

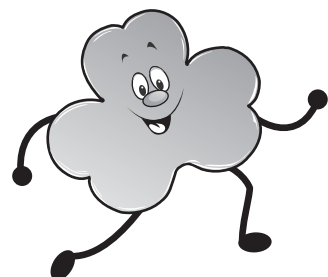
**Date:** Sunday, March 3, 2019, Rain or Shine  
**Location:** Bettenhausen Recreation Center  
 8125 W. 171st St., Tinley Park, IL 60477  
 (Please no dogs allowed)  
**Time:** Race will start promptly at 8:00 a.m.  
 Registration will be from 7:00 - 7:45 a.m.  
 on race day.  
**Distance:** 8K - 4.97 mile run.  
**Certified:** USATF Chip timed.

**Age Categories:**  
 9 & Under; 10-14; 15-19; 20-24; 25-29; 30-34;  
 35-39; 40-44; 45-49; 50-54; 55-59; 60-64;  
 65-69; 70 & over.  
**Course:** Residential area, on street, mostly flat course.

**Split Times and Water:** Split times and water will be available at the 2 and 4 mile mark.

**Refreshments:** Refreshments will be available.

**Shirts:** Long sleeve tech shirts will be awarded to the first 550 registered.



**Awards:**  
 Awards will be presented to 1st, 2nd and 3rd best times in each category - both male/female. One award will be presented to the best overall time male/female, resident and non-resident.

**Entry Fee:**  
 Pre-registration is \$22.00 with shirt and \$16.00 without shirt and closes on February 28. \$30.00 registration on race day with or without shirt, on race day shirts may not be available.

**Pre-Registration:**  
 Walk-in: Tinley Park-Park District  
 Mail in: 8125 W. 171st St., Tinley Park, IL 60477  
 Office Hours:  
 (708) 342-4200  
 Monday-Friday      Saturday      Sunday  
 7:00a.m. - 10p.m.      8a.m. - 8p.m.      7a.m. - 5p.m.

Mail-in, walk-in or on-line registration accepted until February 28 at 3:00 p.m. Registration re-opens at 7:00 a.m. on race day at the Bettenhausen Recreation Center.

**Packet Pick-Up:**  
 Pre-registered runners may pick-up their bib and shirt March 2 at the Recreation Center 8a.m. - 3p.m. or on race day at check-in at the Recreation Center.

**Results:**  
 Available at [www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org) following the race.

## Tinley Park-Park District Official Entry Form 2019

Name \_\_\_\_\_ Home Phone (    ) \_\_\_\_\_ Cell Phone (    ) \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Age as of March 3, 2019 \_\_\_\_\_ Email \_\_\_\_\_

Sex	Age Category				T-Shirt Size (check one)
<input type="checkbox"/> male 106606	<input type="checkbox"/> 9 & under / A	<input type="checkbox"/> 25-29 / E	<input type="checkbox"/> 45-49 / I	<input type="checkbox"/> 65-69 / M	Adult
<input type="checkbox"/> female 106607	<input type="checkbox"/> 10-14 / B	<input type="checkbox"/> 30-34 / F	<input type="checkbox"/> 50-54 / J	<input type="checkbox"/> 70 and Over / N	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L
	<input type="checkbox"/> 15-19 / C	<input type="checkbox"/> 35-39 / G	<input type="checkbox"/> 55-59 / K		<input type="checkbox"/> XL <input type="checkbox"/> XXL
	<input type="checkbox"/> 20-24 / D	<input type="checkbox"/> 40-44 / H	<input type="checkbox"/> 60-64 / L		

**Fee Enclosed:** (Circle One):  
 \$30.00 race day (with/without shirt, if available)  
 \$22.00 with shirt until February 28  
 \$16.00 without shirt until February 28

**Make checks payable to:**  
 Tinley Park-Park District  
**NO REFUNDS!**

**Mail To:**  
 TINLEY PARK-PARK DISTRICT  
 8125 W. 171st St., Tinley Park, IL 60477  
 Fax: (708) 342-4290

### WAIVER & RELEASE FORM

Please read this form carefully and be aware that, in signing up and participating in Tinley Park-Park District programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms "I", "me", and "my", also refer to parents or guardians as well as participants in the programs. In registering for these programs, you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating, in any manner, in any and all activities with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the Tinley Park-Park District, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities, of whatever nature, might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as "release parties" in the remainder of this Agreement.)

I do hereby fully release and discharge the Tinley Park-Park District and the other released parties from any and all claims for injuries, damage or loss which I may accrue to me on account of my participation in these programs.

I further agree to indemnify, hold harmless and defend the Tinley Park-Park District and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as "participation", "programs", and "activities", referred to in this Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions of supervision, the use and adjustment of any all machinery, equipment, and apparatus, and anything related to my use of the services, facilities, or premises involved in these programs, and transportation to and from any events.

I understand the nature of these programs for which I am registering and have read and fully understand the Waiver, Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become a part of this Agreement.

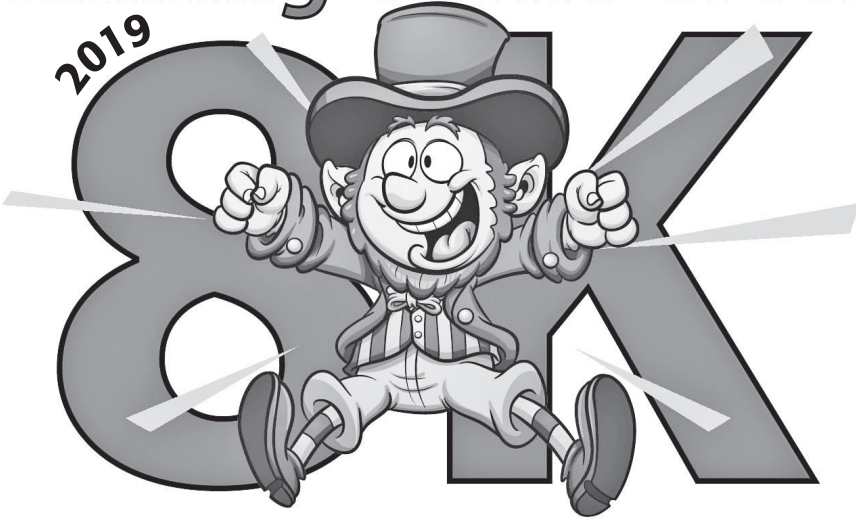
Signature \_\_\_\_\_ Fee \$ \_\_\_\_\_ Date \_\_\_\_\_ Race # \_\_\_\_\_

Parent or Guardian MUST sign if Participant is under the age of 18.

Credit Card \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiration Date \_\_\_\_/\_\_\_\_/\_\_\_\_ CVC \_\_\_\_\_

# Tinley Park-Park District's Running O' The Green

2019



**8:00 a.m.,  
Sunday  
March 3rd**  
**Bettenhausen  
Recreation Center**

Printing donated by: **Crossmark Printing, Inc.**, Tinley Park • (708) 429-9704 • E-mail: info@ecrossmark.com

**8K - 4.97 MILE RUN**  
**RUNNING O' THE GREEN**  
Tinley Park-Park District's 10th Annual

**CURRENT RESIDENT OR**

PRESORTED STD  
U.S. POSTAGE  
**PAID**  
TINLEY PARK, IL  
PERMIT NO. #51

**TINLEY PARK-PARK DISTRICT**  
8125 W. 171ST STREET  
TINLEY PARK, ILLINOIS 60477

**RUNNING  
O' THE GREEN**  
8K Run - 4.97 Miles  
SUNDAY, MARCH 3, 2019  
**Bettenhausen Recreation  
Center 8a.m.**  
8125 W. 171st Street  
(708) 342-4200

