to the best overall resident and non-resident male and female runner. Unisex long sleeve tech shirts will be awarded to the first 550 registered participants. Pre-registration closes February 28 at 3 pm. Registration will reopen at 7 am on race day. Packet pick-up will be on March 2 from 8 am to 3 pm at the Recreation Center. **Green attire is encouraged!**

**Location:** Recreation Center  
**Day/Date:** Sunday, Mar 3  
**Time:** 8 am Race Start  
**Fee:** \$16 without shirt / \$22 with shirt (Pre-registration)  
 \$30 with/without shirt, if available (Race Day)

#### MALE PROGRAM #

106606A	9 and under
106606B	10-14
106606C	15-19
106606D	20-24
106606E	25-29
106606F	30-34
106606G	35-39
106606H	40-44
106606I	45-49
106606J	50-54
106606K	55-59
106606L	60-64
106606M	65-69
106606N	70 and over

#### FEMALE PROGRAM #

106607A	9 and under
106607B	10-14
106607C	15-19
106607D	20-24
106607E	25-29
106607F	30-34
106607G	35-39
106607H	40-44
106607I	45-49
106607J	50-54
106607K	55-59
106607L	60-64
106607M	65-69
106607N	70 and over



**Tinley Park-Park District**

8125 W. 171st St.  
Tinley Park, IL 60477

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POSTAL CUSTOMER



**SEASON PASSES  
ON SALE  
MARCH 1, 2019!**

**2019 SEASON  
JUNE 1 TO  
SEPTEMBER 2**

**8221 W 171ST  
STREET  
TINLEY PARK, IL**