

## GOT FRIENDS PROMO?

- 1st referred new member – current member receives a t-shirt
- 2nd referred new member – current member receives a water bottle
- 3rd referred new member – current member gets one free on his/her membership!\*

*\*New membership must be purchase in February 2022. Free month for the current member will be for the April 2022 billing.*



**SHARE  
THE  
LOVE!**

**See TF Front desk to pick up a referral form to share the love with friends!**

Offering fun, informative opportunities for everyone! Checkout our **LIVE LIFE WELL** Calendar on our Website Page under Tinley Fitness for monthly events & programs!

[www.tinleyparkdistrict.org](http://www.tinleyparkdistrict.org)

**New Class Monday Evenings  
7:00pm Pilates Fusion with Vicki! Come give it a try!**



February Pool Schedule



Group Fitness February Schedule

## Freeze Information

Cancellations and Freeze Requests must be made by 15<sup>th</sup> of the current month to avoid being charged for the following month. You may put your membership on a Freeze for up to 4 consecutive months. Effective January 1, 2022 the Freeze Fee is \$10.00 Per Person NOT Per Household. This means, that each member can request up to a 4-month freeze per a 12-month period.

Please email [Tinley.Fitness@tinleyparkdistrict.org](mailto:Tinley.Fitness@tinleyparkdistrict.org) with your contact information and applicable Tinley Fitness members if you will be freezing or cancelling membership.  
Or visit the facility to fill out the proper paperwork.  
An email confirmation will be returned within 5 days of cancellation/freeze request.

**REQUESTS WILL NOT BE TAKEN OVER THE PHONE!**