



For Immediate Release
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Celebrate Unplug Illinois Day on July 15, 2023
Free Chalk the Walk Event features crafts, goody bags and raffle!

Tinley Park, Illinois:

On July 15, the Tinley Park-Park District is hosting Chalk the Walk at The Band Shell located at Tony Bettenhausen Recreation Center, 8125 171st Street in Tinley Park. Everyone is invited to this free 'unplugged' event from 10:00 am to 11:30 am. The District will provide sidewalk chalk for participants to decorate the sidewalks and paths around Community Park with art and positive comments! Crafts and giveaways are also part of this fun morning. Artists are encouraged to post photos of their artwork and crafts with hashtags #unplugillinois #tinleyparkdistrictfun! This year's event introduces the inaugural Park District coloring book, *Let's Make Memories*, included in the free goody bags!

Unplug Illinois is a statewide movement from Illinois Park and Recreation Association designed to get people to "unplug" from electronic devices and get out and engage with one another through active play opportunities at their local park and recreation agency. Unplug Illinois promotes healthier lifestyles, sustainable environments, thriving economies and engaged communities.

The benefits of unplugging from technology drives people to plug in to community, plug in to activity and plug in to friends. Unplugging has been shown to help improve your quality of life, help you feel more recharged every day, help you sleep better and improve your interpersonal communication. "We are celebrating Unplug Illinois during July and encourage the community to explore and take advantage of all unplugged fun the Tinley Park-Park District offers," said Executive Director, Shawn Roby.

The Tinley Park-Park District is grateful for the support of Republic Bank and Crumbl Cookies in providing the Unplug Illinois giveaways and raffle prizes.

ABOUT TINLEY PARK-PARK DISTRICT AND IPRA

The mission of Tinley Park-Park District is to offer the community with creative recreational programming opportunities and outstanding customer service while providing and maintaining quality recreational facilities and parks to enhance the quality of life in Tinley Park. For information on everything the Park District offers, visit tinleyparkdistrict.org.

The mission of the Illinois Park & Recreation Association (IPRA) is to provide and promote exceptional standards of education, networking and resources for all professionals in the Illinois park, recreation and conservation communities. IPRA is a national leader in providing education, networking, and resources for professionals in parks, recreation and conservation. For more information visit ilipra.org.

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